

	SULPHUR DIOXIDE	GLUTEN	FISH	MOLLUSC	CRUSTACEAN	MILK	LUPIN	CELERY	MUSTARD	EGG	NUT	PEANUT	SESAME SEEDS	SOY	GLUTEN FREE ALTERNATIVE AVAILABLE
BREAKFAST/BRUNCH															
EGG BENEDICT		WHEAT				⓪				⓪					Yes
GLUTEN FREE EGGS BENEDICT	⓪					⓪				⓪					
EGG ROYALE		WHEAT	⓪			⓪				⓪					Yes
GLUTEN FREE EGGS ROYALE	⓪		⓪			⓪				⓪					
EGG FUNGHI		WHEAT				⓪				⓪					Yes
GLUTEN FREE EGGS FUNGHI	⓪					⓪				⓪					
BACON BRIOCHE BUN		WHEAT				⓪				⓪					Yes
GLUTEN FREE BACON BUN	⓪									⓪					
SAUSAGE BRIOCHE BUN	⓪	WHEAT				⓪				⓪				⓪	
THE FULL ENGLISH	⓪	WHEAT/BARLEY				⓪				⓪				⓪	Yes
GLUTEN FREE THE FULL ENGLISH	⓪					⓪				⓪					
ADD BLACK PUDDING		WHEAT/BARLEY													
THE PORTOBELLO	⓪	WHEAT													Yes
GLUTEN FREE THE PORTOBELLO	⓪									⓪					Yes
SWAP TO GLUTEN FREE TOAST										⓪					
ADD POACHED FREE-RANGE EGGS										⓪					
ADD HASH BROWN															
SWEET POTATO & CHORIZO HASH	⓪	WHEAT/BARLEY				⓪				⓪				⓪	
SWEET POTATO, AVOCADO & FETA HASH										⓪					
TOAST STACK	⓪	WHEAT/BARLEY				⓪									Yes
GLUTEN FREE TOAST						⓪				⓪					
CHOPPED AVOCADO		WHEAT								⓪					Yes
GLUTEN FREE CHOPPED AVOCADO										⓪					
CHOPPED AVOCADO & SMOKED SALMON		WHEAT	⓪							⓪					Yes
GLUTEN FREE CHOPPED AVOCADO & SMOKED SALMON			⓪							⓪					
BAKED BEANS															
YOGHURT & BERRY COMPOTE		BARLEY/OATS				⓪								⓪	
PAIN AU CHOCOLAT		WHEAT				⓪				⓪	ALMOND			⓪	
ALMOND CROISSANT		WHEAT				⓪				⓪	ALMOND			⓪	
ALL BUTTER CROISSANT		WHEAT				⓪				⓪	ALMOND			⓪	

	SULPHUR DIOXIDE	GLUTEN	FISH	MOLLUSC	CRUSTACEAN	MILK	LUPIN	CELERY	MUSTARD	EGG	NUT	PEANUT	SESAME SEEDS	SOY	GLUTEN FREE ALTERNATIVE AVAILABLE
SANDWICHES & PUCCIA															
GRILLED VEGETABLES & GARY PUCCIA	⓪	WHEAT							⓪				⓪	⓪	
GRILLED VEGETABLES & GARY SANDWHICH	⓪	WHEAT/BARLEY							⓪				⓪		Yes
GLUTEN FREE VEGETABLES & GARY	⓪								⓪	⓪			⓪		
GRILLED CHICKEN BREAST & ROCKET PUCCIA	⓪	WHEAT				⓪			⓪					⓪	
GRILLED CHICKEN BREAST & ROCKET SANDWHICH	⓪	WHEAT/BARLEY				⓪			⓪						Yes
GLUTEN FREE CHICKEN BREAST & ROCKET	⓪					⓪			⓪	⓪				⓪	
BLT PUCCIA	⓪	WHEAT							⓪	⓪				⓪	
BLT SANDWHICH	⓪	WHEAT/BARLEY							⓪	⓪					Yes
GLUTEN FREE BLT	⓪								⓪	⓪					
HLT PUCCIA	⓪	WHEAT				⓪			⓪	⓪				⓪	
HLT SANDWHICH	⓪	WHEAT/BARLEY				⓪			⓪	⓪					Yes
GLUTEN FREE HLT	⓪					⓪			⓪	⓪					

