PATCHWORK GREEN HEART

THINGS YOU'LL NEED:

Heart template

Small scraps of green fabric, we used a variety of plains, prints and different textures

A small piece of lightweight iron-on interfacing

Stranded embroidery cotton

Small quantity of toy stuffing or lavender seeds

Short length of 6mm-wide green ribbon for hanging loop

Green beads and buttons (optional)

Scissors

Embroidery needle

Hand-sewing needle

Small embroidery hoop

Sewing machine (optional)

Iron

STEP 1

Cut a piece of interfacing larger than the size of the large heart template. Place the interfacing glue side up and lay small scraps of fabric on top.

STEP 2

When you are happy with the layout and the piece is totally covered, cover with a pressing cloth and press the fabric with an iron to secure to the interfacing. Flip piece over and press again to fix glue completely.

STEP 3

Insert fabric pieces into the embroidery hoop. Using one or two strands of embroidery thread, stitch over all raw edges of each fabric piece using pretty embroidery stitches. For an authentic 'crazy patchwork' look get creative with your needlework; we used a variety of stitches including: blanket, fly, feather, chevron, herringbone, cross and wheatear. Add other stitches, across the piece as you wish and embellish with beads or buttons.

STEP 4

Remove embellished fabric piece from the embroidery hoop and pin on the heart template; cut out. Remove the template and use again to cut another heart from another piece of fabric to be used for the back.

STEP 5

Pin heart shapes right sides together and stitch around the edge, leaving a gap in one side. Snip the seams around the curved edges and into the 'V' and then turn right side out.

STEP 6

Stuff heart through the gap using toy stuffing or lavender seeds. Once stuffed, hand stitch the gap closed and stitch a hanging ribbon to the top.