FOR IMMEDIATE RELEASE

Our Bodies Ourselves Art Exhibition: March 7 - April 10, 2019
Panel Discussion (1PM) and Opening Reception (2-4PM): Sunday, March 10th
www.elycenter.org/call-our-bodies-ourselves/ or www.facebook.com/events/298826530826529

New Haven, CT: The Ely Center of Contemporary Art at 51 Trumbull Street in New Haven is pleased to announce Our Bodies Ourselves, an exhibition of over 100 artworks inspired and informed by the seminal 1970s publication that changed the women’s health movement around the world! Founders of Our Bodies Ourselves, Judy Norsigian and Joan Ditzion, will be present for a Panel Discussion to launch the Opening Reception this Sunday, March 10th from 1-4 pm. Relevant programming including talks, tours, performances, readings, and music will occur through the duration of the exhibit during open hours: Mon/Wed./Thurs. 5-8 pm, Sun. 1-4 pm and by appointment. Admission is free and all are welcome. A full schedule of events is available online at www.elycenter.org.

Sunday March 10th, meet the exhibiting artists, movement co-founders, and special guests! Sunday, 1 pm: founders Judy Norsigian and Joan Ditzion will speak in conversation with New York Times bestselling author Rachel Kauder Nalebuff; naturopathic physician, blogger, and educator Ginger Nash, ND; recently named in 2017 Forbes' 30 under 30, co-founder of Freedom Cups Vanessa Paranjoty, and Associate Professor of African American Studies at Yale University, Dr. Crystal Feimster. Sunday, 2 pm: Meet the artists and explore works throughout 9 galleries in ECOCA’s English Elizabethan-style house (built 1905) with music by D.J. That Dana Game and refreshments. Take a break with free massages until 4 pm courtesy of The Well for Women, Westville’s new wellness sanctuary offering massage therapy, wellness classes, and community.

Our Bodies Ourselves presents abstract and representational works that invite viewers to lean in. Works in a variety of media by over 70 artists range in size and include participatory installations like Megan Shaughnessy's video work replete with a custom, wearable 13.5 pound "empathy sack" (offering viewers the experience of sharing gestational weight); sound art like Nicole Gugliotti’s cascading ceramic wall works that whisper the personal, powerful stories of women in her
community, and even relational aesthetic works, integrated with the Ely Center as a home, like Nadine Nelson's Kitchen Sanctum, a participatory experiential space centered on wellness, self care, and nurturing where visitors will be invited to help cook and sample globally-inspired soothing food and potions. Follow the Ely Center online for a full list of events and offerings at www.elycenter.org, including closing party to take place Wednesday, April 10th from 5-7 pm.

The Ely Center of Contemporary Art's mission is to reaffirm Grace Ely's testamentary wishes for an art center where artists, arts organizations, and the public assemble, exchange, learn, and engage through exhibitions, performances, and emerging contemporary practice. The Our Bodies Ourselves exhibition is produced with collaborative support from the curatorial team members: Hanni Bresnick, Jeanne Criscola, Mindi Englart, Valerie Garlick, Debbie Hesse, Sophy Johnston, Aly Maderson Quinlog, Megan Shaughnessy, and Briana Williams. High resolution images are available. Please contact Valerie Garlick at valeriegarlickstudio@gmail.com for more information.