

# TURNING POINTE

school of dance







# A NOTE FROM MS. TINA

When I began Turning Pointe, I was 4 months pregnant with my oldest son. So this year, not only am I celebrating 19 years of Turning Pointe and 26 years of teaching dance, but I have a graduating senior! Now more than ever, the teachers, staff, and I are looking forward to connecting with your dancer and sharing the JOY that is found in worshipping the Lord with our whole body, soul, and spirit! Whether we have 50 students or 500 - the heart of Turning Pointe remains the same - to teach dance technique with excellence and encourage each dancer to use their gifts and talents to glorify our creative God and bless others.

Our theme for the studio this year is I AM - who we are because of who God is and the truth about our identity in Him. So many kids are basing their identity on externals - comparing themselves, looking for belonging and approval of others to validate their worth. I'm hearing a lot in our culture today about how I'm enough and how I can empower others, but the truth in His word is - I am beloved, I am known, I am a child of God, I am empowered by the Holy Spirit, I am free, I am forgiven. We want to remind students that these words are the truth about them and the truth is what God says about them... not what their progress report says, what their friends say, or what culture says.

If you are new to the studio or if I have not had the pleasure of meeting you and your dancer yet, please grab me and introduce yourself to me when you see me at the studio, at Target, at TCA, or anywhere in between! It is such a joy meeting our families both new and old and it is my joy to serve you in any way I can. Make sure you take lots of photos throughout the year and use the hashtag #turningpointeco. We love to see our dance families having fun! It is our greatest honor and privilege to serve your family and we are looking forward to partnering with you this 2022-2023 season!

- Ms. Jina -

#### CLASS CHANGE FEE

There is a Drop/Change fee of \$10 per class for any changes made after your registration is confirmed (via confirmation email from Turning Pointe). Change fees will continue throughout the season.



# SOCIAL MEDIA POLICY

Our studio policy is that teachers/staff are not allowed to be "friends" with students on social media until the student graduates. We wanted to make sure students know and feelings are not hurt because of this policy. If you want to keep up with us, follow or tag us on instagram @turningpointedancecolorado, @fidelevouthdancecompany and @starztheater. Also like our Facebook pages Turning Pointe School of Dance, STARZ Theater Company and Fidele Youth Dance Company!

# COMMUNICATION IS KEY!

We will be e-mailing the monthly newsletter to you each month and a Weekly Wednesday email. Please update your Danceworks account if you have a change in e-mail addresses during the year. You can also view the newsletter online at turningpointeschoolofdance.com! It is the parent's responsibility to view the newsletter and keep up with events going on at dance.

#### **INJURIES**

If a student has an injury, needs an accommodation in class because of injury/sickness, or cannot participate fully in class - teachers need a written note from the parent and/or doctor. If a student has an injury or ongoing illness and has seen a physician, we will need a signed release from your doctor for what they are released to do in class. We have these forms available at the front desk and on our website. Teachers need to hear from parents if there is a reason their child cannot fully participate in class (sickness, slight injury, etc.) otherwise they will not be given permission to sit out. Thank you for your help and communication! Physician Release Form

# MEDICAL/BEHAVIORAL/LEARNING CONCERNS

If your child has a medical concern or learning/behavioral accommodations, please put a note in your Turning Pointe account as soon as possible or when classes begin. Because we are in a classroom setting, this information helps us be aware, make modifications as needed, and also helps us make it a positive and uplifting experience. We love partnering with you and the more information we have, the better teachers we can be!

# OFFICE HOURS

Monday 9:30am-12:00pm and 4:00-7:30pm

Tuesday 9:30am-12:00pm and 4:00-7:30pm

Wednesday 1:00-3:00pm and 4:00-7:30pm

Thursday 9:30am-12:00pm and 4:00-7:30pm

Friday 9:30am-12:00pm and 4:00-7:30pm

**Saturday** 9:00am-12:00pm

If you need to have an extended discussion with a teacher, please make an appointment with them at

teacher.turningpointedance@gmail.com



#### TICKETS AND CANDY

For ages 6-10, tickets are given out at the end of each class for good behavior, being properly dressed, being on time, and following our 5 dance positions. Once your dancer has saved 10 tickets, they can turn them in to the front desk for a sweet treat. They can also save 100 tickets for a bigger prize - tickets from last year can be used. It is each dancer's responsibility to keep track of their tickets. Twirl students (ages 2-5) will receive a sucker for a great job each class (no tickets).

## SPIRIT BUTTONS

These buttons are new this season and dancers will want to collect them all! From You Shine buttons that teachers will give out in class, birthday buttons, and the banana splits club...dancers can collect them all and put them on their dance bags!

