

**VITA**  
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Cornell University, Department of Psychology,  
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**EDUCATION**

2002                      Ph.D., Psychology, University of Southern California  
1995                      B.A., Psychology, California State University, Los Angeles

**CURRENT APPOINTMENTS**

2021 –                    Professor, Department of Psychology, Cornell University  
2017 –                    Professor, Department of Medicine, Division of Geriatrics and Palliative  
Medicine, Weill Cornell Medicine

**PREVIOUS APPOINTMENTS**

2021 – 2024            Director, Center for Integrative Developmental Science, Cornell University

2021 – 2024            Director, Alumni Engagement, Department of Psychology, Cornell  
University

2017 – 2021            Professor, Department of Human Development, Cornell University

2019 – 2020            Visiting Faculty, Department of Medical Social Science, Feinberg School of  
Medicine and Department of Psychology, Northwestern University

2016 – 2019            Director of Graduate Studies, Department of Human Development

2014 – 2017            Associate Professor, Division of Geriatrics and Palliative Medicine, Weill  
Cornell Medical College

2013 – 2015            Director of Undergraduate Honors Program, Department of Human  
Development

2011 – 2017            Associate Professor, Department of Human Development, Cornell University

2006 – 2011            Assistant Professor, Department of Human Development, Cornell University

2005 – 2006            Research Scientist, Department of Psychology, University of Notre Dame

2002 – 2005            Postdoctoral Fellow, Department of Psychology, University of Notre Dame

## HONORS AND AWARDS

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2024	The State University of New York (SUNY) Chancellor's Award for Excellence in Teaching
2022	Mid-Career Trajectory in Affective Science Award, Society for Affective Science
2021	Faculty Fellow for Engaged Scholarship
2021	Kaplan Family Distinguished Faculty Fellowship in Service Learning
2020	Elected Fellow, Cornell Prison Education Program
2018	Innovative Research on Aging Award, Mather Lifeways Institute on Aging
2015	Elected Fellow, Gerontological Society of America
2009	Outstanding Educator, Merrill Presidential Scholar Award, Cornell University
2008	APA Springer Early Career Award in Research on Adult Development and Aging, Division 20, Adult Development and Aging
2008	Margaret M. and Paul B. Baltes Early Career Award in Social and Behavioral Gerontology, Gerontological Society of America
2007	Bronfenbrenner Life Course Center Innovative Research Award
2002	Raymond B. Cattell Dissertation Award, Society for Multivariate Experimental Psychology
1997	Predocctoral Fellow in Neurobiology and Aging, National Institutes of Health

## FACULTY AFFILIATE

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2021 –	Cornell Center for Immunology
2020 –	Center for Aging and Policy Studies, Syracuse University
2019 –	Roper Center for Public Opinion Research
2016 –	Cornell Institute for Healthy Futures
2011 –	Cornell Population Center
2009 –	Cornell Translational Research Institute on Pain in Later Life
2008 –	Cornell Behavioral Economics and Decision Research Center
2006 –	Bronfenbrenner Center for Translational Research

## RESEARCH GRANTS

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### *External Grant Support*

2023 – 2028	Co-Investigator, “Advancing the Study of Social Isolation, Loneliness, and Cognitive Functioning in Older Adults Through the Use of Integrative Data Analysis” (1R01AG082954-01). National Institute on Aging. (PI: E. Graham)
2020 – 2022	Principal Investigator, “Feasibility of a Positive Affect Skills Intervention for Reducing Racial Disparities in Pain Management” (Cornell Roybal Center Pilot Grant: P30AG022845). National Institute on Aging.
2020 – 2022	Principal Investigator, “Positive Affect as a Source of Resilience for Adults in Chronic Pain” (RCCN Pilot Grant: U24AG058556). National Institute on Aging.

- 2020 – 2021 Co-Principal Investigator, “Advancing the Study of Loneliness and Health in Older Adults Through the Use of Integrative Data Analysis” (NIA Stress Network Pilot Grant: R24AG048024; R01AG030153). National Institute on Aging. (PI: E. K. Graham)
- 2016 – 2021 Co-Investigator, “Research Training Program in Behavioral Geriatrics” (NIA 1 T32 AG049666 01A1). National Institute on Aging. (PI: M.C. Reid)
- 2011 – 2016 Co-Principal Investigator, “Notre Dame Study of Health and Well-Being” (NIA 2 R01 AG02357-06). National Institute on Aging (PI: C. S. Bergeman)
- 2007 – 2011 Co-Principal Investigator, “Notre Dame Study of Resiliency in Later Life” (supplemental grant to NIA 1 R01 AG02357-A1-01). National Institute on Aging. (PI: C. S. Bergeman)
- 2005 – 2011 Co-Principal Investigator, “Notre Dame Study of Resiliency in Later Life” (NIA 1 R01 AG023571-A1-01). National Institute on Aging. (PI: C. S. Bergeman)
- 2007 – 2010 Principal Investigator, “Stress, Resilience, and Working Memory in Later Adulthood” (NIA R21 AG026365-01A2). National Institute on Aging.
- 2008 – 2009 Principal Investigator, “Mindfulness and Adaptation to Chronic Pain.” RAND/Hartford Foundation.
- 2007 – 2008 Principal Investigator, “Unpacking Human Resilience.” Royal Society of Arts and Sciences.
- 2002 – 2003 Principal Investigator, “Measurement Issues in Positive Psychology.” Templeton Foundation.

