



## LEARN AND TAKE ACTION

### Name It!

Names are important. Read more about Miriam.

Was she known by other names? What names?

Why was she given those names and what did they mean?

### Prayers for New Mothers

Miriam created a psalm that she sang and danced to with the other women when Pharaoh's chariots were tossed into the sea, a memorable moment during the Exodus.

- What special moments in your life have made you sing praise to God for something wonderful? Write a psalm you can sing or a prayer you can read explaining how you felt, just as Miriam did.
- Include this in your daily prayers for a short time.

### Be Creative

Learn more about Miriam and create your own activity.

### Why Is It?

That Miriam is represented by:

- reeds
- tambourine

### For All

Read about Miriam in the Book of Exodus, either in your Bible or online, at [www.usccb.org/bible/index.cfm](http://www.usccb.org/bible/index.cfm). Answer the following questions:

- Who were the important people in Miriam's life?
- What did Miriam do as a young girl that was so special?
- Where in the Bible did you find information about Miriam?
- What can we learn about God by reading about Miriam?

Share what you learn with someone else.

### For Older Youth

Investigate and see what other information you can find about Miriam. Did she marry? Did she have children? What other information can you find?

### Helping All Moms

All moms need help, but some need more help than others.

- Brainstorm some ways you could help a mom you know—even your own mom—and do it.
- Perhaps volunteer for a period of time as a mother's helper.

Catholic Identity Patch Program is a project of the  
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