Warm Up:
What was the last movie or video clip that you watched that touched your heart?

Main Thought:
Our heart is the source of everything that we do. Our tendency is to monitor our behavior while ignoring our heart. What is in our heart will eventually make its way to the surface of our lives, impacting what we say, think, and even do. We can try to temper our speech and control our actions, but those who are closest will eventually feel the condition of our heart. God, in His love, allows these issues to surface so that He can begin an inward work in our heart. God wants to replace the old bad habits of the heart with new ones that will eventually make us more like His son.

Main Passages:
“But the words you speak come from the heart—that’s what defiles you. For from the heart come evil thoughts, murder, adultery, all sexual immorality, theft, lying, and slander.” (Matthew 15:18-19 NLT)

“Above all else, guard your heart, for everything you do flows from it.” (Proverbs 4:23)

Scripture Exploration
● What stood out to you from the main thought and passages? Have you had an experience that illustrated the connection between the mouth and the heart?

Personal Reflection
● What is an example of a situation in which you’ve learned to modify your behavior to make life work, but never addressing your heart issues?
● Why does simply changing our behavior not get to the core of the issue?
● How well do you guard what goes into your heart?
Active Application

● What is the current state of your heart? What will you do to take care of the things God is revealing in you?

Prayer Points:

● Pray for each other's heart. Pray that God would begin to heal whatever He is surfacing.
● Pray for one person far from God.

Announcements:

If you are new in your faith and want to begin taking your next steps, please attend our Growth Track where you can learn to Know God, Follow God, Discover Your Purpose, and Make a Difference. These classes happen every Sunday at 9:15am & 6:00pm in ENLI 1.