

Lent Habit Tracker

One Sunday at a Time:

- ☐ Ash Wednesday
- ☐ 1st Sunday of Lent
- ☐ 2nd Sunday of Lent
- ☐ 3rd Sunday of Lent
- ☐ 4th Sunday of Lent
- ☐ 5th Sunday of Lent
- ☐ Solemnity of Saint Joseph
- ☐ Palm Sunday
- ☐ Mass of the Lord's Supper
- ☐ Good Friday
- ☐ Easter
- ☐ 2nd Sunday of Easter
- ☐ Solemnity of the Annunciation
- ☐ 3rd Sunday of Easter
- ☐ 4th Sunday of Easter
- ☐ 5th Sunday of Easter
- ☐ 6th Sunday of Easter
- ☐ Solemnity of the Ascension
- ☐ Solemnity of Pentecost

Accountability Partner:

Prayer Requests:

In Thanksgiving:

How I'm Praying This Lent:

PRAYER _____

FASTING _____

ALMSGIVING _____

Notes:

