

What's on across the region...

CatholicCare Sandhurst (CCS) offers a wide range of programs for parents, children and couples.
Unless otherwise indicated all programs are held at CatholicCare Sandhurst.

Term 3 – Bendigo

Boys Brains for Professionals

When: Wednesday 19th July
Time: 9.30am - 12pm
Cost: \$40 (\$20 concession)
Contact: CCS Reception on 5438 1300

Tuning in to Kids

When: Mondays, 24th July - 28th August
(6 sessions)
Time: 12pm - 2pm
Cost: \$40 (\$20 concession)
Contact: CCS Reception on 5438 1300

Reconnector – Seasons for Growth Companions

When: Thursday 27th July
Time: 3.30pm - 4.30pm
Register: Through www.goodgrief.org.au
Contact: Narelle Williams on 5438 1300

Boys Brains

When: Wednesday 9th August
Time: 10am - 12.30pm
Cost: \$20 (\$10 concession)
Contact: CCS Reception on 5438 1300

Tuning in to Teens

When: Thursdays, 10th August - 14th September
(6 sessions)
Time: 6.30pm - 8.30pm
Cost: \$40 (\$20 concession)
Contact: CCS Reception on 5438 1300

It's About the Kids (post separation parenting program)

When: Tuesdays, 22nd August - 19th September
(5 weeks)
Time: 12.30pm - 3pm
Cost: \$40 (\$20 concession)
Contact: Kate Kerlin on 5438 1300

It's About the Kids (post separation parenting program)

When: Wednesdays, 23rd August - 20th September
(5 weeks)
Time: 6.30pm - 9pm
Cost: \$40 (\$20 concession)
Contact: Kate Kerlin on 5438 1300

Life Partnership Workshop

When: Sunday 27th August
Time: 9.30am - 1.30pm
Cost: \$200 per couple (negotiable)
Contact: Anne-Maree on 5438 1300

Connecting with Kids

When: Thursday 31st August
Time: 9am - 11:30am
Where: Spring Gully Primary School
Contact: Brett Parkes on 5443 7230 or
parkes.brett.b@edumail.vic.gov.au

Term 3 – Shepparton

Seasons for Growth – Companion Training

When: Wednesday 19th - Thursday 20th July
Time: 9.30am - 4.30pm
Register: Through www.goodgrief.org.au
Contact: Narelle Williams on 5438 1300

Life Partnership Workshop

When: Tuesday 15th and 22nd August
Time: 5pm - 7pm
Cost: \$200 per couple (negotiable)
Contact: CCS Reception on 5820 0444

Seasons for Growth – Refugee Component and Reconnector

When: Wednesday 23rd August
Time: 9.30am - 3.30pm
Register: Through www.goodgrief.org.au
Contact: Narelle Williams on 5438 1300

Term 3 – Regional

Boort – Tuning in to Kids

When: Wednesday 19th, 26th July and 2nd August
Time: 10am - 2pm
Where: BRIC Godfrey Street
Contact: Loretta on 5455 2716

Rochester – Tuning Into Kids

When: Tuesday 8th, 15th and 22nd August
Time: 10am - 2pm
Where: St Joseph's Primary School
Contact: School Reception PH 5484 1797

Heathcote – Kids and Worry

When: Wednesday 16th August
Time: 12.30pm - 3pm
Where: Heathcote Primary School
Contact: Greg or Jan on 5433 3090
Childcare available on request

Book now! Groups are subject to maximum and minimum numbers.
Unfortunately child care facilities are not available unless specified.

Maldon – Kids and Anger

When: Tuesday 29th August 2017
Time: 6.30pm - 9pm
Where: Maldon Neighbourhood Centre
Contact: Amy on 5475 2093 or
email info@maldonnc.org.au

Lake Boga – Kids and Strong Emotions

(Combined Worry and Anger workshops)
When: Tuesday 5th September
Time: 12pm - 2.30pm
Where: Lake Boga Primary School
Contact: School Reception on 5036 9000

Swan Hill – Boys Brains for Professionals

When: Tuesday 5th September
Time: 6.30pm - 9pm
Where: Swan Hill Town Hall
Contact: Beck Carmichael on 0418 558 994

Manangatang – Connecting with Kids

When: Wednesday 6th September
Time: 11am - 1.30pm
Where: Community Centre, Manangatang
Contact: Merrilyn Grant on 0458 353 241 or email
manangatang.kin@kindergarten.vic.gov.au

Robinvale – Boys Brains for Professionals

When: Wednesday 6th September
Time: 6.30pm - 9pm
Where: Robinvale District Health, Latje Rd
Contact: Carolyn Martinussen on 5026 4128

Tongala – Boys Brains

When: Monday 11th September
Time: 6pm - 8.30pm
Where: Tongala Community Activity Centre
Contact: Jessica on 5859 1268
or email tcadadmin@bigpond.com

