

Get Lit! Goal Setting Worksheet

What goal, when achieved, would have the biggest impact on your life?

List all the steps you will need to take to achieve your goal.

From that list, what can you do today? This week? In the next 30 days?

When do you intend to achieve this goal? Set a by-when.

Take a moment to envision life with this goal achieved. Write about what you see and feel, capturing the profound impact it has had on your life. Once you have clarity, spend time every day on this vision.

Post your goal in the places you spend most of your time. This will keep it top of mind, encouraging you to stay in creation mode. Also, begin sharing your goal with friends, family, and even the guy at the checkout counter! Watch as resources and support flood in to help move you closer to achievement.