

Grace Group Discipleship Guide



“Stronger”

For the week of August 13 - 19, 2017

Warm up:

Share your favorite physical activity, your least favorite, and why with your group.

Main Thought:

The Bible teaches us that faith grows stronger as we persevere in following God through adversity, much like how our physical abilities grow as we persevere in intense physical training. As we persevere through trials and see God’s power at work in our lives, our “mustard seed” of faith grows into a more mature and complete faith that is “not lacking anything.” The key for us is to continue to persevere through whatever trials we face by choosing to trust and obey Jesus no matter what our feelings tell us.

Main Passages:

“Consider it pure joy, my brothers and sisters, whenever you face trials of many kinds, ³because you know that the testing of your faith produces perseverance. ⁴Let perseverance finish its work so that you may be mature and complete, not lacking anything.” (James 1:2-4)

“...A large crowd followed and pressed around him. ²⁵And a woman was there who had been subject to bleeding for twelve years. ²⁶She had suffered a great deal under the care of many doctors and had spent all she had, yet instead of getting better she grew worse. ²⁷When she heard about Jesus, she came up behind him in the crowd and touched his cloak, ²⁸because she thought, ‘If I just touch his clothes, I will be healed.’ ²⁹Immediately her bleeding stopped and she felt in her body that she was freed from her suffering... ³³Then the woman, knowing what had happened to her, came and fell at his feet and, trembling with fear, told him the whole truth. ³⁴He said to her, ‘Daughter, your faith has healed you. Go in peace and be freed from your suffering.’” (Mark 5:24-29, 33-34)

Reflection:

- What stands out to you from the main thought and Bible passages and why?

Application:

- When have you seen yourself grow in an area of your life through persevering through some kind of adversity? What did you learn?
- What adversity are you currently facing? How do you think you can choose to walk in faith in the midst of it?

Group Prayer:

- Pray for each other to continue to choose to persevere in faith in the midst of our adversities.
- Pray for one unchurched friend or family member that is currently walking through adversity and that God would use us to help them find faith in Jesus as well.