	SULPHUR DIOXIDE	GLUTEN	FISH	MOLLUSC	CRUSTACEAN	MILK	LUPIN	CELERY	MUSTARD	EGG	NUT	PEANUT	SESAME SEEDS	SOY	GLUTEN FREE ALTERNATIVE AVAILABLE
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MINT SAUCE																		
CRANBERRY SAUCE																		
HORSERADISH SAUCE	Ⓢ						Ⓜ			Ⓢ	Ⓢ	Ⓢ						
KETCHUP & MUSTARD MAYONNAISE	Ⓢ	WHEAT							Ⓢ	Ⓢ	Ⓢ							
RED ONION CHUTNEY	Ⓢ	WHEAT																
TZATZIKI							Ⓜ											
	SULPHUR DIOXIDE	GLUTEN	FISH	MOLLUSC	CRUSTACEAN	MILK	LUPIN	CELERY	MUSTARD	EGG	NUT	PEANUT	SESAME SEEDS	SOY			GLUTEN FREE ALTERNATIVE AVAILABLE	
BURGERS																		
HOUSE BURGER	Ⓢ	WHEAT				Ⓢ		Ⓢ	Ⓢ	Ⓢ							Yes	
GLUTEN FREE HOUSE BURGER	Ⓢ					Ⓢ		Ⓢ	Ⓢ	Ⓢ							Yes	
CHICKEN BURGER	Ⓢ	WHEAT				Ⓢ		Ⓢ	Ⓢ	Ⓢ							Yes	
GLUTEN FREE CHICKEN BURGER	Ⓢ					Ⓢ		Ⓢ	Ⓢ	Ⓢ							Yes	
HALLOUMI AND PORTOBELLO MUSHROOM	Ⓢ	WHEAT				Ⓢ				Ⓢ			Ⓢ				Yes	
GLUTEN FREE HALLOUMI AND PORTOBELLO MUSHROOM	Ⓢ					Ⓢ				Ⓢ			Ⓢ				Yes	
BETROOT FALAFEL BURGER	Ⓢ	WHEAT											Ⓢ	Ⓢ			Yes	
GLUTEN FREE BETROOT FALAFEL BURGER	Ⓢ									Ⓢ			Ⓢ	Ⓢ			Yes	
	SULPHUR DIOXIDE	GLUTEN	FISH	MOLLUSC	CRUSTACEAN	MILK	LUPIN	CELERY	MUSTARD	EGG	NUT	PEANUT	SESAME SEEDS	SOY			GLUTEN FREE ALTERNATIVE AVAILABLE	
SIDES																		
HOUSE FRIES																		
GRANA PADANO, OREGANO & OLIVE OIL FRIES						Ⓢ												
SWEET POTATO FRIES	Ⓢ							Ⓢ		Ⓢ								
HOUSE SALAD	Ⓢ								Ⓢ									
TENDERSTEM BROCCOLI						Ⓢ												
ROCKET, GRANA PADANO SALAD	Ⓢ					Ⓢ			Ⓢ									
CHARGRILLED VEGETABLES AL FORNO	Ⓢ	WHEAT																Yes
CAULIFLOWER CHEESE						Ⓢ								Ⓢ				

	SULPHUR DIOXIDE	GLUTEN	FISH	MOLLUSC	CRUSTACEAN	MILK	LUPIN	CELERY	MUSTARD	EGG	NUT	PEANUT	SESAME SEEDS	SOY			GLUTEN FREE ALTERNATIVE AVAILABLE	
HOME COMFORTS																		
TWELVE HOUR ROASTED PORK BELLY	Ⓢ					Ⓢ		Ⓢ	Ⓢ									
MOROCCAN SPICED CAULIFLOWER STEAK	Ⓢ	WHEAT											Ⓢ				Yes	
FISH AND CHIPS	Ⓢ	WHEAT/BARLEY	Ⓢ			Ⓢ				Ⓢ								
PORTOBELLO MUSHROOM COTTAGE PIE	Ⓢ																	
FISH OF THE DAY																		
	SULPHUR DIOXIDE	GLUTEN	FISH	MOLLUSC	CRUSTACEAN	MILK	LUPIN	CELERY	MUSTARD	EGG	NUT	PEANUT	SESAME SEEDS	SOY			GLUTEN FREE ALTERNATIVE AVAILABLE	
SUNDAY ROASTS																		
ROAST BEEF	Ⓢ	WHEAT				Ⓢ		Ⓢ	Ⓢ	Ⓢ								
TWELVE HOUR ROASTED PORK BELLY	Ⓢ	WHEAT				Ⓢ		Ⓢ	Ⓢ	Ⓢ								
GLUTEN FREE TWELVE HOUR ROASTED PORK BELLY	Ⓢ					Ⓢ		Ⓢ	Ⓢ	Ⓢ								
LEMON & THYME ROAST CHICKEN	Ⓢ	WHEAT				Ⓢ		Ⓢ	Ⓢ	Ⓢ								Yes
GLUTEN FREE LEMON & THYME ROAST CHICKEN	Ⓢ					Ⓢ		Ⓢ	Ⓢ	Ⓢ								
PORTOBELLO MUSHROOM COTTAGE PIE	Ⓢ																	

