

Letter of Recommendation - Guidelines

Greetings

_____ (Name of Applicant)

has applied to study the one year course of **Art of Contemplative Listening**: in the contemplative/evocative tradition - a short course conducted by the Spiritual Direction Formation Program of St Francis College, Milton.

We are asking for your assistance in coming to a decision about this application.

This short course actively engages mature participants in a disciplined approach to adult learning, personal and spiritual growth and the engagement in contemplative listening conversations for their own as well others spiritual development.

Please assess this person's readiness to engage in this area of study by responding to the following questions. Your comments are confidential.

1. Is the applicant reasonably aware of his/herself (i.e. feelings, moods, interior responses) and able to articulate them in a mature way?
2. Comment on the applicant's ability to function effectively in a small group.
3. Comment on the applicant's ability to receive personal feedback.
4. Comment on the giftedness of the applicant in relation to engaging in contemplative listening conversations for the good of self and others.
5. Comment on what you observe about the timing of this study for the applicant at this time in their life.
6. Do you have any concerns regarding the applicant's physical or emotional health to enter into this course?

Thank you for your assistance. Please send your responses to me on or before the closing date of **30 July 2018**. You may email **or** post your application to the addresses below.

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