

Medications

Date	Drug	Dose/ Frequency

Allergies

Patient Info			
Date			
Height (cm)			
Weight (kg)			
Blood Pressure			

Treatment/Protocols

<i>Detail Medical Status to Include Associated Treatments (such as dialysis, cardiac or neural issues, transplants, central lines, etc)</i>

Events/Issues/Chronic Medical Problems

CBC (Complete Blood Count)				
Date				
RBC				
Hgb				
Hct				
WBC				
Platelets				
Other				

CMP (Comprehensive Metabolic Panel)				
Date				
Sodium (Na)				
Potassium (K)				
Chloride (Cl)				
Calcium (Ca)				
CO ²				
BUN				
Creatinine				
Glucose				
Albumin				
Other				

LFT (Liver Function Panel)				
Date				
AST				
ALT				
Other				

Chemistry Studies				
Date				
LDH				
Phosphorus				
Other				

Other Labs Tracked				
Date				

Date	Test / Treatment	Results / Notes

Other		

LabTracker

Information Regarding Rare Diseases

To learn more about the challenges of rare disease patients, visit these sites for insight, information, and resources:

GARD
Genetic and Rare Diseases
Information Center
<http://rarediseases.info.nih.gov/GARD/>

Genetic Alliance
Advocacy, Education & Empowerment
<http://www.geneticalliance.org/>

Orphanet
A reference portal for
information on rare diseases
and orphan drugs, multiple languages.
<http://www.orpha.net>

NORD
The National Organization
for Rare Disorders (USA)
<http://www.rarediseases.org>

EURORDIS
Rare Diseases Europe (EU)
<http://www.eurordis.org>

Rare Connect
Connecting Rare Disease
Patients Globally
(NORD/EURORDIS initiative)
<http://www.rareconnect.org>

LabTracker

PATIENT NAME

Diagnosis

Primary Physician
P: _____
F: _____

Specialist: Name and Specialty
P: _____

Specialist: Name and Specialty
P: _____

Hospital or Clinic

Address

Emergency Contact



Notify your doctor or nurse with changes in symptoms, treatment issues, or health concerns.