

GET FIT SATX

ENDURA-FIT TIMES

Monday

5:30 am

8:00 am

11:30 am

4:30 pm

6:00 pm

Tuesday

5:30 am

8:00 am (run/walk)

11:30 am

4:30 pm

6:00 pm

6:00 pm (track)

Wednesday

5:30 am

8:00 am

11:30 am

4:30 pm

6:00 pm

Thursday

5:30 am

8:00 am (run/walk)

11:30 am

4:30 pm

6:00 pm

6:00 pm (run)

Friday

5:30 am

8:00 am

9:30 am

11:30 am

Saturday

Specialty Classes

Sunday

Long Run