Warm Up:
Name some things that you are jealous of in others.

Open in Prayer

Main Thought:
The final attack of the heart is jealousy. Jealousy is not getting something that someone else has. The mindset here is, “God owes me.” We often think that our jealousy is with the person who possesses what we lack, but it really is with God. Whatever He gave them, He could have given to us as well. That’s why we may feel inside that God owes us. Jealousy can terrorize our lives and wreak havoc in our relationships. We begin to resent God’s goodness to others while ignoring God’s goodness in our own lives.

The cure for jealousy is to bring all of our desires to God. He invites us to pour out our hearts in an unfiltered conversation through prayer. Every concern we have, big or small, matters to God because we matter to Him. We must stop coveting what others have and start asking God for what He knows best. As we do this, we must also exercise some healthy habits:

1. **Celebrate God’s goodness to others.** Be happy when good things are happening to others, even though we don’t want to.

2. **Embrace God’s goodness to us.** Remind ourselves of how blessed we are in Christ.

(Turn over for continuation…)
Main Passages:
“What is causing the quarrels and fights among you? Don’t they come from the evil desires at war within you? 2 You want what you don’t have, so you scheme and kill to get it. You are jealous of what others have, but you can’t get it, so you fight and wage war to take it away from them. Yet you don’t have what you want because you don’t ask God for it. 3 And even when you ask, you don’t get it because your motives are all wrong—you want only what will give you pleasure.” (James 4:1-3 NLT)

“Don’t worry about anything; instead, pray about everything. Tell God what you need, and thank him for all he has done. Then you will experience God’s peace, which exceeds anything we can understand. His peace will guard your hearts and minds as you live in Christ Jesus.” (Philippians 4:6-7 NLT)

Scripture Exploration:
Read James 3:14-16. Where does jealousy come from? How does jealousy create conflict in our relationship with God and others?
Read Philippians 4:6-7. Why does God desire for us to bring everything to Him in prayer? Does prayer mean we always get what we want?

Personal Reflection:
• Are you more likely to celebrate when others prosper or feel jealous? Do you find yourself being happy when others fail?
• Share a time when you felt jealous of someone’s blessing or good fortune. What were some of your thoughts? What lies were you believing? What would it look like for you to celebrate God’s goodness to this person?
• Is there anyone that you’re currently jealous of?

Active Application:
• Are there people that you need to begin to celebrate with? How will you practically do that?
• How can you remind yourself of God’s goodness in your life? Make a list of all the things you are thankful for.

Closing Prayer:
• Pray for each other.
• Pray and thank God for three things that He’s blessed you with.
• Pray for one person by name who is far from God.

For more information, please visit www.pearlside.org or download our Pearlside app.