### ***Internal Grant Support***

- 2022 – 2023 Co-Principal Investigator, “Reconciling Sustainable and Well-Being Enhancing Behaviors Through Human-Centered Design: A Mixed Methods Investigation of Young Adults’ Daily Practices of Technology Use.” (co-PI: Jay Yoon). Cornell Human Ecology Sustainability Research Award.
- 2022 – 2023 Co-Principal Investigator, “An Integrated Research Program to Support Caregivers of Older Adults with Dementia.” (co-PIs: Sara Czaja, Karl Pillemer, Cary Reid, & Judith Moskowitz). Cornell Office of Academic Integration.
- 2021 – 2022 Co-Principal Investigator, “Reducing the Adverse Effects of Prenatal Maternal Stress on Child Neurodevelopment in a Low-Income African American Sample.” (co-PIs: Barbara Strupp & Richard Canfield). Cornell Center for Social Sciences (CSSS).
- 2020 – 2021 Principal Investigator, “Social Isolation, Loneliness, and Prosociality During COVID-19.” Cornell Center for Social Sciences (CSSS).
- 2020 – 2021 Principal Investigator, “Positive Psychology, Inside (Prison) & Out.” Engaged Cornell Curriculum Grant. College of Human Ecology.

- 2016 – 2017 Principal Investigator, “Positive Affect and Chronic Pain: A Systematic Review and Meta-Analysis.” Cornell Translational Research Institute for Pain in Later Life.
- 2013 – 2014 Principal Investigator, “A Pilot Study of Fragile Positive Emotions in Older Adults with Chronic Pain.” Cornell Translational Research Institute for Pain in Later Life.
- 2012 – 2013 Co-Principal Investigator, “The 4<sup>th</sup> Annual Urie Bronfenbrenner Conference: New Developments in Aging, Emotion, and Health” Cornell Institute for Social Sciences.
- 2010 – 2011 Principal Investigator, “Chronic Pain and Adult HPA-Axis Function.” Cornell Translational Research Institute for Pain in Later Life.
- 2007 – 2008 Principal Investigator, “Positive Emotions and Resilience in Later Life.” Bronfenbrenner Life Course Center.
- 2007 – 2008 Principal Investigator, “Adaptation to Chronic Pain: A Daily Process Analysis.” Cornell Institute for Translational Research.
- 2007 – 2008 Principal Investigator, “Chronic Pain, Stress, and Resilience in Later Adulthood.” Cornell Institute for Social Sciences.
- 2007 – 2008 Principal Investigator, “Daily Stress and Adaptation in Later Life.” University of Notre Dame Institute for Scholarship in the Liberal Arts.

### ***Grant Consulting***

- 2008 – 2010 Consultant, “Defining Latino Intercultural Competence and Its Relationship to Depression” (R21 MH077735-1A2; PI: L. Torres). National Institute of Mental Health.
- 2003 – 2004 Consultant, “Longitudinal Investigation of Ethnic Identity” (R01 NIGMS-01; PI: J. Phinney). National Institute of General Medical Sciences

### **SELECTED PUBLICATIONS**

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(†) signifies former trainee co-author, (\*) signifies current trainee co-author

†Cintron, D. W. & Ong, A. D. (in press). Trajectories of affective well-being and survival in middle-aged and older adults. *Emotion*.

Graham, E. K., Beck, E. D., Jackson, K., Yoneda, T., McGhee, C., Pieramici, L., Atherton, O. E., Luo, J., Willroth, E. C., Steptoe, A., Mroczek, D. K., & Ong, A. D. (in press). Do we become more lonely with age? A coordinated data analysis of nine longitudinal studies. *Psychological Science*.

Ong, A. D., †Cintron, D. W., & †Fuligni, A. L. (in press). Engagement with nature and proinflammatory biology. *Brain Behavior and Immunity*.

