Maryland

2-1-1 Maryland https://211md.org/ - information based on your zip code
  - Food
  - Housing and Shelter
  - Utility Assistance
  - Mental Health
  - Substance Abuse
  - Healthcare
  - Children and Families
  - Aging and Disability
  - Legal and Tax Services
  - Veterans
  - Domestic/Family Violence
  - Employment
  - COVID-19 Resource Center (Information by County)

Baltimore City/County specific (we recommend starting with 2-1-1 as they are zip code specific)

Food Assistance

SNAP Assistance http://dhs.maryland.gov/food-supplement-program/

Baltimore City Schools Meal Sites https://www.baltimorecityschools.org/meal-sites

Baltimore County Schools Meal sites https://www.baltimorecountymd.gov/News/foodresources.html#bcpsmeals

Maryland Foodbank https://mdfoodbank.org/

Unemployment and Paid Leave Information

Maryland Department of Labor Unemployment Insurance
https://www.dllr.state.md.us/employment/unemployment.shtml

Families First Coronavirus Response Act  

Housing and Rent Assistance

Mortgage Relief and Foreclosure Prevention  
https://www.dllr.state.md.us/finance/consumers/frmortgagecovid.shtml

Personal Emergency Assistance  
http://dhs.maryland.gov/weathering-tough-times/emergency-assistance/

Additional Resources

United Way of Central Maryland  https://www.uwcm.org/

DC

2-1-1 National Capital Area  https://unitedwaynca.org/
- Emergency Food (pantries etc)
- Meals
- Housing payment assistance/counseling
- Emergency housing

Food Assistance

SNAP Application:  https://dhs.dc.gov/node/1468331

Additional SNAP Information:  https://dhs.dc.gov/snapinfo
Free School Meals: https://coronavirus.dc.gov/food

Unemployment and Paid Leave Information

Department of Employment Services:
https://does.dc.gov/service/start-your-unemployment-compensation-process

Families First Coronavirus Response Act

Housing Assistance

Emergency Rental Assistance Program
https://dhs.dc.gov/service/emergency-rental-assistance-program

Mental Health Resources

Behavioral (Mental Health) Services:
https://dhcf.dc.gov/page/behavioral-mental-health-services

The DC Department of Behavioral Health has set up a “Warm Line” 1-888-793-4357 for individual mental health support during this uncertain time. Please know that this is NOT a hotline and that you may experience significant wait-times if you call.

Child and Adolescent Mobile Psychiatric Service (ChAMPS)
https://www.catholiccharitiesdc.org/ChAMPS/

Additional Information

Internet Resources for K-12 and college students

Keep Americans Connected Pledge:
https://www.fcc.gov/keep-americans-connected