1 WHY RELIANCE?

RELIANCE is a study that compares two drugs used to treat COPD.

Today, doctors use Azithromycin and Daliresp® (Roflumilast) to help control COPD attacks and hospitalizations. Each has been proven to work.

RELIANCE wants to learn which drug works best for whom.

There are different types of people with COPD, such as current smokers and past smokers. Doctors don’t know how people’s smoking status affects their response to drug treatments.

RELIANCE is designed to answer the questions of patients and providers

Everyone involved in COPD care wants a clearer idea of which treatments work best for which type of patient, so that they can stay out of the hospital and enjoy a higher quality life.

People like you helped design RELIANCE.

RELIANCE researchers talked to patients, caregivers and clinicians to design a trial that is low-burden and fits routine care.

2 HOW RELIANCE WORKS

Everyone who joins RELIANCE has an equal chance of being prescribed Azithromycin or Daliresp® (Roflumilast).

RELIANCE uses a computer to choose which drug you are prescribed.

At the end of the study, we will compare the results from both groups. We will look for differences between past and current smokers, and between men and women. This will help us learn which drug works best for whom.

RELIANCE is for people with COPD who also:

- have chronic bronchitis
- are current or past smokers
- were recently in the hospital for a COPD attack
- need stronger treatment
- are willing to take a non steroid pill for COPD

In the future, RELIANCE could help people with COPD:

- spend more time feeling better,
- experience fewer COPD attacks,
- and spend less time in the hospital.

3 WHAT TO EXPECT IF YOU JOIN RELIANCE

At the clinic

Meet with your clinician to discuss your needs + eligibility

→

Sign a consent form

→

Your clinician prescribes Azithromycin or Daliresp

→

After the appointment

Pick up your study drug at a pharmacy (you may have a co-pay)

→

1 week later: Take a 20 minute phone survey

→

Take a 15-30 minute survey at 3 and 6 months, and every 6 months after

You and your clinician will talk to see if RELIANCE fits your needs.

If you agree to join the study, you will sign a consent form.

Your clinician does NOT choose which study drug you get. A computer chooses one of the two study drugs for you. Your clinician will write a prescription for the study drug.

RELIANCE does NOT pay for your study drug. You and your insurance company are responsible for the cost. We do provide cost-saving tips and strategies.

RELIANCE will call you in 1 week to see how you are doing. You can choose your preferred day and time for all follow-up calls.

It’s your choice: For follow-ups, you can ask our call center to call you, or say that you prefer to use the RELIANCE participant portal. You can also change your preference at any time.
The RELIANCE Call Center
1 (833) OUR-COPD  1 (833) 687-2673

Name and contact for the clinician who prescribed your RELIANCE study drug:

RELIANCE is a nationwide study designed to improve the care of people with COPD and inform the care of others in the future.

Both of the RELIANCE study drugs are...

- Commonly prescribed for COPD
- Shown in studies to decrease flare-ups from severe COPD
- Taken only once a day
- Taken in tablet form (not an inhaler)

While in RELIANCE, if you don’t respond well to your study drug, your doctor can change your treatment.

RELIANCE involves RofLumilast or Azithromycin to prevent COPD Exacerbations.