- Rush, J., Ong, A. D., Piazza, J. R., Charles, S. T., & Almeida, D. M. (in press). Too little, too much, and 'just right': Exploring the 'goldilocks zone' of daily stress reactivity. *Emotion*.
- †Selçuk, E., Gunaydin, G., Ascigil, E., Bayraktaroglu, D., & Ong, D. (in press). My partner really gets me: Affective reactivity to partner stress predicts greater relationship quality in new couples. *Journal of Personality and Social Psychology*.
- Hobbs, W. R., & Ong, A. D. (2023). For living well, behaviors and circumstances matter just as much as psychological traits. *Proceedings of the National Academy of Sciences*, *120*, 1-12.
- Jackson, K. L., Luo, J., Willroth, E. C., Ong, A. D., James, B. D., Bennett, D. A., Wilson, R., Mroczek, D. K., & Graham, E. K. (2023). Associations between loneliness and cognitive resilience to neuropathology in older adults. *Journal of Gerontology: Psychological Sciences*, *78*, 939-947.
- Ong, A. D., †Cerrada, C. J., †Ja, N., †Lee, R. A., & †Tan, A. (2023). Racial uplifts and the Asian American experience. *American Psychologist*
- Ernst, M., Werner, A. M., Niederer, D., Czaja, S. J., Mikton, C., Ong, A. D., Rose, T., Brähler, E., & Beutel, M. E. (2022). Loneliness before and after the outbreak of the COVID-19 pandemic: A systematic review with meta-analysis. *American Psychologist*, *77*, 660-677.
- Ong, A. D., & Leger, K. (2022). Advancing the study of resilience to daily stressors. *Perspectives on Psychological Science*, *17*, 1591-1603.
- Ong, A. D., †Urganci, B., Burrow, A. L., & DeHart, T. (2022). The relational wear and tear of everyday racism among African American couples. *Psychological Science*, *33*, 1187-1198.
- Ong, A. D. (2021). Racial incivility and in everyday life: A conceptual framework for linking process, person, and context. *Perspectives on Psychological Science*, *16*, 1060-1074.
- Cuevas, A., Ong, A. D., Carvalho, K., Ho, T., Chan, S. W., Allen, J., Chen, R., Rodgers, J., Biba, U., & Williams, D. (2020). Discrimination and systemic inflammation: A critical review and synthesis. *Brain, Behavior, and Immunity*, *89*, 465-479.
- Ong, A. D., & Steptoe, A. (2020). Association of positive affect instability with all-cause mortality in older adults in England. *JAMA Network Open*. doi:10.1001/jamanetworkopen.2020.7725.
- Ong, A. D., Thoemmes, F., Ratner, K., Ghezzi-Kopel, K., & Reid, M. C. (2020). Positive affect and chronic pain: A preregistered systematic review and meta-analysis. *PAIN®*, *151*, 1140-1149.
- Willroth, E. C., Ong, A. D., Graham, E., & Mroczek, D. (2020). Being happy and becoming happier as independent predictors of physical health and mortality. *Psychosomatic Medicine*, *82*, 650-657.
- Stanton, S. C., †Selçuk, E., Farrell, A. K., Slatcher, R. B., & Ong, A. D. (2019). Perceived partner responsiveness, daily negative affect reactivity, and all-cause mortality: A 20-year longitudinal study. *Psychosomatic Medicine*, *81*, 7-15.
- Ong, A. D., Benson, L. Zautra, A., & Ram, N. (2018). Emodiversity and biomarkers of inflammation. *Emotion*, *18*, 3-14.

- Ong, A. D., & Burrow, A. L. (2018). Affective reactivity to daily racial discrimination as a prospective predictor of depressive symptoms in African American graduate and post-graduate students. *Development and Psychopathology, 30*, 1649-1659.
- Ong, A. D., Zautra, A., & Finan, P. H. (2017). Inter- and intra-individual variation in emotional complexity: Methodological considerations and theoretical implications. *Current Opinion in Behavioral Sciences, 15*, 22-26.
- Ong, A. D., †Kim, S., Young, S., & Steptoe, A. (2017). Positive affect and sleep: A systematic review. *Sleep Medicine Reviews, 35*, 21-32.
- Ong, A. D., & Ram, N. (2017). Fragile and enduring positive affect: Implications for adaptive aging. *Gerontology, 26*, 263-269.
- Sin, N. L., Ong, A. D., Stawski, R. S., & Almeida, D. M. (2017). Daily positive events and diurnal cortisol rhythms: Examination of between-person differences and within-person variation. *Psychoneuroendocrinology, 83*, 91-100.
- Ong, A. D., Uchino, B., & Wethington, E. (2016). Loneliness and health in older adults: A mini-review and synthesis. *Gerontology, 62*, 443-449.
- Sin, N. L., Graham-Engeland, J. E., Ong, A. D., & Almeida, D. M. (2015). Affective reactivity to daily stressors is associated with inflammation. *Health Psychology, 34*, 1154-1165.
- Slatcher, R. B., Selçuk, E., & Ong, A. D. (2015). Perceived partner responsiveness predicts diurnal cortisol profiles 10 years later. *Psychological Science, 26*, 972-982.
- Ong, A. D., Burrow, A. L., Fuller-Rowell, T. E., Ja, N., & Sue, D. W. (2013). Racial microaggressions and daily well-being among Asian Americans. *Journal of Counseling Psychology, 60*, 188-199.
- Ong, A. D., †Exner-Cortens, D., †Riffin, C., Steptoe, A., Zautra, A., & Almeida, D. (2013). Linking stable and dynamic features of positive affect to sleep. *Annals of Behavioral Medicine, 46*, 52-61.
- †Selçuk, E., & Ong, A. D. (2013). Perceived partner responsiveness moderates the association between received emotional support and all-cause mortality. *Health Psychology, 32*, 231-235.
- †Fuller-Rowell, T. E., Evans, G. W., & Ong, A. D. (2012). Poverty and health: The mediating role of perceived discrimination. *Psychological Science, 23*, 734-739.
- Ong, A. D., †Rothstein, J. D., & Uchino, B. N. (2012). Loneliness accentuates age differences in cardiovascular responses to social evaluative threat. *Psychology and Aging, 27*, 190-198.
- †Fuller-Rowell, T. E., Burrow, A. L., & Ong, A. D. (2011). Changes in racial identity among African American college students following the election of Barack Obama. *Developmental Psychology, 47*, 1608-1618.
- Ong, A. D., †Fuller-Rowell, T., Bonanno, G. A., & Almeida, D. (2011). Spousal loss predicts alterations in diurnal cortisol activity through prospective changes in positive emotion. *Health Psychology, 30*, 220-227.
- Ong, A. D. (2010). Pathways linking positive emotion and health in later life. *Current Directions in Psychological Science, 19*, 358-362.

