

BREAKFAST

07⁰⁰–11⁵⁹

EAST LONDON JUICE CO.

Certified organic raw juice

Boss It 6.—
Grapefruit, apple, schizandra
berry, carrot, ginger root

Lemonder 6.—
Lemon, activated charcoal,
reverse osmosis water,
coconut nectar, lavender
blossom, pink salt (Best
Practice: avoid if you're taking
medication or are pregnant.)

Strong Green 6.—
Blue-green algae, cucumber,
kale, spinach, celery, lettuce,
lemon, ginger root, aloe vera

Mylks and elixirs

MYLK: Glow..... 7.—
Schisandra berry, beetroot,
blueberry, ginger, pearl,
activated almonds, vanilla
bean, pink salt, walnut, raw
London honey, served on ice

Happy Punch 7.—
St John's Wort, turmeric,
cayenne pepper, lemon,
orange, ginger root, chili,
sparkling water

MYLK: Turmeric..... 7.²⁵
Activated almonds, cashews,
water, vanilla bean, coconut
oil, bee pollen, turmeric,
raw London honey, cayenne
pepper, probiotics, rosehip

GRAINS, CEREALS & FRUIT

Seasonal fruit
plate 6.—

Porridge, raspberries,
candied pecans 6.⁵⁰

Granola, vanilla yoghurt,
seasonal fruit 7.—

Butter croissant
& jam 3.—

Chia seed Bircher muesli,
dried berries, coconut
milk & almonds 7.—

Toast rack & jam
3.—

THE EGGS

Avocado, poached
eggs, coriander, onion,
hot sauce, toasted
cornbread 12.—

Moroccan eggs, labneh,
toasted sourdough 8.—

Eggs Benedict/
Florentine/Royale
9.—/9.—/10.⁵⁰

Two eggs any style,
toasted sourdough 6.—

'Nduja, roasted cherry
tomato, Cheddar,
rocket omelette 8.⁵⁰

Wild mushrooms, aged
Cheddar omelette 8.—

HOT PLATES

Buttermilk pancakes,
bacon, maple syrup 9.—

French toast, blueberry,
clotted cream, chantilly,
toasted almonds,
mint 10.—

Full English
breakfast 13.⁵⁰

Bacon & cheese
toastie 7.⁵⁰
with a fried egg 1.⁵⁰

Roast portobello
mushrooms, ricotta,
toasted sourdough 7.⁵⁰

EXTRAS

Black pudding3.—

Smoked salmon.....4.⁵⁰

Yorkshire sausage3.⁵⁰

Avocado.....4.⁵⁰

Chorizo.....4.—

Grilled tomatoes.....2.⁵⁰

Grilled back or
streaky bacon.....4.—

Portobello
mushroom.....3.—

Crushed potatoes,
rosemary salt.....5.—

Mixed berries4.—

COFFEE, TEA, JUICE

Espresso.....2.⁵⁰

Pot of Rare Tea

Orange Juice3.⁷⁵

Any other coffee3.—

Company Tea 3.⁷⁵

Apple, grapefruit or

Pot of coffee

Hoi Polloi Breakfast (smoky),
Speedy Breakfast, Earl Grey,
Emerald Green, English Peppermint,
English Chamomile, Fresh Mint,
Jasmine Silver Tip, Wild Rooibos

tomato juice3.⁵⁰

for two.....5.—