Your doctor would like to discuss your malocclusion with you:

**CROWDING**
Symptoms/Signs: Biting lips, cheeks, or tongue; leaping; speech changes; chipping or wearing of teeth; food traps; bad breath; difficulty flossing; jaw pain; headaches

**SPACING**
Symptoms/Signs: Biting lips, cheeks, or tongue; leaping; speech changes; food traps; bad breath

**DEEP BITE (Overbite)**
Symptoms/Signs: Cold sensitivity; receding gums; indentations at the gum line; teeth chipping or wearing; speech changes or lisping; food getting caught between teeth; bad breath; dry mouth or mouth breathing

**EXCESSIVE OVERJET**
Symptoms/Signs: Chipping or wearing of teeth; dry mouth; mouth breathing

**EDGE-TO-EDGE BITE**
Symptoms/Signs: Cold sensitivity; receding gums; indentations at the gum line; chipping or wearing of teeth; jaw pain; headaches

**OPEN BITE**
Symptoms/Signs: Cold sensitivity; receding gums; indentations at the gum line; biting lips, cheeks, or tongue; leaping; speech changes; dry mouth; mouth breathing; jaw pain; headaches

**NARROW ARCH**
Symptoms/Signs: Cold sensitivity; receding gums; indentations at the gum line; chipping or wearing of teeth; jaw pain; headaches

Treat the cause of the problem, not just your symptoms. Learn more inside about how properly aligned teeth can help protect your overall health.

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**What's Healthier About Straighter Teeth?**
Misaligned teeth can lead to premature wear, tooth loss, gum disease, and the buildup of bacteria associated with bigger problems, including heart disease.

More than seven out of ten American adults have some kind of issue with their bites, such as crowding, spacing, or overbites — your dentist may use the word malocclusion.

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**Are you experiencing:**
- cold sensitivity
- receding gums
- biting lips, cheek, or tongue
- indentations at the gum line
- teeth chipping or wearing
- speech changes or lisping
- food getting caught between teeth
- bad breath
- dry mouth or mouth breathing
- difficulty flossing
- jaw or muscle pain or headaches
- self-consciousness when smiling for photos
THE CONNECTION BETWEEN YOUR HEALTH AND MISALIGNED TEETH

Painful Gums & Gum Disease
It’s hard to remove plaque and bacteria from misaligned teeth. This can lead to inflamed gums, soft tissue damage, receding gums, pockets between teeth and gums, bone loss, and tooth loss.

Early signs of gum disease:
- red gums
- bleeding when you brush or floss
- bad breath

There may be no signs of gum disease until the advanced stages.

GUM DISEASE: Disease of the soft tissue and bone support around your teeth

THE STAGES OF GUM DISEASE

Healthy Gingiva
Gingivitis (inflammation of the gums)
Periodontitis (inflammation around support of the tooth)
Advanced Periodontitis

Tooth & Gum Deterioration & Tooth Loss
Poorly aligned teeth can put extra stress and pressure on teeth and jawbone. This can cause:
- receding gums
- gum disease
- indentations at the gum line
- cold sensitivity
- fractured/cracked teeth
- tooth loss

Overall Health Risks
Problems that start in your mouth can spread to the rest of your body. Severe gum infections may increase the risk of:
- heart disease
- stroke
- lung diseases
- problems in pregnancy
- complications related to diabetes
- Alzheimer’s disease

1. Bacteria form a film underneath the gums, particularly where teeth are misaligned. Gum pockets form, further trapping bacteria and debris.
2. Bacteria and its byproducts trigger an inflammatory response.
3. Your immune system creates white blood cells and proteins to fight the inflammation.
4. The combination of bacteria, toxins, white blood cells, and acute phase proteins damages the cells that line your coronary arteries, resulting in plaque and leading to hardening of the arteries.

Improved Hygiene
Properly aligned teeth reduce the risk of tooth chipping, breaking, and wear, which can require expensive procedures to repair. Proper alignment also reduces stress on the jawbones and joints.

The World’s Most Advanced Clear Aligner System
Only Invisalign® clear aligners are made of SmartTrack® material and are clinically proven to achieve 75 percent more predictable tooth movement.

To start your journey toward properly aligned teeth and better overall health, talk to your doctor about Invisalign clear aligners, trusted by nearly 4 million patients like you.

Join them.