- Ong, A. D., †Fuller-Rowell, T., & Bonanno, G. A. (2010). Prospective predictors of positive emotions following spousal loss. *Psychology and Aging, 25*, 653-660.
- Ong, A. D., Zautra, A. J., & Reid, M. C. (2010). Psychological resilience predicts decreases in pain catastrophizing through positive emotions. *Psychology and Aging, 25*, 516-523.
- Ong, A. D., Bergeman, C. S., & Boker, S. M. (2009). Resilience comes of age: Defining features in later adulthood. *Journal of Personality, 77*, 1777-1804.
- Ong, A. D., †Fuller-Rowell, T., & Burrow, A. L. (2009). Racial discrimination and the stress process. *Journal of Personality and Social Psychology, 96*, 1259-1271.
- Phinney, J. S., & Ong, A. D. (2007). Conceptualization and measurement of ethnic identity: Current status and future directions. *Journal of Counseling Psychology, 54*, 271-281.
- Ong, A. D., Bergeman, C. S., Bisconti, T. L., & Wallace, K. A. (2006). Psychological resilience, positive emotions, and successful adaptation to stress in later life. *Journal of Personality and Social Psychology, 91*, 730-749.
- Ong, A. D., & Allaire, J. (2005). Cardiovascular intraindividual variability in later life: The influence of social connectedness and positive emotions. *Psychology and Aging, 20*, 476-485.
- Ong, A. D., & Bergeman, C. S. (2004). The complexity of emotions in later life. *Journal of Gerontology: Psychological Sciences, 59B*, P55-60.
- Ong, A. D., & Weiss, D. J. (2000). The impact of anonymity on responses to sensitive questions. *Journal of Applied Social Psychology, 30*, 1691-1708.
- Phinney, J. S., Ong, A. D., & Madden, T. (2000). Cultural values and intergenerational value discrepancies in immigrant and non-immigrant families. *Child Development, 71*, 528-539.

## ALL PUBLICATIONS

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### *Journal Articles*

- †Cintron, D. W. & Ong, A. D. (in press). Trajectories of affective well-being and survival in middle-aged and older adults. *Emotion*.
- Graham, E. K., Beck, E. D., Jackson, K., Yoneda, T., McGhee, C., Pieramici, L., Atherton, O. E., Luo, J., Willroth, E. C., Steptoe, A., Mroczek, D. K., & Ong, A. D. (in press). Do we become more lonely with age? A coordinated data analysis of nine longitudinal studies. *Psychological Science*.
- Jenkins, B. N., Ong, L. Q., Ong, A. D., Lee, H., & Boehm, J. K. (in press). Mean affect moderates the association between affect variability and mental health. *Affective Science*.
- Ong, A. D., †Cintron, D. W., & †Fuligni, A. L. (in press). Engagement with nature and proinflammatory biology. *Brain Behavior and Immunity*.
- Ong, A. D., & Lee, S. (in press). Variety in pleasant activities is associated with improved mental health: Evidence from two national samples of U.S. adults. *Affective Science*.

- Ong, A. D., Graham, E. K., Jackson, K., Atherton, O. E., Luo, J., Willroth, E. C., Beck, E. D., Yoneda, T., Cintron, D. W., Mroczek, D. K., & Steptoe, A. (in press). Associations between generativity and social asymmetry among older adults in Japan. *Journal of Gerontology: Psychological Sciences*.
- Ong, A. D., †Wilcox, K. T., Moskowitz, J. T., Wethington, E., Addington, E. L., Sanni, M., Kim, P., & Reid, M. C. (in press). Feasibility, acceptability, and preliminary efficacy of a positive affect skills intervention for adults with Fibromyalgia. *Innovation in Aging*.
- Rush, J., Ong, A. D., Piazza, J. R., Charles, S. T., & Almeida, D. M. (in press). Too little, too much, and 'just right': Exploring the 'goldilocks zone' of daily stress reactivity. *Emotion*.
- †Selçuk, E., Gunaydin, G., Ascigil, E., Bayraktaroglu, D., & Ong, D. (in press). My partner really gets me: Affective reactivity to partner stress predicts greater relationship quality in new couples. *Journal of Personality and Social Psychology*.
- Hobbs, W. R., & Ong, A. D. (2023). For living well, behaviors and circumstances matter just as much as psychological traits. *Proceedings of the National Academy of Sciences*, 120, 1-12.
- Jackson, K. L., Luo, J., Willroth, E. C., Ong, A. D., James, B. D., Bennett, D. A., Wilson, R., Mroczek, D. K., & Graham, E. K. (2023). Associations between loneliness and cognitive resilience to neuropathology in older adults. *Journal of Gerontology: Psychological Sciences*, 78, 939-947.
- Jenkins, B. N., Ong, L. Q., Lee, H., Ong, A. D., & Boehm, J. K. (2023). Affect variability and physical Health: The moderating role of mean affect. *Applied Psychology: Health and Well-Being*, 15, 1637-1655.
- Ong, A. D., †Cerrada, C. J., †Ja, N., †Lee, R. A., & †Tan, A. (2023). Racial uplifts and the Asian American experience. *American Psychologist*
- Ong, A. D., \*Liu, Z., & \*Cintron, D. W. (2023). Five challenges for hope and resilience research. *Current Opinion in Psychology*.
- †Fuller-Rowell, T. E., Nichols, O. I., El-Sheikh, M., Burrow, A. L., Ong, A. D., & Ryff, C. D. (2022). The pandemic and social experience. For whom did discrimination and social isolation increase? *Culture Diversity and Ethnic Minority Psychology*.
- Ong, A. D., Moskowitz, J. T., Wethington, E., Addington, E. L., Sanni, M., \*Goktas, S., Sluys, E., Swong, S., Kim, P., & Reid, M. C. (2022). Lessons in Affect Regulation to Keep Stress and Pain Under control (LARKSPUR): Design of a randomized controlled trial to increase positive affect in middle-aged and older adults with fibromyalgia. *Contemporary Clinical Trials*.
- †Urganci, B., Ong, A. D., Burrow, A. L., & DeHart, T. (2022). Linking mean level and variability in affect to changes in perceived regard: A dyadic longitudinal burst study of African American couples. *Journal of Social and Personal Relationships*.
- Ong, A. D., & Leger, K. (2022). Advancing the study of resilience to daily stressors. *Perspectives on Psychological Science*, 17, 1591-1603.



