

# DECEMBER 2017 WEEKDAY ACTIVITY SCHEDULE



## Monday

9:00am-7:00pm Open Gym  
10:00am-7:00pm  
Clubhouse Open  
See opposite side for  
Pool Info.

10:00am & 11:15am  
Water Aerobics Class

The Indoor Pool will be  
closed to swimmers for  
the duration of the class.

11:00 Jump Rope @ Gym  
Ages 12 & Up

12:00 Darts  
@ Clubhouse  
Ages 18 & Up

1:00 Headbandz  
@ Treetop Lounge  
Ages 10 & Up

2:00 Leap Frog  
@ Gym, All Ages

3:00 Relay Races  
@ Gym, All Ages

4:00 Lego Fun @ Treetop  
Lounge, All Ages

5:00 Movie Night  
@ Treetop Lounge  
Check the Gym for

weekly  
movie  
schedule.  
Popcorn  
will be  
sold for  
\$1.00/per  
bag.



## Tuesday

9:00am-7:00pm Open Gym  
10:00am-5:00pm WAC Fitness  
Center Open  
10:00am-7:00pm  
Clubhouse Open  
See opposite side for  
Pool Info.

11:00 Jenga  
@ Treetop Lounge,  
Ages 6 & Up

12:00 Badminton  
@ Gym,  
Ages 12 & Up

1:00 Miniature  
Bowling  
@ Gym,  
Ages 6 & Under

2:00 Go Fish @  
Treetop Lounge, Ages  
8 & Up

3:00 Amoeba Tag @  
Gym, All Ages

4:00 Free Throw  
Competition  
@ Gym, Ages 8 & Up

5:00 Movie Night  
@ Treetop Lounge  
Check the Gym for  
weekly movie  
schedule. Popcorn  
will be sold for  
\$1.00/per bag.

## Wednesday

9:00am-7:00pm Open Gym  
10:00am-7:00pm  
Clubhouse Open  
See opposite side for  
Pool Info.

10:00am & 11:15am Water  
Aerobics Class  
The Indoor Pool will be  
closed to swimmers for the  
duration of the class.

10:00 Mystery Craft @  
WAC Craft Room (\$)

11:00 Nuke 'Em!  
Volleyball @ Gym  
All Ages

12:00 Pool @  
Clubhouse,  
Ages 18 & up

1:00 Pass The Parcel  
@ Treetop Lounge,  
All Ages

2:00 Scoop Ball  
@ Gym  
Ages 8 & Up

3:00 Musical Hoops  
@ Gym, All Ages

4:00 Four Square  
@ Gym, All Ages

5:00 Movie Night  
@ Treetop Lounge  
Check the Gym for  
weekly movie  
schedule. Popcorn  
will be sold for  
\$1.00/per bag.

## Thursday

9:00am-7:00pm Open Gym  
10:00am-5:00pm WAC Fitness  
Center Open  
10:00am-7:00pm  
Clubhouse Open  
See opposite side for  
Pool Info.

10:00 Crafts @ WAC  
Craft Room (\$)

11:00 Monopoly  
@ Treetop Lounge,  
Ages 8 & Up

12:00 Puzzles  
@ Clubhouse  
Ages 18 & Up

1:00 Phase 10  
@ Treetop Lounge,  
Ages 8 & Up

2:00 Basketball @ Gym  
Ages 16 & Up

3:00 Racquet Ball @  
Gym  
Ages 12 & Up

4:00 Ladderball  
@ Gym, Ages 6 & Up

5:00 Movie Night  
@ Treetop Lounge  
Check the Gym for  
weekly movie sched-  
ule. Popcorn will be  
sold for  
\$1.00/per bag.

## Friday

9:00am-9:00pm Open Gym  
10:00am-5:00pm WAC Fitness  
Center Open  
10:00am-9:00pm  
Clubhouse Open  
See opposite side for  
Pool Info.

10:00am & 11:15am Water  
Aerobics Class  
The Indoor Pool will be  
closed to swimmers for the  
duration of the class.

10:00 Crafts @ WAC  
Craft Room (\$)

11:00 Coffee &  
Crosswords  
@ Clubhouse  
Ages 18 & Up

12:00 Line Tag  
@ Gym, Ages 12  
& Up

1:00 Candyland  
@ Treetop Lounge  
All Ages



2:00 Around The World  
@ Gym, Ages 12 & up

3:00 Hippy Hop Races  
@ Gym All Ages

4:00 I'm Goin' Hunting  
@ Treetop Lounge  
All Ages

5:00 Ping Pong @ Gym  
Ages 8 & up

6:00 Cornhole  
@ Gym, Ages 10 & Up

7:00 Movie Night  
@ Treetop Lounge  
Check the Gym for  
weekly movie schedule.  
Popcorn will be sold for  
\$1.00/per bag.

