

# NAMI Suicide Prevention Training

## Free Training for Young Adults Ages 18-25

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Food and Beverages Provided

### What will I learn?

- How substance use, mental health, and suicide risk can impact individuals, families and community.
- Participants will recognize stigma and related barriers that hinder treatment and recovery
- Participants will become aware of community/state/national resources

### After the completion of this training, participants will be able to:

- **Recognize** the warning signs for suicide risk in an individual & be able to connect that person to community resources
- **Identify** substance misuse issues in an individual and be able to talk openly with this person.
- **Understand** how mental health and substance misuse problems may contribute to greater suicide risk in an individual
- **Have a greater awareness** of local and national substance use and suicide risk resources that can be accessed by individuals in need of treatment and seeking recovery

### YOU are a qualified Young Adult LEADER for the Connect Program if....

- You are **comfortable** with co-facilitation and presenting
- You are able to **commit** to at least one training per year
- You have a **passion** for the public health issues of substance misuse, mental health & suicide risk
- You are a **role model** for your peers

**Dates: May 11th, 2018 from 8:30am - 4:30pm and May 12th, 2018 from 8:30am - 12:30pm**

**Location: Rhodes Hall-Room 5163, Keene State College**

To register email or call Jane at [jskantze@cheshire-med.com](mailto:jskantze@cheshire-med.com) 603-354-5454 Ext. 2313

Or

on Survey Monkey [www.surveymonkey.com/r/WD9QJVS](http://www.surveymonkey.com/r/WD9QJVS)



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