- Ong, A. D., †Urganci, B., Burrow, A. L., & DeHart, T. (2022). The relational wear and tear of everyday racism among African American couples. *Psychological Science*, *33*, 1187-1198.
- Ernst, M., Werner, A. M., Niederer, D., Czaja, S. J., Mikton, C., Ong, A. D., Rose, T., Brähler, E., & Beutel, M. E. (2022). Loneliness before and after the outbreak of the COVID-19 pandemic: A systematic review with meta-analysis. *American Psychologist*, *77*, 660-677.
- Klaiber, P., Wen, J. H., Ong, A. D., Almeida, D. M., & Sin, N. (2022). Personality differences in the occurrence and affective correlates of daily positive events. *Journal of Personality*, *90*, 441-456.
- Ong, A. D. (2021). Racial incivility and in everyday life: A conceptual framework for linking process, person, and context. *Perspectives on Psychological Science*, *16*, 1060-1074.
- Ong, A. D., \*Goktas, S., & Reid, M. C. (2021). More than hurt feelings: The wear and tear of day-to-day discrimination in adults with chronic pain. *Pain Medicine*.
- †Fuller-Rowell, T. E., Nichols, O. I., Burrow, A. L., Ong, A. D., Chae, D. H., & El Sheikh, M. (2021). Day-to-day fluctuations in experiences of discrimination: Associations with sleep and the moderating role of internalized racism among African American college students. *Cultural Diversity and Ethnic Minority Psychology*, *27*, 107-117.
- Puccetti, N., van Reekum, C., Ong, A. D., Almeida, D., Ryff, C., Davidson, R. J., & Heller, A. (2021). Linking amygdala persistence to real-world emotional experience and psychological well-being. *Journal of Neuroscience*, *41*, 3721-3730.
- Ascigil, E., †Selçuk, E., Gunaydin, G., & Ong, A. D. (2020). Integrating models of marital functioning to understand the mental health consequences of the Great Recession. *Journal of Social and Personal Relationships*, *37*, 2118-2185.
- Cuevas, A., Ong, A. D., Carvalho, K., Ho, T., Chan, S. W., Allen, J., Chen, R., Rodgers, J., Biba, U., & Williams, D. (2020). Discrimination and systemic inflammation: A critical review and synthesis. *Brain, Behavior, and Immunity*, *89*, 465-479.
- Ong, A. D., & Steptoe, A. (2020). Association of positive affect instability with all-cause mortality in older adults in England. *JAMA Network Open*. doi:10.1001/jamanetworkopen.2020.7725.
- Ong, A. D., Thoemmes, F., Ratner, K., Ghezzi-Kopel, K., & Reid, M. C. (2020). Positive affect and chronic pain: A preregistered systematic review and meta-analysis. *PAIN®*, *151*, 1140-1149.
- Ong, A. D., \*Gardner, S., \*Urganci, B., Günaydin, G., and †Selçuk, E. (2020). Affective reactivity, resting heart rate variability, and marital quality: A 10-year longitudinal study of U.S. adults. *Journal of Family Psychology*, *34*, 375-382.
- Spreng, N. R., Dimas, E., Mwilambwe-Tshilobo, L., Dagher, A., Koellinger, P., Nave, G., Ong, A. D., Kernbach, J., Wiecki, T., Ge, T., Li, Y., Holmes, A. J., Yeo, B. T., Turner, G. R., Dunbar, R. I., & Bzdok, D. (2020). The default network of the human brain underlies perceived social isolation. *Nature Communications*, *11*, 6293.
- Willroth, E. C., Ong, A. D., Graham, E. & Mroczek, D. (2020). Being happy and becoming happier as independent predictors of physical health and mortality. *Psychosomatic Medicine*, *82*, 650-657.

