



## **Waiver, Release of Liability, Assumption of Risk, and Agreement to Participate**

To the best of my knowledge, I am in good physical condition and fully able to participate in the Jiu Jitsu program offered at **Richardson Jiu Jitsu**. I am fully aware of the risks associated with Jiu Jitsu, Grappling/Submission Wrestling, and Conditioning/Aerobics, including physical injury or even death, and hereby elect to voluntarily participate in the aforementioned activities, knowing that each associated physical activity may be hazardous to my property and me. **I VOLUNTARILY ASSUME FULL RESPONSIBILITY FOR ANY RISKS OR LOSS TO INCLUDE PERSONAL INJURY, PROPERTY DAMAGE, AND EVEN DEATH**, that may be sustained by me, or loss or damage to property owned by me, as a result of participation in these activities. I further certify that I am at least 18 years of age, and if not, my parent/guardian is the below signed.

**I hereby RELEASE, WAIVE, DISCHARGE, AND COVENANT NOT TO SUE, Richardson Jiu Jitsu, and Rob Richardson (hereinafter referred to as RELEASEES), from any and all liability, claims, demands, actions, and causes of action whatsoever arising out of or related to any loss, damage, injury, including death, that may be sustained by me, or to any property belonging to me, while participating in any of the aforementioned activities, or while on or upon the premises where the activities are being conducted.**

**It is my expressed intent that this Waiver, Release of Liability, Assumption of Risk, and Agreement to Participate shall bind the members of my family and spouse, if I am alive, and my heirs, assigns and personal representative, if I am deceased, and shall be deemed as a RELEASE, WAIVE, DISCHARGE, and COVENANT NOT TO SUE the above named RELEASEES.**

**In signing this release, I acknowledge and represent that I HAVE READ THE FOREGOING Waiver, Release of Liability, Assumption of Risk, and Agreement to Participate, UNDERSTAND IT AND SIGN IT VOLUNTARILY as my own free act and deed; no oral representations, statements, or inducements, apart from the foregoing written agreements, have been made; and I EXECUTE THIS RELEASE FOR FULL, ADEQUATE, AND COMPLETE CONSIDERATION FULLY INTENDING TO BE BOUND BY THE SAME.**

Participant's printed name : \_\_\_\_\_

Participant's signature : \_\_\_\_\_ Date : \_\_\_\_\_

Parent's printed name (if under 18) : \_\_\_\_\_

Parent's signature : \_\_\_\_\_ Date : \_\_\_\_\_