

Directions to Washington Retreat House
4000 Harewood Rd NE ♦ Washington DC ♦ 20017
202-529-1111

Three airports service the DC area:

- DCA – National/Washington Reagan is the closest and easiest access to the Metro.
- BWI – Baltimore Washington International located to the North of DC in Baltimore
- IAD – Dulles International Airport located to the west of D.C. in Northern Virginia and is furthest away from NFCYM and the Washington Retreat House

The Easiest Options - If you do not wish to manage with the trains, buses and/or walking directions provided below, you can

- Utilize a ridesharing app like [Uber](#) or [Lyft](#) (both of which are easily found in DC and the most inexpensive personal ride. You need to download the app to your cell phone prior to using.
- Schedule a ride on the [SuperShuttle](#) from either BWI for about \$37 or IAD for \$29 or DCA for \$14.

Directions are provided from each airport below to get to the Brookland/CUA Metro stop (Red Line) which is the closest metro to NFCYM and Washington Retreat House. For specific directions based upon your flight arrival time, use the Metro Planner at <http://www.wmata.com/default.cfm>

Using the Metrorail/Bus System to Get to Washington Retreat House
4000 Harewood Rd NE, Washington DC 20017

From DCA (Washington Reagan/National) – Allow 30-45 minutes

1. Exit airport and follow signs toward the Metro 
2. Purchase a farecard for any amount at one of the machines (I recommend starting with \$6 which will provide for getting to the Brookland CUA stop and back. You can add more as you go). *Do not purchase a Day Pass which is only good for one day.*
3. Use your farecard to go through the turnstiles (be sure to collect it before exiting the turnstiles).
4. As you go up the escalator to the tracks, wait for the train on the right side of the platform - the **YELLOW/GREEN** line toward Gallery Place/Chinatown.
5. At Gallery Place/Chinatown, exit the train and go up the escalator and follow signs to the **RED line** toward Silver Spring/Glenmont.
6. Get off at the **Brookland/CUA stop** and go down the escalators and use your farecard to exit (be sure to get it back!).
7. After exiting the turnstiles, go left in the tunnel and walk up the escalators and follow the sidewalk in front of you and cross the street to Catholic University.
8. [Walk through the campus of Catholic University](#) keeping the National Shrine of the Immaculate Conception (Basilica) on your left. You will eventually end up on Harewood Rd. Turn right and walk up the hill until you come to Washington Retreat House located across the street at 4000 Harewood Rd. (next to the St. John Paul II Institute).

BWI (Baltimore Washington International) – allow 60-90 minutes

BWI Option 1: MARC Trains for weekdays only/no holidays

1. MARC trains are an inexpensive regional train that run Monday-Friday only and do not operate on holidays so be sure to check the info boards at BWI near baggage claim to see if you will be able to use this option. You can check train schedules at: <http://mta.maryland.gov/services/marc/schedulesSystemMaps/penn.cfm> (use Penn Line).
2. At baggage claim, look for a door sign that says MARC/Amtrak shuttles and wait at the designated area at the first curb for the next shuttle (note that several different shuttles stop so be sure it says MARC on it. It usually takes about 10-15 minutes to catch a shuttle and get to the station so plan your time accordingly).
3. Take the free shuttle bus from BWI to the MARC train station and purchase your ticket in the office (\$6 each way) and walk across the platform and take the next MARC train heading to DC/Union Station. Amtrak trains are much more expensive so be sure to ask for the MARC train ticket.
4. Once at Union Station, follow the instructions at the bottom of this document for those taking trains into DC.

BWI Option 2: B30 Express Bus – runs every day / all day

1. Exit airport toward baggage claim on lower level. There are two bus stops to catch the Regional Bus, one at either end of the airport. Southwest and Delta should use the first stop (the left end of the airport as you are exiting the airport). All other flights should use the right side exit, located at door #3 (near the International Travel exit). Whatever stop you choose, look for the signs that lead you to the “Regional Bus”.
2. Exit the door indicated for the Regional Bus and wait at the covered bus stop for the **30B Express** bus, which departs every 40 minutes. Cost is \$7 and exact change is required – no change is given back.
3. The **Metro Bus (30B)** will let you off at the **Greenbelt** Metro stop. 
4. Purchase a farecard for any amount at one of the machines (I recommend starting with \$6 which will provide for your return leg. You can add more as you go). *Do not purchase a Day Pass which is only good for one day* – be sure to purchase a fare card.
5. Use your farecard to go through the turnstiles (be sure to collect it before exiting the turnstiles).
6. You are at the beginning of the **GREEN** line so get on the next train that comes (they are all headed for Branch Ave.)
7. Exit at **Fort Totten** and go up the escalator and board the **RED** line going toward **Shady Grove**
8. Get off at the next stop which is **Brookland/CUA** and go down the escalators and use your farecard to exit (be sure to get it back!).
7. After exiting the turnstiles, go left in the tunnel and walk up the escalators and follow the sidewalk in front of you. Across the street is Catholic University.
8. Walk through the campus of Catholic University keeping the National Shrine of the Immaculate Conception (Basilica) on your left. You will eventually end up on Harewood Rd. Turn right and walk up the slight hill until you come to Washington Retreat House located across the street at 4000 Harewood Rd. (next to the St. John Paul II Institute).

From IAD (Dulles) – allow 90 minutes

1. Purchase a \$5 ticket for the **Silver Line Express** at the podium near door 4 at Arrivals Level. The bus runs every 15 minutes and it is a 10 minute ride to the Wiehle-Reston Metro stop (Silver Line). Once you arrive at the metro stop purchase a farecard for any amount at one of the machines (I recommend starting with \$10 which will provide for your return leg. You can add more as you go). *Do not purchase a Day Pass which is only good for one day – be sure to purchase a fare card.*
3. Use your farecard to go through the turnstiles (be sure to collect it before exiting the turnstiles).
4. Take the Silver Line into DC and exit at **Metro Center**. Go up the escalators and board the **RED** line going toward **Glenmont or Silver Springs**.
6. Get off at the **Brookland/CUA stop** and go down the escalators and use your farecard to exit (be sure to get it back!).
7. After exiting the turnstiles, go left in the tunnel and walk up the escalators and follow the sidewalk in front of you. Across the street is Catholic University.
8. [Walk through the campus of Catholic University](#) keeping the National Shrine of the Immaculate Conception (Basilica) on your left. You will eventually end up on Harewood Rd. Turn right and walk up the slight hill until you come to Washington Retreat House located across the street at 4000 Harewood Rd. (next to the St. John Paul II Institute).

From Union Station (Amtrak and MARC Trains)

1. Exit the train and follow signs toward the Metro 
2. Purchase a farecard for any amount at one of the machines (I recommend starting with \$6. You can add more as you go).
3. Use your farecard to go through the turnstiles (be sure to collect it before exiting the turnstiles).
4. Take the **RED** line going toward **Glenmont or Silver Springs**.
6. Get off at the **Brookland/CUA stop** and go down the escalators and use your farecard to exit (be sure to get it back!).
7. After exiting the turnstiles, go left in the tunnel and walk up the escalators and follow the sidewalk in front of you. Across the street is Catholic University.
8. [Walk through the campus of Catholic University](#) keeping the National Shrine of the Immaculate Conception (Basilica) on your left. You will eventually end up on Harewood Rd. Turn right and walk up the slight hill until you come to Washington Retreat House located across the street at 4000 Harewood Rd. (next to the St. John Paul II Institute).