- Ong, A. D., & Williams, D. R. (2019). Lifetime discrimination, global sleep quality, and inflammation burden in a multiethnic sample of middle-aged adults. *Cultural Diversity and Ethnic Minority Psychology, 25*, 82-90. [Special section, "Understanding, Unpacking and Eliminating Health Disparities"].
- Stanton, S. C., †Selçuk, E., Farrell, A. K., Slatcher, R. B., & Ong, A. D. (2019). Perceived partner responsiveness, daily negative affect reactivity, and all-cause mortality: A 20-year longitudinal study. *Psychosomatic Medicine, 81*, 7-15.
- Wells, N. W., Rollings, K. A., Ong, A. D., & Reid, M. C. (2019). Nearby nature buffers the pain catastrophizing – pain intensity relation among urban residents with chronic pain. *Frontiers in Built Environment, 5*, 1-13.
- Bayraktaroglu, D., Günaydin, G., †Selçuk, E., & Ong, A. D. (2018). A daily diary investigation of the link between television watching and positive affect. *Journal of Happiness Studies, 20*, 1-13.
- Benson, L., Ram, N., Almeida, D., Zautra, A., & Ong, A. D. (2018). Fusing biodiversity metrics into investigations of daily life and healthy aging: Illustrations and recommendations with emodiversity. *Journal of Gerontology: Psychological Sciences, 73*, 74-86.
- Ong, A. D., Benson, L., Zautra, A., & Ram, N. (2018). Emodiversity and biomarkers of inflammation. *Emotion, 18*, 3-14.
- Ong, A. D., & Burrow, A. L. (2018). Affective reactivity to daily racial discrimination as a prospective predictor of depressive symptoms in African American graduate and post-graduate students. *Development and Psychopathology, 30*, 1649-1659.
- Tasfiliz, D., †Selçuk, E., Günaydin, G., Slatcher, R. B., Corriero, E. F., & Ong, A. D. (2018). Patterns of perceived partner responsiveness and well-being in Japan and the United States. *Journal of Family Psychology, 32*, 335-365.
- Ong, A. D., & Burrow, A. (2017). Microaggressions and daily experience: Depicting life as it is lived. *Perspectives on Psychological Science, 12*, 173-175.
- Ong, A. D., \*Cerrada, C., \*Lee, R., & Williams, D. R. (2017). Stigma consciousness, racial microaggressions, and sleep disturbance among Asian Americans. *Asian American Journal of Psychology, 8*, 72-81. [Special section, "Moving Beyond the Model Minority"].
- Ong, A. D., †Kim, S., Young, S., & Steptoe, A. (2017). Positive affect and sleep: A systematic review. *Sleep Medicine Reviews, 35*, 21-32.
- Ong, A. D., & Ram, N. (2017). Fragile and enduring positive affect: Implications for adaptive aging. *Gerontology, 26*, 263-269.
- Ong, A. D., Williams, D. R., \*Ujuonu, N., & Gruenewald, T. (2017). Everyday unfair treatment and multisystem biological dysregulation in African-American adults. *Cultural Diversity and Ethnic Minority Psychology, 23*, 27-35. [Special section, "Culture and Biology Interplay"].
- Ong, A. D., Zautra, A., & Finan, P. H. (2017). Inter- and intra-individual variation in emotional complexity: Methodological considerations and theoretical implications. *Current Opinion in Behavioral Sciences, 15*, 22-26. [Special section, "Mixed Emotions: Theory, Method, and Applications"].

- †Selçuk, E., Stanton, S. C., Slatcher, R., & Ong, A. D., (2017). Perceived partner responsiveness predicts better sleep quality through lower anxiety. *Social Psychological and Personality Science*, 8, 83-92.
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- Ong, A. D., & Zautra, A. J. (2024, forthcoming). *Stress, Emotions, and Health* (2<sup>nd</sup> ed.). Oxford University Press
- Ong, A. D., & Löeickenhoff, C. L. (Eds.). (2016). *Emotion, Aging, and Health*. Washington, DC: American Psychological Association.
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## Chapters

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### ***Entries/Reviews***

- Ong, A. D. & Reid, M. C. (2021). Resilience: Measures and models. In D. Gu & M. E. Dupre (Eds.), *Encyclopedia of gerontology and population aging*. Springer.
- Ong, A. D., & Cammarata, C. (2020). Resilience theory of, not just the trait dimension. In B. J. Carducci (Ed.), *The Wiley-Blackwell encyclopedia of personality and individual differences* (pp. 357-362). Wiley-Blackwell Publishing.
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- Merluzzi, T. V., & Ong, A. D. (2008). Psychological well-being. In F. Leong (Ed.). *Encyclopedia of counseling psychology*. (pp. 361-362). Thousand Oaks, CA: Sage Publications.
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- Bergeman, C. S., & Ong, A. D. (2006). Behavioral genetics. In J. E. Birren (Ed.), *Encyclopedia of gerontology*, (2<sup>nd</sup> Ed., pp. 149-159). Elsevier.
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## PRESENTATIONS & TALKS

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### *Keynotes*

- Ong, A. D. (2023). *Positive emotions as risk and resilience. Implications for health aging*, October 27. Center for Lifespan Developmental Science. Friedrich-Schiller University, Jena.
- Ong, A. D. (2022). *Positive emotions, biological processes, and health*. Network on Emotional Well-Being: Science, Practice, and Measurement, October 25.
- Ong, A. D. (2022). *Psychological resilience: More than a metaphor?* Overview of the Resilience World – State of Science. National Institute on Aging (NIA), October 12.
- Ong, A. D. (2022). *Fragile positive emotions: Implications for well-being and health*. Positive emotions preference. Society for Affective Science (SAS). Online, March 30.

