

# **COVID-19 Preparedness Plan**

Maplebrook Soccer Board Last Updated: 11 September 2021 Version: 1 Maplebrook (MPB) is committed to providing a safe and healthy workplace for all our athletes, coaches, families, visitors, and volunteers. To ensure we have a safe and healthy program, MPB has developed the following COVID19 Preparedness Plan in response to the COVID-19 pandemic. Coaches, parents, players, and volunteers are all responsible for implementing this plan. Our goal is to mitigate the potential for transmission of COVID-19 in our programs and communities, and that requires full cooperation. Only through this cooperative effort can we establish and maintain the safety and health of all persons in our program.

An inherent risk of exposure to COVID-19 exists in any public place where people are present. By attending any MPB event, you voluntarily assume all risks related to exposure to COVID-19 and agree not to hold MPB or its officers, directors, employees, or volunteers liable for any illness or injury. While we are employing safety and sanitation procedures as recommended by the CDC and Minnesota Department of Health, where we bear responsibility, we cannot guarantee that any of these measures will completely protect you. You agree to accept all responsibility for the risk that you may contract COVID-19.

### **Section 1: Maplebrook COVID-19 Guidelines**

Policies and Procedures contained in this document are in effect for all individuals regardless of vaccination status unless otherwise noted.

PLAYERS	
MANDATORY	RECOMMENDED
<ul> <li>Face Coverings</li> <li>When entering or exiting any indoor facilities for practices, games, scrimmages, or for any other reason.</li> <li>While in common areas such as hallways, restrooms, and any area that is not considered a gym/court.</li> <li>When not actively participating in a practice, game, or scrimmage (i.e., while standing on the sideline, or sitting on the bench).</li> <li>Snacks/Drinks</li> <li>All players MUST bring their own filled water bottle, labeled with their name, to all practices, games/tournaments.</li> <li>Equipment</li> <li>Players must bring their own soccer ball to all practices.</li> <li>Social Distancing</li> <li>Team seating for games and tournaments will be spaced to allow for distancing.</li> </ul>	<ul> <li>Sanitizing</li> <li>Entering and exiting any facility.</li> <li>Before and after practices and games</li> <li>Contact</li> <li>Beyond normal game and practice interaction, refrain from high fives, handshake line, and any other physical contact with coaches, players refs, and spectators</li> </ul>



COACHES	
MANDATORY	RECOMMENDED
<ul> <li>Face Coverings</li> <li>When entering or exiting any indoor facilities for practices, games, scrimmages, or for any other reason.</li> <li>While in common areas such as hallways, restrooms, and any area that is not considered a gym/court.</li> <li>When not actively instructing players or participating in drills, small-sided games, etc. (i.e., observing drills or game action).</li> </ul>	<ul> <li>Sanitizing</li> <li>Entering and exiting any facility.</li> <li>Equipment</li> <li>Limit use of shared equipment during practices, such as soccer balls and training aids.</li> </ul>

PARENTS	
MANDATORY	RECOMMENDED
<ul> <li>Face Coverings</li> <li>Required at all times within Brooklyn Park facilities.</li> <li>Required for non-vaccinated individuals in Maple Grove facilities.</li> </ul>	<ul> <li>Sanitizing</li> <li>Entering and exiting any facility.</li> <li>Social Distancing</li> <li>Limit use of shared equipment during practices, such as soccer balls and training aids.</li> </ul>

### **SELF-SCREENING (EVERYONE ENTERING A FACILITY)**

#### **MANDATORY**

- Conduct a pre-activity self-screening before participating or attending any MPB practices/ games/tournaments. If you or your player answers yes to any, please stay home
  - Do you have a temperature of 100.4 (F) or higher?
  - Do you have a new or worsening cough?
  - Do you have any of these other symptoms?
    - Shortness of breath or difficulty breathing
    - Fatigue O Muscle or body aches
    - Headache
    - New loss of taste or smell
    - Sore throat
    - Congestion or runny nose
    - Nausea or vomiting O Diarrhea



### **Section 2: COVID-19 Positive Case and Close Contact Reporting**

It is critical that we all work together to ensure a safe environment for our program. COVID-19 positive test results must be reported quickly and thoroughly. If you or your child is feeling ill, please do not attend any MPB function and consult with your family physician regarding testing.

If your child tests positive, please use the reporting form located on the home page of maplebrooksoccer.com and notify your child's coach as well. If you are an MPB coach, please use the form to report a positive test.

- Players and coaches who test positive must refrain from MPB activities for ten (10) days from the onset of symptoms or the testing date if asymptomatic.
- Household members of the positive case must refrain from MPB activities for ten (10) days since last contact unless fully vaccinated (14 days after second dose of a two-dose vaccine, or first dose of a one-dose vaccine).
- Players and coaches cannot attend MPB activities unless/until they're allowed in ISD279/ City of Maple Grove/Brooklyn Park facilities.

Presently, parents are not required to report any close contacts to MPB. However, when MPB is notified of a positive case, each situation will be evaluated on a case-by-case basis to determine the level of risk for any MPB individual(s) or teams who may have had contact with that positive case. If another player or coach on your child's team reports a positive case, and your child is deemed to have had close contact during MPB activities, the parents will be notified, and further guidance will be offered at that time.

## Section 4: References and Resources

- Minnesota Department of Health (MDH): <a href="https://">https://</a> www.health.state.mn.us/diseases/coronavirus/ prevention.html
- City of Maple Grove COVID Info: https:// www.maplegrovemn.gov/259/Coronavirus-COVID-19
- City of Maple Grove Mask and Face Covering Policy: https://www.maplegrovemn.gov/265/ Masks-face-coverings
- Brooklyn Park Dome Covid Policy: <a href="https://">https://</a> www.brooklynpark.org/wp-content/uploads/ 2021/11/Brooklyn-Park-Sports-Dome-Updated-COVID-19-Policies-11.12.21.pdf



#### INDOOR TRAINING MASKS POLICIES

as a general rule we follow the guidlines set forth by the facility we are utlizing. Here are the policies as follows.





### **MAPLE GROVE DOME**

Athletes and coaches are not required to wear masks during activity.

All other visitors who have not been vaccinated are recommended to wear a mask.

For more info visit: maplegrovemn.gov/265/Masks-face-coverings

### PARK CENTER DOME

While kids are playing they will not be required to wear masks.

Non-active kids, coaches, and spectators they will be required to wear masks.

For more info visit: brooklynpark.org/our-facilities/dome/

