WHAT TO SAY TO YOUR MP

The world is hitting record-breaking temperatures, with the poorest communities impacted first and hardest. A million species are at risk of extinction, our oceans are choking in plastic and our children breathing toxic air. The science is clear — we are facing a crisis and time is running out. The impacts are already being felt and we’re the last generation that can act.

On 26 June you will be joining thousands of people from across the country to meet your MP and urge them to fight for our climate, nature and people. As this may be your first time meeting your MP, you might be unsure what to say (and how to say it.) Don’t worry! There are no rules or expectations and remember that your MP is there to represent you. Below we have suggested some things you might want to mention or issues you might want to raise.

MAKE IT PERSONAL AND SPEAK AUTHENTICALLY

Talk to your MP about why you care. It might be what nature means to you in your local area or why you want to protect the next generation from the impacts of climate change. You don’t need to be an expert, just show your MP that you care about these issues and demand action.

TELL THEM WHERE YOU’VE COME FROM

You may be travelling a long way, taking time off work or making other sacrifices to be there on the day. Hearing the efforts you’ve taken to deliver your message in person will show MPs just how serious these issues are.

ASK MPS TO BE CLEAR WHAT ACTION THEY WILL TAKE

All MPs have an important role to play – whatever their party or position. Don’t be afraid to ask them what practical actions they will take.

TELL THEM WHAT WE WANT

We all realise the need for urgent action on the climate and environmental emergency. Let’s make sure our message is heard!

FOLLOW UP

MPs need to be consistently held to account to ensure they are taking your concerns seriously and acting on them. Ask them on the day for commitments and deadlines, then contact them after the lobby to follow up on these.
Our organisations have come together to set out what we think Government should be doing — this is outlined below. Your MP won’t expect you to be a policy expert and you definitely don’t need to memorise all of the detail, but familiarising yourself with the key asks will help show there is wide support for urgent and decisive action.

**LEGISLATE IMMEDIATELY TO:**

- End the UK’s contribution to climate change by acting now to slash emissions so we can reach net zero by 2045 at the latest.
- Clean up our environment and restore nature by passing a flagship Environment Act.

Scale up investment to tackle the climate and environmental emergency fairly and democratically.

Put the environment and climate action at the heart of the UK’s international agenda.

**IF YOU WOULD LIKE TO READ MORE DETAIL ON THE ASKS, HAVE A LOOK AT THE DETAILED BRIEFING AT THE TIMEISNOWMAP.CO.UK/RESOURCES.PHP**

We need MP’s to be driving environmental and climate issues within parliament, but also ensuring that the Prime Minister and Ministers are taking our asks seriously and acting accordingly. Here are some things your MP can do:

- **Write to the new Prime Minister calling for the lobby asks to be actioned**
- **Write to the leader of their party**
- **Keep the issues at the top of the agenda by talking to colleagues and asking a question at Prime Minister’s question time**
- **Keep you, as their constituent, updated on actions they have taken**