“Peanut Butter and Jealous”
Part five of the series: “Heart Attack”
Sunday, July 2, 2017 • Pastor Kalae George

James 3:14-16, 4:1-3 NLT

Jealousy is not getting something that someone else has. Jealousy says, “God owes me.”

Jealousy is destructive internally and relationally.
“What is causing the quarrels and fights among you? Don’t they come from the evil desires at war within you? 2 You want what you don’t have, so you scheme and kill to get it. You are jealous of what others have, but you can’t get it, so you fight and wage war to take it away from them. Yet you don’t have what you want because you don’t ask God for it. 3 And even when you ask, you don’t get it because your motives are all wrong—you want only what will give you pleasure.” (James 4:1-3 NLT)

“A peaceful heart leads to a healthy body; jealousy is like cancer in the bones.” (Proverbs 14:30 NLT)

The Cure: Take it to God.
“Don’t worry about anything; instead, pray about everything. Tell God what you need, and thank him for all he has done. Then you will experience God’s peace, which exceeds anything we can understand. His peace will guard your hearts and minds as you live in Christ Jesus.” (Philippians 4:6-7 NLT)

Healthy Habits:
1. Celebrate God’s goodness to others.
   “Be happy with those who are happy, and weep with those who weep.” (Romans 12:15 NLT)

2. Embrace God’s goodness to us.
   “Always be joyful. 17 Never stop praying. 18 Be thankful in all circumstances, for this is God’s will for you who belong to Christ Jesus.” (1 Thessalonians 5:16-18 NLT)