



# September 2017 WEEKDAY ACTIVITY SCHEDULE



## Monday

9:00am-9:00pm Open Gym  
 10:00am-9:00pm Clubhouse Open  
 See opposite side for Pool Info.  
**10:00am & 11:15am Water Aerobics Class**  
 The Indoor Pool will be closed to swimmers for the duration of the class.

11:00 Racquetball @ Racquetball Courts  
 Ages 12 & Up

12:00 Card Games @ Clubhouse  
 Ages 18 & Up

1:00 Miniature Bowling @ Gym  
 All Ages

2:00 Shark & Octopus Tag @ Gym  
 Ages 6 & Up

3:00 Animal Sounds @ Treetop Lounge  
 All Ages

4:00 Mother May I? @ Gym, All Ages

5:00 Crab Soccer @ Gym, Ages 6 & Up

6:00 Scooter Races @ Gym, Ages 6 & Up

**7:00 Movie Night @ Treetop Lounge**  
 Check the Gym for weekly movie schedule. Popcorn will be sold for \$1.00/per bag.



## Tuesday

9:00am-9:00pm Open Gym  
 10:00am-5:00pm WAC Fitness Center Open  
 10:00am-9:00pm Clubhouse Open  
 See opposite side for Pool Info.

11:00 Crosswords & Coffee @ Clubhouse  
 Ages 18 & Up

12:00 Cornhole @ Gym, Ages 12 & Up

1:00 Badminton @ Gym, Ages 8 & Up

2:00 UNO @ Treetop Lounge, Ages 6 & Up

3:00 Monopoly @ Clubhouse  
 Ages 18 & Up

4:00 Line Tag @ Gym  
 All Ages

5:00 Knock Out @ Gym, Ages 6 & Up

6:00 Around the World Ping Pong @ Gym, Ages 6 & Up

**7:00 Movie Night @ Treetop Lounge**  
 Check the Gym for weekly movie schedule. Popcorn will be sold for \$1.00/per bag.



## Wednesday

9:00am-9:00pm Open Gym  
 10:00am-9:00pm Clubhouse Open  
 See opposite side for Pool Info.  
**10:00am & 11:15am Water Aerobics Class**  
 The Indoor Pool will be closed to swimmers for the duration of the class.

11:00 Volleyball @ Sand Volleyball Court  
 Ages 12 & Up

12:00 Darts @ Clubhouse  
 Ages 18 & Up

1:00 Cartoons & Coloring @ Treetop Lounge  
 All Ages

2:00 Puzzle Fun @ Clubhouse, Ages 18 & Up

3:00 Ladder Ball @ Gym  
 Ages 12 & Up

4:00 Amoeba Tag @Gym  
 All Ages

5:00 Twister @ Treetop Lounge, All Ages

6:00 In Plain View @ Gym, All Ages

**7:00 Movie Night @ Treetop Lounge**  
 Check the Gym for weekly movie schedule. Popcorn will be sold for \$1.00/per bag.



## Thursday

9:00am-9:00pm Open Gym  
 10:00am-5:00pm WAC Fitness Center Open  
 10:00am-9:00pm Clubhouse Open  
 See opposite side for Pool Info.

**10:00 Crafts @ WAC Craft Room (\$)**

11:00 Pickleball @ Gym, Ages 12 & Up

12:00 Musical Chairs @ Treetop Lounge  
 All Ages

1:00 Floor Hockey @ Gym, Ages 8 & Up

2:00 Bananagrams @ Treetop Lounge  
 Ages 7 & Up

3:00 Pool @ Clubhouse  
 Ages 18 & Up

4:00 Dodgeball @ Gym  
 Ages 8 & up

5:00 H.O.R.S.E. @ Gym  
 All Ages

6:00 Wall Ball @ Gym  
 Ages 6 & Up

**7:00 Movie Night @ Treetop Lounge**  
 Check the Gym for weekly movie schedule. Popcorn will be sold for \$1.00/per bag.



## Friday

9:00am-10:00pm Open Gym  
 10:00am-5:00pm WAC Fitness Center Open  
 10:00am-10:00pm Clubhouse Open  
 See opposite side for Pool Info.  
**10:00am & 11:15am Water Aerobics Class**  
 The Indoor Pool will be closed to swimmers for the duration of the class.

**10:00 Crafts @ WAC Craft Room (\$)**

11:00 Horseshoes for Fun @ Horseshoe Pits  
 Ages 12 & Up

12:00 Candyland @ Treetop Lounge  
 All Ages

1:00 Hula Hoop Relays @ Gym, Ages 6 & Up

2:00 Ankle Skipper Competition @ Gym, All Ages

3:00 Rummikub @ Clubhouse, Ages 18 & Up

4:00 Ships & Sailors @ Gym, All Ages

5:00 Four Corners @ Gym  
 Ages 5 & Up

6:00 Penguin Races @ Gym, All Ages

**7:00 Movie Night @ Treetop Lounge**  
 Check the Gym for weekly movie schedule. Popcorn will be sold for \$1.00/per bag.

