Neighborhood Commons

A Neighborhood Commons is like a public library for food – a resource available for everyone to participate in an economy designed to sustain life, depend on healthy ecosystems, and capture carbon. This includes:

- **Partner**
  Center for local, regional, and international food economy partnerships.

- **Community Table and Gathering Place**
  Dining, meeting spaces, classrooms.

- **Food Center**
  Source of fresh, prepared, and preserved food.

- **Learning Center**
  Permaculture, seed saving, and cultivation. Regenerative economies, soil ecology, composting, bee keeping.

- **Community Kitchen**
  Food preparation, preservation (Drying, fermenting, pickling, bottling)

- **Culinary Center**
  Teaching skills, food preservation, cooking, ethnic foods, recipe development.

- **Center for Regenerative Research and Economic Sustainability**

- **Storage and Distribution Site**

- **Community Economic Vision**
  Upstream economy.

- **Urban Farm**
  Production, research

- **Deep Winter Greenhouse**

- **Bee Hives**

- **Compost, Waste Management**

- **Connector to Local Community**
  Schools, community centers, faith communities, civic organizations, government.

Source to Table Regenerative Food Web: justfoodandwater.org/headwaters-bill  Email: info@justfoodandwater
Center for Regenerative Research and Economic Sustainability

- Advance the success of locally-adapted food systems with holistic research and coordinated systems for economic development from source to table.

Collect, analyze, evaluate, and share knowledge

- Local ecological knowledge (LEK)
- Seeds and plants
- Animal husbandry
- Generating food sources – cultivating, herding, grazing, fishing and hunting, and foraging
- Ecosystem restoration
- Energy generation/use
- Carbon capture – record, generation
- Water – capture, use, restoration practices
- Regenerative systems – food, composting, materials, reusable containers
- Sustainability practices and objectives – track, evaluate, share
- Systems analysis – financial assessment
- Ecological issues
- Emergency management and preparation
- Surplus – planning, distribution, uses (See food preservation)
- Partnerships – economic and cultural connections across regions and borders

Leadership

- NFH Director
- Kitchen Director and Staff
- Teaching staff (indoors, outdoors)
- Maintenance and Delivery Staff
- Research and Economic Sustainability Staff
- Coordinators – food sourcing and distribution (local to international)

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