Dear Community Health Clients and Community at Large,

Community Health walks with you through these unprecedented times. The COVID – 19 virus places challenging moments to our community, state, nation and world populations. The reaction we take today will dictate results in the future. Therefore, if you walk away with only one thought out of this message it is to please focus on erring on the side of caution.

There are many sites with advice on how to react to the virus/symptoms and day-to-day living. We suggest listening to the experts at the Center for Disease Control (CDC) as well as following their suggestions (Please see link to the CDC website). Community Health will continue reacting to their advice.

For now, understanding changes can and will continue to happen based on data, we will ensure our services are available at every location. Clinic operations may look differently, but will still deploy with the same professional flare. If closing our facilities and/or access to the staff occurs you will be notified.

The following practices are suggested:

1. We ask that if you experience any at risk flu-like symptoms, please call one of our locations immediately for further direction on seeking medical care.
2. Follow the CDC procedures and guidelines.
3. Practice social distancing to avoid spreading the virus.
4. Stay in tune latest information on the virus through the media – that includes all sources of social media as well.
5. Don’t panic, try to stay calm, and find ways to lower your anxiety.

Feel free to call your Community Health Family at (405) 769-3301.

Isabella Lawson
CEO

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