# STUDENT OF THE MONTH

For ages 12+ each teacher will nominate a few students each month who really demonstrate what TP is all about. Ms. Tina will choose 3 student from the nominated list. Those students will get a \$5 coffee giftcard and will be showcased in our Student of the Month post on social media!





#### 5 DANCE POSITIONS

We have 5 basic rules that we'd like for everyone to follow:

**First Position:** Attend class properly dressed and on time.

**Second Position:** No eating or chewing gum while class is being conducted...no gum in the studio or waiting rooms please! Only water bottles are allowed in the studios.

Third Position: Students are expected to behave with politeness, respect, and courtesy to teachers and peers in class and in the lobby.

Fourth Position: Parents are responsible for supervising students (and siblings) prior to and after class. Children under 11 may not be left unsupervised in the building when not in class.

**Fifth Position:** Everyone is responsible for keeping the facility clean and cleaning up after themselves.

#### TURNING POINTE T-SHIRTS AND LOGOWEAR

Order online HERE





## 2023 TURNING POINTE SENIORS

If you have a dancer that will be graduating high school in May 2023 and are a current TP student please email <u>tina@turningpointeschoolofdance.com</u> to get on the senior email list!

**SENIOR BRUNCH!** You and 1 parent/guardian are invited to our very special Senior Breakfast on **September 18th 3:00-4:00pm** at the studio! I can't wait to spend time with you, talk through senior recital info, and I have a special gift for you! Please RSVP to Tina by Sept 10th.

**SENIOR PHOTO SHOOT!** also on **September 18th at 5pm** - location and dress TBA. (must be signed up for classes for the entire 2022-23 season to participate)



#### PHYSICAL THERAPY FOR DANCERS

Dr. Allison Brown is a physical therapist of 26 years who works primarily with adolescent dancers (and their siblings, parents, grandparents, and neighbors). Her goal is always to help dancers reduce the risk of injury and know when to request assistance if an injury occurs. She came and spoke to our upper level students this summer and her points of discussion included: nutrition-hydrationsleep, movement before dance class, rolling/some stretching after dance class, a little ice is ok but contrast bath is usually better, if what you are doing is not making you better then ask for help sooner rather than later. If you have any questions FOR me, please contact me at PhysioForward.DrBrown@gmail.com. She is on the orthopedic PT team at Children's (insurance accepted) and sees patients privately as well (very low-cost sessions) if you should need a PT for injury risk reduction, pain or body troubles, post-injury, or to work on reaching your personal goals. If you'd like to see her at Children's, please contact her personally as well so she can help you navigate the waitlist system. Wishing you a great fall season!









#### SEPTEMBER OUTREACH

September is Hunger Action Month, and we've partnered with Care and Share Food Bank to help our neighbors in need! Now through October 1, bring any nonperishable food items to dance and drop them off in the Care and Share barrels located in the studio lobby. Help us serve as God's hands and feet in our local community!

### WELCOME TO DANCE PARENT MEETING

This meeting is for new and returning families - Ms. Tina will be going over our mission, helpful info, and answering questions on **September 17th 12:00pm** at the studio. Whether you've been at the studio for 10 years or are brand new, come hear about what our studio is looking forward to in this season.

#### FREE TRIAL WEEK

September 19th-24th We welcome and encourage new students to come and try a class for free during our specified trial class weeks. Email us at info@turningpointeschoolofdance.com to let us know what class you'd like to come and try! Note: class must be an open class, trial classes may not be scheduled in a closed or full class. This is a great way for you to get a feel for the studio, meet the teacher, and see what a great experience dancers will have with us! We're excited for friends to join us and see what makes our studio unique!

#### FALL DEEK WEEK

October 3rd-8th Come in the last 10 minutes of class for a peek at what we've been learning and working on in class so far! Bring your cameras for photo and video!

## DANCE REVOLUTION CONVENTION

We are hoping to take a group to the Dance Revolution Convention January 27th-29th in Chicago! We have 2 graduates who will be on tour with Ingredients Dance Company and the vision of Dance Rev is so beautiful to be a part of. If you are interested, visit their website for more information HERE

To sign up to attend, please fill out this <u>FORM</u>

# LOOKING AHEAD - RECITAL COSTUME FEE

May Recital costume fees will be due December 1st. Any costumes ordered after December 1st will have a \$10 late fee. The teachers are still in the process of deciding on costumes for each class, so we will post the exact costume fees for each class by mid October. Please make sure you plan ahead for this cost (generally between \$55-\$75 per class)!