Nature Play Lab
Everyday Outdoor Play
Pop Up Parks
Therapeutic Programs
Wildrock in the Schoolyard

....and more!
The Covid-19 pandemic has had a dramatic impact on the social and emotional well-being of children and families. Prior to 2020, kids in America were already suffering from play deprivation, excess screen time, and not enough time spent in nature.

Playing Our Way to Recovery

Wildrock is introducing a series of Nature Play Interventions to address the community mental health and equity issues exacerbated by the Covid-19 Pandemic.

Programs and Events

**Trail Adventures**
- **June - July:** I Can Do It, Too Trail
  - Sponsored by Wegmans
- **August - September:** Unlock the Box Trail

**Ease Into Nature**
July 5th, 10am - 4pm
Visit Wildrock and community partners Henley’s Orchard and Montfair Resort Farm to learn about the rich history and traditions of the Blue Ridge Reserve your time slot to visit Wildrock on our website!

**Create a Play Space Workshop at Wildrock!**
Saturday, August 21st, Reservations Required
Join us at Wildrock for a hands on, play based workshop on creating easy, inexpensive nature play spaces for kids in backyards, parks, and neighborhood common areas.

**Save the Date!**
**The Wildrock Nature Play Challenge!**
September 12-26, 2021

**Coming this Fall!**
**The Nature Play Backpack Program**

We would love to welcome you to join us for our **Summer of Play!**
- Visit the Playscape for Play Adventures or Art in the Wild
- Hike the Discovery Loop Trail
- Volunteer
- Support Us!

Visit our website to learn more! wildrock.org

Facebook.com/WildrockVA  @WildrockVA

Scan for more information or to register!