“Damage Control”
Part three of the series: “Heart Attack”
Sunday, June 18, 2017 • Pastor Kalae George

Ephesians 4:26-32 MSG

Anger is not getting what we want. Anger says “you owe me.”

Unresolved anger leads to bitterness.
“...And don’t stay angry. Don’t go to bed angry. Don’t give the Devil that kind of foothold in your life.” (Ephesians 4:26-27 MSG)

“Look after each other so that none of you fails to receive the grace of God. Watch out that no poisonous root of bitterness grows up to trouble you, corrupting many.” (Hebrews 12:15 NLT)

Forgiveness breaks the power of anger from our heart.
“...Forgive one another as quickly and thoroughly as God in Christ forgave you.” (Ephesians 4:32 MSG)

The process of forgiveness:
1. Identify who you’re angry with.
2. Determine what they owe you.
3. Cancel the debt.
4. Dismiss the case.