

DNA Enlivenment Session Agreement



Hello!

I'm delighted that you are interested in receiving an Enliven DNA session.

The session is usually a relaxing and peaceful experience, but occasionally people experience discomfort or unwanted emotions and sensations during or after the process.

Ascension is not something that happens instantaneously because that would be too overwhelming for most of us. Also, doing this work can bring up unresolved issues from your past, even if you think you've already worked through them.

If you do experience any unwanted symptoms, often these can be resolved with practices and techniques that Tamara can share with you in additional session(s). However, you may find the need to work with a licensed therapist.

Please complete the following questions to ensure the greatest chances for your success with this experience:

_____ I understand that I may experience physical and/or emotional discomfort during or after my Enliven DNA session(s).

_____ If I experience physical and/or emotional discomfort during or after my Enliven DNA session(s), I agree to let Tamara know.

_____ I agree to reach out to a qualified medical professional, if needed, in order to address any unwanted or overwhelming symptoms that arise as a result of my Enliven DNA session.

Client Printed Name

Client signature

Tamara K. Herl

Today's date _____

Practitioner Signature