# Recreation Information for September 2017

## MARINA HOURS



Monday-Friday 9 a.m.-dusk @ Gym

Saturday-Sunday 7a.m.-dusk @ Lower Marina Shack

Jon Boats: \$3/hour or \$12/all day (after Labor Day)

Paddle Boats: \$5/half hour

\*Check with the REC Staff for boat regulations and due back times.

**MUST HAVE RESORT ID PRESENT TO RENT BOAT!**

## MINI-GOLF HOURS

Monday-Friday 9 a.m.-9 p.m. @ Gym

Saturday-Sunday 10 a.m. -9 p.m. @ Mini Golf Course

\$1 for Members

\$2 for Public use

Children Ages 5 & under are FREE!

*Last game goes out a half-hour before close!*



## CLUB HOUSE HOURS

**18 and up ONLY**

Sunday-Thursday 10 a.m.-9 p.m.

Friday-Saturday 10 a.m.-10 p.m.

Free Wi-Fi and Local Attraction Information  
Pool Table, Darts, Card and Board Games are available to use with your Resort ID.

Pool Table use is \$1/half hour

TV room with couches to watch movies. Big Screen TV with couches to watch satellite TV.

**\*When reserved for a private event the Club House will close 1 hour prior to the start of the event.**

## Knockerball@!

Hop into a giant inflated ball and have a blast! You can play soccer with teams, play tag with your friends, or just get silly!



For 30 minutes of fun:

**Members:** \$10/Person

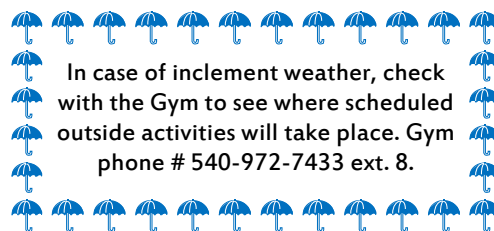
**Public:** \$12/Person  
Or for a whole hour:

**Members:** \$15/Person

**Public:** \$20/Person

Call (540) 972-7433 ext. 8 for more info!

**For the safety and enjoyment of everyone, all children ages 12 and under must be accompanied by an adult 18 years or older.**



In case of inclement weather, check with the Gym to see where scheduled outside activities will take place. Gym phone # 540-972-7433 ext. 8.

## Adventure Park

Open Saturdays & Sundays from 10 a.m. - 5 p.m., with a break in the day from 1:30-2:00 p.m.

## Wilderness Horseshoe Club

12 NOON September 2 Doubles Open Draw

12 NOON September 3 Doubles Open Draw

10 AM September 16 Annual Meeting (Election of New Officers and New Business)

12 NOON September 16 Doubles BYOP \$

7 PM September 16 Annual Party @ Pavilion



## Water Aerobics

Starting September 5th: Water Aerobics every **Monday, Wednesday, and Friday at 10:00 a.m. and 11:15 a.m.** unless otherwise posted. **The Indoor Pool will be closed to swimmers for the duration of the class.**

Our program is a 60 minute, full body workout. It starts with a 3-5 minute warm-up, followed by stretching, then 15-20 minutes of aerobic work, followed by strengthening, more stretching and a relaxing cool-down. All of which is choreographed to music. We hope to see you there!

## September Weekend Event Highlights

SEPTEMBER 9	Color Rush 5K
SEPTEMBER 10	Messy Twister, Egg Toss, Shuffleboard
SEPTEMBER 16	Ice Cream in a Bag, Bonfire
SEPTEMBER 17	Three-Legged Races, Ultimate Football
SEPTEMBER 23	Dodgeball, Balloon Races, Bonfire
SEPTEMBER 24	Bocce Ball, Sand Volleyball
SEPTEMBER 30	Donut Social, Bonfire, Four Corners & Scatergories

**\*\*Bonfires every Saturday starting September 16th by the Lower Lake Marina\*\***

## RESORT POOL INFORMATION

**Indoor Pool:** Open Daily from 12 p.m.-8 p.m.

(Will open after Water Aerobics Classes on Monday, Wednesday, and Friday at approximately 12:30 p.m..)

**\*\*Wilderness Pool and Presidential Pool will be closed Tuesday, September 5th for the season\*\***

Have fun at Wilderness Presidential Resort!

**For more ideas on things to do around town, check out: [Fredericksburg.com](http://Fredericksburg.com) & [Visitfred.com](http://Visitfred.com)**