

ROBERT COLES
 PHOTOGRAPHS BY ALEX HARRIS
 AND THOMAS ROMA

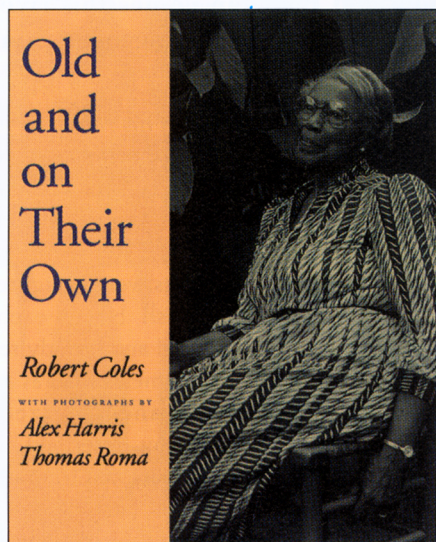
Old and On Their Own

Long recognized for his work with young people, the prominent child psychiatrist and Pulitzer Prize-winning author Robert Coles explores the lives of the elderly in *Old and On Their Own*.

This is a book about the resiliency of those who are struggling to remain independent despite the consequences of old age. Dr. Robert Coles introduces us to eleven men and women over the age of 75 living on their own. These older Americans share their thoughts, memories, aspirations, and worries, and tell us what it means to be old. Their stories are full of humor and hope, told with courage and dignity.

The photographic essay by Alex Harris and Thomas Roma provides an important visual dimension to this book. Harris photographed in Durham, North Carolina, and Roma in his native Brooklyn. Whether rural or urban, black or white, rich or poor, these elderly people emerge as strong and inspiring individuals who deserve our respect and admiration, and who show us how to live our later years to the fullest.

Dr. Robert Coles has spent his life doing documentary work. He teaches at Harvard, Duke, and the University of North Carolina. He and Alex Harris, a photographer and professor at Duke University, are coeditors of *DoubleTake* magazine. Thomas Roma's work has been widely exhibited and published. He is professor of photography at the Columbia University School of Arts, a contributing editor of *DoubleTake*, and lives in Brooklyn, New York.



- "I have more ideas and plans now than I've ever had—last things to do before I take my last breath! The trouble is doing them all, even getting near to doing them all: that's the big challenge."—from *Old and On Their Own*

