

Richelle L Clifton

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EDUCATION

Indiana University—Purdue University, Indianapolis (IUPUI) **2017-Present**
M.S. expected 2019, Clinical Psychology
Ph.D. expected 2023, Clinical Psychology

University of Wyoming **2016**
B.S., Psychology and African American and Diaspora Studies

AWARDS AND HONORS

Predocctoral Scholar, Southern Regional Education Board-State Doctoral Scholars Program **2018**

Travel Award, Department of Psychology, IUPUI (\$500) **2018**

Student Merit Award, Research Society on Alcoholism (\$350) **2018**

MANUSCRIPTS SUBMITTED FOR PUBLICATION

1. Banks, D. E., Hershberger, A. R., Pemberton, T., **Clifton, R. L.**, Aalsma, M. C., & Zapolski, T.C.B. (invited revision). Differential associations of marijuana use typologies with cognitive, psychological, and substance-related outcomes among juvenile detainees.
2. Zapolski, T. C. B., **Clifton, R. L.**, Hershberger, A. R., Banks, D. E., & Kolp, H. (invited revision). Family risk, drug attitudes, and substance use problems: Examining the conditional indirect effect of race among adolescent detainees. *Journal of Child and Family Studies*.
3. Zapolski, T. C. B., **Clifton, R. L.**, Cultural socialization and alcohol use: The mediating role of alcohol expectancies among racial/ethnic minority youth.

MANUSCRIPTS IN PREPARATION

1. Banks, D. E., **Clifton, R. L.**, Rowe, A. T., Ashburn-Nardo, L., & Zapolski, T. C. B. Black identity and health: Associations of discrepant implicit and explicit racial identity with psychological distress and substance use.

PAPER PRESENTATIONS

1. **Clifton, R.L.** (2016, August). Womb wars: White German women, Black American men, and their children in post- World War II Germany. Paper presented at the Annual University of Wyoming McNair Research Conference, Laramie, WY.

POSTER PRESENTATIONS

1. **Clifton, R. L.**, & Zapolski, T. C. B. (2018, June). Family racial/ethnic socialization effects on adolescent alcohol use: The mediating role of alcohol expectancies. Poster presented at the 41st Annual Research Society on Alcoholism Scientific Meeting, San Diego, CA.
2. **Clifton, R.L.**, Carson, I.W., Banks, D.E., Hershberger, A., Aalsma, M., Zapolski, T.C.B. (2017, November). Family and peer influences on substance use among juvenile justice involved youth. Poster session presented at the 2017 IPA Fall Conference & Annual Meeting, Indianapolis, IN.
3. **Clifton, R.L.** (2016, September). Womb wars: White German women, Black American men, and their children in post- World War II Germany. Poster session presented at the 2016 Keith and Thyra Thomson Honors Convocation, Laramie, WY.

CLINICAL EXPERIENCE

Research Assistant/ Clinician

August 2018-Present

Use of Brief DBT-A Program in a School Based Setting

Supervisor: Tamika C. B. Zapolski, Ph.D. & Melissa A. Cyders, Ph.D., HSPP, IUPUI, Department of Psychology

Duties: Facilitating or co-facilitating a modified, 9-week dialectical behavior therapy for adolescents (DBT-A) intervention in two school settings: 1)11th graders referred for behavioral problems 2)9th graders referred for behavior problems.

Practicum Student

August 2018-Present

Marion County Juvenile Detention Center, Indianapolis, IN

Supervisor: Matthew C. Aalsma, Ph.D., HSPP, Indiana University School of Medicine, Department of Pediatrics

Duties: Conducting comprehensive forensic assessments with detained adolescents. Preparing integrated reports of findings and recommendations of probation officers and court officials, including placement recommendations.

Clinical Group Facilitator

March 2017-August 2017

Juvenile Extensive Management Systems (JEMS), Cheyenne, WY

Supervisor: Gwen Smith Russell, M.S., LPC

Duties: Led a clinical group about relationships for adolescents
Curriculum and exercises provided by Strong Families, Strong Wyoming

TESTS ADMINISTERED

Intelligence:

Wechsler Adult Intelligence Scale—4th edition (WAIS-IV)

Wechsler Intelligence Scale for Children—5th edition (WISC-V)

Personality:

Minnesota Multiphasic Personality Inventory—2nd edition (MMPI-2)

Millon Clinical Multiaxial Inventory—3rd edition (MCMI-III)

RESEARCH EXPERIENCE

- Co-Principal Investigator (Master's Thesis)** **August 2018-Present**
 The Promotive and Protective Role of Racial Identity Profiles
 Indiana University- Purdue University Indianapolis
 Supervisor: Tamika C.B. Zapolski, Ph.D. (Principal Investigator)
- Graduate Research Assistant:** **2017-Present**
 Prevention Research in Substance Use and Minority Health (PRISM)
 Indiana University—Purdue University, Indianapolis
 Faculty Mentor: Tamika C. B. Zapolski
- McNair Research Scholar** **2016**
 University of Wyoming
- Undergraduate Research Assistant** **2016**
 Stress and Mood Lab
 University of Wyoming
 Faculty Mentor: Carolyn Pepper

WORKSHOPS AND SPECIALTY TRAINING

- A New Therapy for Each Patient** **2018**
 Evidence-Based Responsiveness
 Instructor: John C. Norcross, Ph.D., ABPP
- Motivational Interviewing** **2017**
 Evidence-Based Skills to Motivate Clients Toward Change
 Instructor: Steven Rollnick, Ph.D.

UNIVERSITY TEACHING ROLES

- Teaching Assistant, Alcoholism and Drug Abuse** **Summer 2018**
 Department of Psychology, IUPUI
 Duties: Graded written assignments and provided support to 42 students.
 Instructor: Bethany Neal-Beliveau, Ph.D.
- Teaching Assistant, Introduction to Psychology** **Summer 2018**
 Department of Psychology, IUPUI
 Duties: Graded written assignments and provided support to 45 students.
 Instructor: Sandra Hellyer, Ph.D.
- Teaching Assistant, Health Psychology** **Spring 2018**
 Department of Psychology, IUPUI
 Duties: Graded written assignments and provided support to 96 students.

Instructor: Megan Miller, M.S.

Teaching Assistant, Lifespan Development

Fall 2017

Department of Psychology, IUPUI

Duties: Graded written assignments and provided support to 196 students.

Instructor: Shenan Kroupa, Ph.D.

SKILLS

Microsoft Word, Excel, PowerPoint, Adobe
SPSS, R, Qualtrics

RELEVANT COURSEWORK

Inferential Statistics

Psychopathology

Field Methods and Experimentation

Psychological Assessment II: Personality and Symptom Assessment

Psychological Assessment I: Intelligence Testing

Intervention II: Cognitive-behavioral Interventions

Intervention I: Counseling Approaches

REFERENCES

Available Upon Request