caustic environments: ones that impact the child and mind the invisible wounds that are inflicted by harsh, internal experiences, as well. Thus, always keep in mind that children face external threats, but they may quietly absorb the invisible, toxic stress they may not report. An adult without adequate support may not report these challenges, and it is crucial to provide a safe space for them to heal.

When a child experiences toxic stress, they may not report the challenges they face. It is important to create a safe space for them to heal and provide appropriate support.