### *Workshops*

- Cintron, D., & Ong, A. D. (2024). *Social asymmetry and physical health in the United States and Japan*. MIDUS Network Meeting. University of Wisconsin-Madison: May. 29.
- Mann, F., Cuevas, A., Ong, A. D., Corley, S., Freilich, C., Markon, K., Clouston, S., & Krueger, R. (2024). *Racial disparities in cognitive health and mild cognitive impairment: Effects of income, education, and discrimination in the MIDUS study*. MIDUS Network Meeting. University of Wisconsin-Madison: May. 29.
- Ong, A. D., & Mann, F. (2024). *Cumulative social advantage: A hierarchical assessment of social support dimensions predicting health and mortality*. MIDUS Network Meeting. University of Wisconsin-Madison: May. 29.
- Cintron, D., & Ong, A. D. (2023). *Motivating the study of intersectional flourishing: Explorations in natural language use*. MIDUS Network Meeting. University of Wisconsin-Madison: May. 24.

- Rush, J., Ong, A. D., Charles, S., Piazza, J., & Almeida. (2023). Too little, too much, and 'just right': Exploring the 'goldilocks zone' of daily stress reactivity. MIDUS Network Meeting. University of Wisconsin-Madison: May. 23.
- Hobbs, W. &, Ong, A. D. (2021). *Descriptive well-being*. MIDUS Network Meeting. University of Wisconsin-Madison: Oct. 18.
- Ong, A. D. (2019). *What personalities bounce back from illness?* Resilience and Reserve in Aging, NIA Research Centers Collaborative Network (RCCN). Austin: November 13.
- Ong, A. D. (2019). *Fragile positive affect and systemic inflammation*. MIDUS Network Meeting. University of Wisconsin-Madison: May 14.
- Ong, A. D. (2018). *Resilience comes of age*. Resource Centers on Minority Aging Research. National Institute on Aging (NIA), Boston: November 14.
- Ong, A. D. (2017). *Fragile and enduring forms of positive emotions*. MIDUS Network Meeting. University of Wisconsin-Madison: May 11.
- Ong, A. D. (2017). *Vantage sensitivity and biological susceptibility to purpose in life*. Purpose in a Diverse Society Conference. Washington University in St. Louis: October 28.
- Ong, A. D., & Zautra, A. (2015). *Affective complexity: Implications for health and well-being*. "Mixed Emoticon." An interdisciplinary conference on mixed emotions: Theory, methods and applications. University of Michigan Institute for Social Research, Ann Arbor: Oct. 24.
- Ong, A. D. (2009). *Positive emotions, resilience, and pain catastrophizing*. RAND/Hartford Geriatric Interdisciplinary Research Center, Arlington, VA: June. 19.
- Ong, A. D. (2008). *Mindfulness, positive emotions and adaptation to chronic pain*. RAND/Hartford Career Development Institute: March 17.
- Ong, A. D. (2006). *Toward an integrated taxonomy of positive human health: Hedonic and eudaimonic perspectives*. New Directions in the Study of Happiness, Notre Dame, Oct. 22.

### **Conference Presentations / Proceedings**

- Ong, A. D. (2024). *Positive emotions as a source of resilience in later life*. 47<sup>th</sup> Annual Gerontology Conference, Oregon State University, May 31.
- Ong, A. D. (2024). *Capture dynamic processes at the interface of race, ethnicity, and culture: Lessons from affective science*. Society for Affective Science. New Orleans, LA: March 2.
- Beck, E. D., Ong, A. D., & Graham, E. K. (2023). *Alone together: Social isolation and loneliness in the time of COVID-19*. Gerontological Society of America, Tampa, FL.
- Jackson, K., Yoneda, T., Luo, J., Mroczek, D., Ong, A. D., Steptoe, A., & Graham, E. K. (2023). *My loneliness is killing me: A coordinated analysis of the associations between loneliness, social isolation, and the cognitive healthspan*. Gerontological Society of America, Tampa, FL.
- Zhang, G., Lee, D., Li, Y., & Ong, A. D., (2023). *Integrating dynamic factor analysis across multiple individuals*. Society of Multivariate Experimental Psychology, Iowa City, IA.