Please see daily allergens sheet

	SULPHUR DIOXIDE	GLUTEN	FISH	MOLLUSC	CRUSTACEAN	MILK	LUPIN	CELERY	MUSTARD	EGG	NUT	PEANUT	SESAME SEEDS	SOY	GLUTEN FREE ALTERNATIVE AVAILABLE
KID'S MAINS															
CHEESE BURGER	Ⓢ	WHEAT				Ⓢ		Ⓢ	Ⓢ	Ⓢ					Yes
GLUTEN FREE CHEESE BURGER	Ⓢ					Ⓢ		Ⓢ	Ⓢ	Ⓢ					
CHICKEN BURGER	Ⓢ	WHEAT				Ⓢ		Ⓢ	Ⓢ	Ⓢ					Yes
GLUTEN FREE CHICKEN BURGER	Ⓢ					Ⓢ		Ⓢ		Ⓢ					
GRILLED HALLOUMI BURGER	Ⓢ	WHEAT				Ⓢ				Ⓢ			Ⓢ		Yes
GLUTEN FREE GRILLED HALLOUMI BURGER	Ⓢ					Ⓢ				Ⓢ			Ⓢ		
TORTIGLIONI BOLOGNESE	Ⓢ	WHEAT						Ⓢ							Yes
GLUTEN FREE TORTIGLIONI BOLOGNESE	Ⓢ							Ⓢ							
ADD GRANA MORAVIA OR GRANA PADANO TO ANY KIDS PASTA						Ⓢ									
PIZZA	Ⓢ	WHEAT				Ⓢ								Ⓢ	
ADD MUSHROOM															
ADD SALAMI															
ADD CHICKEN															
SAUSAGE AND MASH	Ⓢ	WHEAT				Ⓢ								Ⓢ	
SUPERFOOD SALAD	Ⓢ	WHEAT							Ⓢ						
COD GOUJONS	Ⓢ	WHEAT	Ⓢ			Ⓢ		Ⓢ		Ⓢ					

	SULPHUR DIOXIDE	GLUTEN	FISH	MOLLUSC	CRUSTACEAN	MILK	LUPIN	CELERY	MUSTARD	EGG	NUT	PEANUT	SESAME SEEDS	SOY	GLUTEN FREE ALTERNATIVE AVAILABLE
KID'S SUNDAY ROASTS															
GRILLED SALMON		WHEAT	Ⓢ			Ⓢ				Ⓢ					
GLUTEN FREE GRILLED SALMON			Ⓢ			Ⓢ				Ⓢ					
ROAST CHICKEN BREAST	Ⓢ	WHEAT				Ⓢ		Ⓢ		Ⓢ					
GLUTEN FREE ROAST CHICKEN BREAST	Ⓢ					Ⓢ		Ⓢ		Ⓢ					Yes
ROAST BEEF	Ⓢ	WHEAT				Ⓢ		Ⓢ	Ⓢ	Ⓢ					
PLANT BASED COTTAGE PIE	Ⓢ														
KID'S DESSERTS															
BANOFFEE SUNDAE						Ⓢ				Ⓢ				Ⓢ	
APPLE AND BERRY CRUMBLE		WHEAT/OATS				Ⓢ				Ⓢ					
CHOCOLATE BROWNIE						Ⓢ				Ⓢ				Ⓢ	
CHOCOLATE & ORANGE BLOSSOM ICE CREAM						Ⓢ									
MADAGASCAN BOURBON VANILLA ICE CREAM						Ⓢ									
ROASTED STRAWBERRY ICE CREAM						Ⓢ									
BUFFET MENUS															
MOZZARELLA BRIOCHE GARLIC BREAD		WHEAT				Ⓢ				Ⓢ					Yes

