INFINITE SKIN, 285 N El Camino Real, Suite 100, Studio 29, Ca 92024

## WAXING DO'S

Wash your skin daily to keep follicles clean and free of bacteria.

Moisturize your skin daily and straight after waxing – particularly around the bikini line - as the hair follicles are open and more susceptible to infection.

Exfoliate your skin one week after your Brazilian bikini wax with a body scrub or with an exfoliating glove or mitt 2-3 times per week.

Always shower after exercise to clear follicles of perspiration which can lead to bacterial infections.

Wear cotton or no underwear at night to allow your skin to breathe.

Prevent ingrown hairs by using an exfoliating toner or a product such as No Bump once per day after waxing.

## WAXING DON'TS

Exfoliate your skin immediately after your wax.

Exfoliate your skin every day as this dries up normal healthy oils in your skin, making it harder for hairs to come through the skin.

Use natural loofas as bacteria thrives in the natural fibers.

Apply any deodorants or perfumes until 24 hours after your wax.

Wear make-up straight after a facial wax.

Go out in the sun 24 hours prior or 24 hours after waxing.

Pick at your ingrown hairs as this may cause scarring. Book an additional 10 minutes with each appointment for a professional ingrown hair removal service.

Shave between waxing treatments as this can distort the hair growth cycle.

Exercise right after a waxing treatment.

Swim in chlorinated pools or at the beach for 24 hours after your waxing treatment.

Wear tight rubbing clothes after your wax as this may irritate the skin and cause ingrown hairs.

Wax just prior or immediately after your period as your skin is more sensitive. I'm happy to see you but it just may be a tad more uncomfortable for you.