

# FELTED GREEN HEART

*This project was created by Sue Pearl*

## What You'll Need

Foam needle felting pad or offcut of upholsterers' foam 10cm thick • Single felting needle 36mm triangular • Triple felting needle in holder (optional) • Fabric marker pen • Natural wool for felting – green and small pieces of contrast colours • Small craft scissors • Heart shaped cookie cutter • Sheet of wool felt or scrap of printed fabric • Fabric glue (optional) • Brooch pin or safety pin • Needle and thread

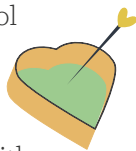
### Step One: Getting Started



Place a heart cookie cutter on the foam block.

### Step Two: Needle Your Wool

Insert your green coloured wool into the cutter and use around three layers of the wool using either the single, or the triple needles. When you are happy with the thickness, stop adding the wool, but needle it to ensure it is firm.



### Step Three: Trim Your Heart



Remove the cookie cutter and trim around the edges of the heart to tidy up the shape. Needle the heart some more to make sure that you have a well-felted shape.

Remember to inspect your heart – the underside might have a better surface that you would prefer to use as the face.

### Step Four: Decorate Your Heart

Using the contrast wool, create a design by needling small amounts directly onto the heart surface.



Alternatively, you can needle the contrast wool into a separate piece of flat wool felt, which can then be cut out and fixed onto the surface of your work using a felting needle.

### Step Five: Attach The Backing



Trace around the heart cutter with a fabric marker onto a piece of flat wool felt and cut out. Needle this piece onto the back of your heart, making sure it is firmly attached.

Optional: A scrap patterned fabric can be used instead of the wool felt for the backing.

### Step Six: Wear And Share

Sew a brooch pin or safety pin onto the heart backing. Wear and share your green heart with pride, or send on to your MP!

