“The L Word”
Epilogue to the series: “Heart Attack”
Sunday, July 9, 2017 • Pastor Kalae George

James 1:12-15 NLT

Lust is not a problem we solve, it’s an appetite we manage.
“This explains why a man leaves his father and mother and is joined to his wife, and the two are united into one. Now the man and his wife were both naked, but they felt no shame.” (Genesis 2:24-25 NLT)

Anger, guilt, greed, and jealousy weakens our resolve against sexual sin.
“And don’t sin by letting anger control you. Don’t let the sun go down while you are still angry, for anger gives a foothold to the devil. (Ephesians 4:26-27 NLT)

Managing sexual desires:

• Be filled with the right things.
“Summing it all up, friends, I’d say you’ll do best by filling your minds and meditating on things true, noble, reputable, authentic, compelling, gracious—the best, not the worst; the beautiful, not the ugly; things to praise, not things to curse…” (Philippians 4:8 MSG)

• Be open and accountable.
“Confess your sins to each other and pray for each other so that you may be healed. The earnest prayer of a righteous person has great power and produces wonderful results.” (James 5:16 NLT)

• Be wise, RUN!
“Run from sexual sin! No other sin so clearly affects the body as this one does. For sexual immorality is a sin against your own body.” (1 Corinthians 6:18 NLT)

It’s easier to avoid temptation than to resist sin.