



## SPA MENU

### ANCIENT AYURVEDIC TREATMENTS

The Ani Spa affords panoramic views of stunning Phang Nga Bay.

Prior to any treatment, our steam room is available to release toxins from the body. Post treatment, guests can relax and enjoy our ocean view double bathtub.

THE FOLLOWING 60 MINUTE TREATMENTS ARE WITH OUR COMPLIMENTS :

#### DEEP IMPACT MASSAGE

Reduce fatigue, relieve swelling & muscle tension

#### AROMATIC ESSENCE MASSAGE

Improve blood circulation, relax the senses, balance & harmonize with gentle pressure and massage oil

#### ROYAL THAI MASSAGE

A stretching massage, pressing on the meridian lines to relieve pain, reduce tiredness, release blockages & to promote the flow of energy

#### FOOT MASSAGE

Soak away your feet and legs with this herbal foot ritual to invigorate your body, reduce fatigue & provide an energy boost