1 SAFETY PLANNING

- Digital Safety Wheel
- Power & Control in the Digital Age Wheel (CA Goldberg)
- Intake Questionnaire
- Digital Footprint Tool
- Safety Planning Guide (English)
- Safety Planning Guide (Spanish)
- Opt Out of Data Broker Resource
- Blur Home on Google Maps
- Remove Personal Identifying Information from Google Search

2 IMAGE-BASED ABUSE

- Nonconsensual Porn Victim Guide
- Nonconsensual Deepfake Porn Victim Guide
- StopNCII.org (preventing image uploads)
- Image Removal Resource
- Copyright TakeDown Guide
- Hiding an Image on a Device:
  - Select Photo > Tap Edit > Zoom and/or Crop Photo to look like something else > Tap Save
  - To revert to original: Tap Edit > Tap Revert
- Safer Sexting Practices When Sending Intimate Images:
  - No Faces
  - No Tattoos
  - No Birth Marks
  - Neutral Backgrounds
  - Location Information Removed from Image:
    - iPhone
    - Android
  - iPhone: Turn Off AirDrop to Prevent CyberFlashing
3 ACCOUNT & DEVICE SAFETY

- Verify Apps Downloaded onto a Device:
  - iPhone
  - Android
- Stalkerware
  - Detection Guide: Android
  - StopStalkerware.org (online resource)
- Verify Unauthorized Account Access:
  - Instagram
  - iPhone
  - Google
  - Or: Internet Search "login activity" & account in question
- Run a Google Account Security Check
- Venmo Safety Guide
- Verifying Anonymous Email*
  - Proceed to email login page > enter harassing email address > select 'forgot password' > choose account recovery option that shows partial email or phone number > see if it matches that of suspected attacker.
  - *Expectation: This only works sometimes and will only produce a partial email or phone number when it does.
  - *Do Not Actually Attempt to Login as Attacker May Be Notified
- Location Tracking
  - AirTag Stalking Guide
  - Verify Location Sharing: iPhone
  - Verify Location Sharing: Android

4 HOME SAFETY

- Refuge Smart Home Safety Guide
- Fing App: Verify Devices Using Home Wifi
- Device Safety Guides: Consumer Reports Security Planner
- Ring Security Guides
  - English
  - Spanish
  - Advocate Guide