# Recreation Information for December 2017

## MARINA HOURS



Sunday-Saturday  
9 a.m. - dusk @ Gym

Jon Boats: \$3/hour or \$12/all day

\*Check with the REC Staff for boat regulations and due back times.

**MUST HAVE RESORT ID PRESENT TO RENT BOAT!**

## MINI-GOLF HOURS

Monday-Thursday 9 a.m. - 7 p.m. @ Gym

Friday 9 a.m. - 9 p.m. @ Gym

Saturday 9 a.m. - 9 p.m. @ Golf Shack

Sunday 9 a.m. - 7 p.m. @ Golf Shack

\$1 for Members \$2 for Public use

Children Ages 5 & under are FREE!

Come enjoy the festive feeling of our Mini-Golf Course! *Last game goes out a half-hour before close!*



## CLUB HOUSE HOURS

**18 and up ONLY**

Sunday-Thursday 10 a.m. - 7 p.m.

Friday-Saturday 10 a.m. - 9 p.m.

Free Wi-Fi and Local Attraction Information  
Pool Table, Darts, Card and Board Games are available to use with your Resort ID.

Pool Table use is \$1/half hour

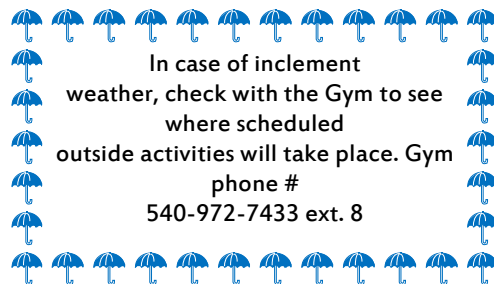
TV room with couches to watch movies. Wide Screen TV with couches to watch satellite TV.

**\*When reserved for a private event the Club House will close 1 hour prior to the start of the event.**

**CAUTION** – Our playground areas will temporarily close as we continue our Playground Resurfacing Project. We'll be closing one playground down at a time and will re-open each one once work is completed. Stay tuned for updates on current playground closures by visiting our website or Facebook page.

If staying with us during this process and you have children who ride bikes or walk around the resort on their own, please help us keep them safe by letting them know to stay away from and off of the closed playgrounds for the duration of our project. Thank you!

**For the safety and enjoyment of everyone, all children ages 12 and under MUST be accompanied by an adult 18 years or older.**



In case of inclement weather, check with the Gym to see where scheduled outside activities will take place. Gym phone # 540-972-7433 ext. 8



## Water Aerobics

Water Aerobics every

**Monday, Wednesday, and Friday at**

**10:00 a.m. and 11:15 a.m.** unless otherwise posted.

*The Pool will be closed to swimmers for the duration of the class.*

Our program is a 60 minute, full body workout. It starts with a 3-5 minute warm-up, followed by stretching, then 15-20 minutes of aerobic work, followed by strengthening, more stretching and a relaxing cool-down. All of which is choreographed to music. We hope to see you there!

## December Weekend Event Highlights

- DECEMBER 2-3 Holiday Pictionary, H.O.R.S.E., "ELF" Movie Night
- DECEMBER 9-10 Cookie Social, Snowman Pictures, "The Polar Express" Movie Night
- DECEMBER 16-17 Breakfast With Santa (\$), Face Painters, Puppet Show, Freeze Tag, "The North Pole" Movie Night
- DECEMBER 23-24 Cinnamon Ornaments, Candy Cane Bingo, "How The Grinch Stole Christmas" Movie Night

## Save the Date for Future Fun at Wilderness!



### Breakfast With Santa

Saturday,  
December 16th  
9:30-11:30 a.m. in the Clubhouse

For additional information please call 540-972-7433, ext. 8



## Adventure Park

The Adventure Course will be closed for the remainder of our Value Season here at Wilderness  
For additional information please call (540) 972-7433 ext. 532

## RESORT POOL INFORMATION

**Indoor Pool:** Open Daily from 12 p.m.-8 p.m.  
(Will open after Water Aerobics Classes on Monday, Wednesday, and Friday, approximately 12:30 p.m..)

Have fun at Wilderness Presidential Resort!



For more ideas on things to do around town, check out:  
Fredericksburg.com & Visitfred.com