



THE BETTER HALF

To Start

Crispy halloumi with dressed leaves and sweet chilli dipping sauce (V) ~ £5.75

Goats cheese and caramelised red onion Croquettes with a honey and mustard mayo (V) ~ £5.75

Marinated crispy tofu bites with Thai dipping sauce (VG) ~ £5.95

Chicken liver pate with caramelised red onion and toasted sourdough ~ £6.50

Wild mushroom pate with caramelised red onion and toasted sourdough ~ £5.75 (V)

Bread crumbed White Bait with citrus and black pepper mayo ~ £5.75

Chorizo sausage and 'Patatas Bravas' with a garlic aioli ~ £6.75

'Sweet & Smokey' Marinated chargrilled chicken skewers with a tomato and red onion salad ~ £6.75

(Choose 3 for £16)

To Follow

'Sussex Charmer' cheddar & Heritage tomato tart with a dressed leaf salad and beetroot chutney (V) ~ £9.95

Cumberland Sussex pork sausages, buttery mashed potato, seasonal greens, fondant shallot, jus ~ £10.95

'Veggie' (vegan) sausage option from

The Brighton Sausage Company (V) ~ £9.95

Spring vegetable red curry with lemon grass oil and wild rice (VG) ~ £10.95
(Add chicken ~ £3 or add prawns ~ £3.50)

Mango and beansprout salad served with a lime and soy dressing, toasted cashews, sliced radish and spring onion (VG) ~ £9.95
(Add chicken ~ £3 or add prawns ~ £3.50)

Pan fried Sussex Chicken breast with pancetta, crushed New Jersey potatoes, seasonal greens charred spring onion with a cream and tarragon sauce ~ £13.95

Pan roasted Salmon with a white wine dill sauce, Samphire, sautéed New Jersey potatoes, roasted salsify, seasonal greens ~ £14.95

*10oz 30 day aged Sirloin steak with skin on chips, salsa verde dressed salad and peppercorn sauce ~ £19.95

To Finish

Warm poached pear, ginger biscuit crumb, rhubarb and vanilla pouring custard ~ £5.95

Rich Chocolate Brownie served with vanilla ice cream ~ £5.75

Lemon drizzle sponge with raspberry cream and vanilla ice cream ~ £5.75

Chocolate and coconut mousse with coconut ice cream (VG) ~ £5.75

Selection of homemade ice creams - 1 scoop £3.00 2 scoops ~ £5.00

The Burger Half

Our burgers are 100% homemade and 100% delicious. We make our own buns, gherkin salsa & ketchup and of course our skin-on chips. We don't grow our own salad but nobody's perfect.

The 'Better Half' classic burger
~ £10.95 ~

The Better Half "Smokey Veggie Burger", with carimalised red onion, garlic aioli, baby gem lettuce (V)
~ £9.95 ~

The Naked burger - meat or veggie, with a mixed leaf salad and garlic aioli. No bun and no chips. (VG)
~ £8.95 ~

Add cheese or bacon to any burger for £1.25 each or both for £2. If you would like your burger to be well-done, please ask when ordering.

The Extra Half

Hand cut skin on chips, crushed New Jersey potatoes / marinated olives / bread, oil, balsamic / mixed dressed leaf salad / seasonal greens ~ £3.75

'Artisan' Breads ~ £2

The Cheesy Half

'The Better Half' English cheese board with sourdough bread & crackers. A selection of 6 of the best examples of English cheeses.
~ £9.00 or £15.50 to share ~

Add a Glass (125ml) of Krohn Ambassador Ruby Port
~ £4.75 ~

Moscato Passito Araldica, Italy
~ Bottle (375ml) £16.95 / Glass (125ml) £6.50 ~

(V) = Vegetarian (VG) Vegan

* Approximate weight before cooking.

All gratuities go directly to our lovely team here at The Better Half.

A 10% discretionary service charge will be added on parties of 8 or more.

If you have any allergens please speak to a member of staff before ordering your food. We will gladly run through the menu with you. This Menu may or will contain the following ingredients, Celery, Cereals containing gluten, Crustaceans, Eggs, Fish, Lupin, Milk, Molluscs, Mustard, Nuts, Peanuts, Sesame seeds, Soya & Sulphites. Fish may contain bone.