Kyabram – Knowing Your Teen

When: Wednesday 13th September
Time: 6.30pm - 9pm
Where: Kyabram P-12 College
Contact: School Reception on 5851 2100

Term 4 – Bendigo

Knowing your Teen – for professionals

When: Friday 13th October
Time: 9.30am - 12pm
Cost: \$40 (\$20 concession)
Contact: CCS Reception on 5438 1300

Seasons for Growth – Children's Program

When: Mondays, 16th October - 4th December
(8 weeks)
Time: 4pm - 5pm (3.45pm afternoon tea)
Cost: \$25 (\$15 concession)
Contact: Jo Rodriguez on 5438 1300

Recovery from Separation

When: Thursdays, 19th October - 7th December
(8 sessions)
Time: 6.30pm - 8.30pm
Cost: \$40 (\$20 concession)
Contact: CCS Reception on 5438 1300

Tuning in to Teens

When: Tuesdays, 24th October - 28th November
(6 sessions)
Time: 12pm - 2pm
Cost: \$40 (\$20 concession)
Contact: CCS Reception on 5438 1300

Tuning in to Kids

When: Tuesdays, 24th October - 28th November
(6 sessions)
Time: 7pm - 9pm
Cost: \$40 (\$20 concession)
Contact: CCS Reception on 5438 1300

It's About the Kids (post separation parenting program)

When: Wednesdays, 8th November -
6th December (5 weeks)
Time: 6.30pm - 9pm
Cost: \$40 (\$20 concession)
Contact: Kate Kerlin on 5438 1300

It's About the Kids (post separation parenting program)

When: Fridays, 10th November -
8th December (5 weeks)
Time: 10.30am - 1pm
Cost: \$40 (\$20 concession)
Contact: Kate Kerlin on 5438 1300

Life Partnership Workshop

When: Sunday 19th November
Time: 9.30am - 1.30pm
Cost: \$200 per couple (negotiable)
Contact: Anne-Maree on 5438 1300

Supporting Separated Families for Professionals

When: Wednesday 29th November
Time: 9.30am - 12pm
Cost: \$40 (\$20 concession)
Contact: CCS Reception on 5438 1300

Seasons for Growth – Companion Training

When: Tuesday 5th - Wednesday 6th December
Time: 9.30am - 4.30pm
Register: Through www.goodgrief.org.au
Contact: Narelle Williams 5438 1300



Visit www.ccds.org.au for more information or contact us direct.

176-178 McCrae Street, Bendigo | Phone: 5438 1300

68 Wyndham Street, Shepparton | Phone: 5820.0444

Program and workshop information

For parents

Tuning in to Kids

Find out how to help your child understand and manage feelings such as worry, frustration and anger.

Tuning in to Teens

Understand your teen better and learn how to help them develop emotional intelligence.

Parenting Conversations

An opportunity for parents to gather in a small, informal group to discuss parenting issues and ideas.

For children

Seasons for Growth

Assists children to manage and understand the changes they experience when a loss occurs in their life; the death of a family member or friend, family separation, change of school or other life change.

Workshops

Boys Brains

Insight into the workings of a boy's brain and how their learning needs are different to girls.

Kids and Worry

Explore strategies that may help your child worry less.

Knowing your Teen

Information, understanding and strategies for this stage of development.

Kids and Anger

Explore reasons why children get angry, understand your response to your child's anger and gain strategies in assisting children to appropriately express anger.

Toddler Workshop

A two hour workshop for parents and carers of toddlers that covers the developmental stages, connecting and communicating, and managing behaviour.

Connecting with Kids

Using emotional intelligence to understand and guide children's behaviour, this workshop covers beliefs around parenting and includes information on brain development and children's emotional development.

Family separation

Recovering From Separation Program

For people wanting to find ways to move on; it covers responding to emotions, managing difficult situations and letting go.

It's About the Kids

For separated parents experiencing ongoing conflict. This program explores ways to support children following family separation and provides you with strategies to develop effective co-parenting communication.

Relationship education

Life Partnership Workshop

For couples committing to a long term relationship, exploring key relationship themes such as family background, communication, dealing with differences and managing conflict.

Stepfamilies

Stepfamily Workshop

An introduction to the unique and often complex issues associated with step family relationships. It covers children, the parenting role and couple dynamics.

Professional development

Seasons for Growth – Companion Training

Become an accredited facilitator to run Seasons for Growth programs in your school or community.

Supporting Separated Families

How to support children and parents who are going through or have separated. Includes information on where to refer parents for additional information.

All our programs and workshops can be delivered for professional development. Contact Narelle on 5438 1300 to discuss your needs.

These events, workshops and programs are arranged by CatholicCare Sandhurst

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