



## Hello and welcome to The Center for Vision Development!

We are excited to meet you! The following information will help prepare you for your upcoming visits to our office. Your timely completion of your history forms will allow us the needed time to process and review in advance. We ask that this form (signed), history forms, the Lifestyle Checklist be fully completed and returned to our office **at least two business days prior to your scheduled evaluation.**

### Who is Dr. Taddese?

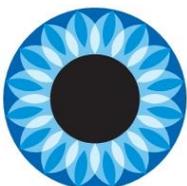
Dr. Taddese is a developmental optometrist specializing in the diagnosis and treatment of developmental and functional vision problems in both children and adults. She is a graduate of Indiana University School of Optometry and is an associate of the College of Optometrists in Vision Development. She holds membership in Optometric Extension Program Foundation, College of Syntonic Optometry, and the Fellowship of Christian Optometrists. Dr. Taddese is passionate about developmental optometry and pursuing her own professional development in terms of continuing education, lecturing, and collaborating with other professionals. She resides in Nashville with her husband.

### What is vision?

17 visual skills are needed to efficiently and effectively succeed in reading, writing, learning, attention/behavior, sports, and overall quality of life. "20/20" acuity is just one of those visual skills. The complete list includes:

- |                                   |                                    |
|-----------------------------------|------------------------------------|
| 1. Eye Movement Control           | 10. Central Vision (Visual Acuity) |
| 2. Simultaneous Focus at Far      | 11. Peripheral Vision              |
| 3. Sustaining Focus at Far        | 12. Depth Awareness                |
| 4. Simultaneous Focus at Near     | 13. Color Perception               |
| 5. Sustaining Focus at Near       | 14. Gross Visual-Motor             |
| 6. Simultaneous Alignment at Far  | 15. Fine Visual-Motor              |
| 7. Sustaining Alignment at Far    | 16. Visual Perception              |
| 8. Simultaneous Alignment at Near | 17. Visual Integration             |
| 9. Sustaining Alignment at Near   |                                    |

If these skills are delayed or compromised during development, vision and quality of life will be affected. A developmental vision evaluation assesses these visual skills. Through the evaluation, Dr. Taddese is able to determine which skills are delayed or compromised. She will then develop an individualized treatment plan utilizing therapeutic lenses and/or in-office neuro-optometric vision therapy that will address 1) those symptoms that are negatively affecting quality of life and 2) "teaching" the brain to efficiently and effectively use the visual system. In addition, she will collaborate with other therapists, physicians and educators involved your care to ensure a complete, complementary treatment.



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## What is neuro-optometric vision therapy?

Neuro-optometric vision therapy (VT) is a progressive program of procedures performed under the supervision of board certified developmental optometrist. The program is individualized to fit the visual needs of each patient, conducted in-office at least once weekly, typically with a vision therapist, and supplemented with procedures completed at home between in-office sessions. Depending on the case, the procedures are prescribed to help patients develop or improve fundamental visual skills and abilities, improve visual comfort, ease, and efficiency, and change how a patient processes or interprets visual information.

## How do we get started?

During your first visit Dr. Taddese will complete a developmental vision evaluation to assess your vision. Plan to be in our office for 90 minutes to 2 hours for the evaluation. Please ensure you are rested and have eaten prior to arriving (water is available in our office). Because full attention is needed, it is very important that you **do not bring any children to the evaluation.** This minimizes distraction and enhances the productivity of the time spent in our office.

During your second visit Dr. Taddese will consult with you, your spouse, and/or any trusted adult(s) you would like to attend. The purpose of the consultation time is to answer questions you have about your vision and its role in your life, talk about Dr. Taddese's observations and findings, and discuss her recommendations for treatment, her goals for treatment, and her recommended timeline.

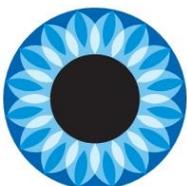
Because full attention is needed, it is also very important that you **do not bring any children to the consultation.**

The total cost is \$300, including the evaluation, consultation, and a follow-up summary of Dr. Taddese's findings and recommendations. This amount is due at the time of the evaluation by major credit card, check, or cash.

## What is your financial policy?

Third-parties, such as medical insurance, Medicare and TennCare, severely limit treatment, care options, and the time Dr. Taddese and her team can spend with you. Therefore, the Center for Vision Development is a fee-for-service facility. Payment is due in full at the time of service unless other arrangements are made prior to the appointment.

As a courtesy, we can provide a statement that may be submitted to your medical insurance for potential out-of-network reimbursement to you. If you have any questions about this policy, please contact our office.



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