- Ong, A. D., (2023). *Dynamic positive emotional processes underlying vulnerability and resilience across the adult lifespan*. Association for Psychological Science, Washington DC.
- Cintron, D. W. & Ong, A.D. (2023). *Advancing the study of intersectionality and flourishing through natural language use*. American Psychosomatic Society, San Juan, PR.
- Beck, E. D., Ong, A. D., & Graham, E. K. (2023). *Alone together: Social isolation and loneliness in the time of COVID-19*. The Society for Personality and Social Psychology, Atlanta, GA.
- Jackson, K., Willroth, E.C., Luo, J., Graham, E.K., Antic, M., Lopes, M., Ong, A. D., Spiro, A., Mroczek, D.K., & Lee, L.O. (2022). *Early life stressor exposure, adulthood affective reactivity to daily stressors, and mortality*. Gerontological Society of America, Indianapolis, IN.
- Jackson, K., Wilroth, E., Luo, J., James, B., Ong, A. D., Bennet, D., Mroczek, D., & Graham, E. (2022). *Associations between loneliness and cognitive resilience to neuropathy in older adults*. Gerontological Society of America (GSA). Indianapolis, IN..
- Rush, J., Ong, A. D., Piazza, J., Charles, S., & Almeida, D. (2022). *Nonlinear associations of daily stress reactivity with health and well-being*. Gerontological Society of America, Indianapolis, IN.
- Reid, C. M., Ong, A. D., Moskowitz, J., Sanni, M., Kim, P. Wethington, E., Addington, E., & Sluys, E. (2022). *A pilot randomized clinical trial to promote positive affect in patients with fibromyalgia*. Gerontological Society of America, Indianapolis, IN.
- Willroth, E.C., Luo, J., Graham, E.K., Antic, M., Lopes, M., Ong, A.D., Spiro, A., Mroczek, D.K., & Lee, L.O. (2022). *Early life stressor exposure, adulthood affective reactivity to daily stressors, and mortality*. Gerontological Society of America, Indianapolis, IN.
- Gruenewald, T. L., Standridge, N., Tadros, C., Dinn, B., Zahn, D., & Ong, A. D. (2021). *Politicized prevention? Frequency of COVID-19 prevention behavior varies as a function of political orientation and perceived threat*. Gerontological Society of America (GSA).
- Ong, A. D., & Lee, S. (2021). *Variety in positive experience and mental health: Evidence from two national surveys of U.S. Adults*. Gerontological Society of America (GSA). Online: Nov. 10.
- Ong, A. D., Graham, E. K., Jackson, K. K., Beck, E. D., Luo, J., Atherton, O. E., Wilroth, E. C., & Mroczek, D. (2021). *Advancing the study of loneliness and health in older adults through the use of integrative data analysis*. Gerontological Society of America (GSA). Online: Nov. 11.
- Ong, A. D. (2019). *COVID-19 and psychological changes: Results from the National Health and Aging Trends Study (NHATS)*. Discussant. Gerontological Society of America (GSA).
- Benson, L., & Ong, A. D. (2020). *Positive emotion diversity buffers the association between stress and depressive symptoms*. Gerontological Society of America (GSA). Online: Nov. 4.
- Gruenewald, T. L., Zahn, D., & Ong, A. D. (2020). *Age variations in perceived COVID-19 threats, negative impacts, and associations with well-being*. Gerontological Society of America (GSA).
- Gruenewald, T. L., Ong, A. D., Zahn, D., Standridge, N., & Bonham, E. (2020). *Less of the good life: Do variations in positive life experiences contribute to socioeconomic disparities in health?* American Psychosomatic Society. Online: March 12.

- Urganci, B., Ong, A. D., Burrow, A.L., & DeHart, T. (2020). *Affective reactivity to daily discrimination as a predictor of relationship quality among African American couples*. Paper to be presented at International Association for Relationship Research Conference, London, UK.
- Urganci, B., Ong, A. D., Gunaydin, G. & Selcuk, E. (2020). *Intimacy processes among fledgling couples in a non-WEIRD sample*. Poster presented at the annual meeting of the Society for Social and Personality Psychology, New Orleans
- Bastarache, E. D., Grham, E. K., Estabrook, R., Ong, A. D., Piccinin, A., Hofer, S. Spiro, III, A., & Mroczek, D. K. (2019). *Trajectories of positive and negative affect: A coordinated analysis of 11 longitudinal samples*. Gerontological Society of America (GSA), Austin: Nov. 16.
- Ong, A. D. (2019). *Characterizing the pathways underlying the association between psychological well-being and health*. Discussant. Gerontological Society of America (GSA), Austin: Nov. 17.
- Ong, A. D., Ram, N., Roque, N., & Koval, P. (2019). *Dynamics of positive affect regulation and health*. International College of Psychosomatic Medicine, Florence, Italy: September 11.
- Ong, A. D., Mroczek, D., Ram, N., Sin, N., & Almeida, D. (2019). *Positive affect as a heterogeneous construct*. World Personality Conference, Hanoi, Vietnam: April 3.
- Ong, A. D., & Urganci, B. (2019). *Sustained partner responsiveness and adult cognitive function*. International Convention of Psychological Science, Paris, France: March 8.
- Roque, N., Ram, N., Ong, A. D. (2019). Predicting health outcomes from time series features of affect dynamics: A machine learning approach. *Psychotherapy and Psychosomatics*, 88, 110-110
- Ong, A. D. (2018). *Steeling effects and adaptive aging*. Discussant. Gerontological Society of America (GSA), Boston: Nov. 16.
- Ong, A. D. (2018). *Vagally-mediated heart rate variability, affective reactivity and marital quality*. International Association for Relationship Research (IARR), Colorado State University, July 13.
- Sin, N. L., Gruenewald, T., Ong, A. D., Almeida, D. M, & Charles, S. (2017). *Age differences in exposure and emotional responses to daily positive events*. IAGG World Congress of Gerontology and Geriatrics, San Francisco: July 24.
- Ong, A. D., Benson, L., Ram, N., & Zautra, A. (2016). *Probing the biological substrates of emotion diversity using intensive longitudinal data*. Positive Emotions Preconference, The Society for Affective Science, Chicago: March 17.
- Sin, N. L., Ong, Ong, A. D., Stawski, R. S., & Almeida, D. M. (2016). *Daily positive events, daily stressors, and diurnal cortisol rhythms: Examination of between-person and within-person variation*. American Psychosomatic Society, Denver: March 9.
- Selçuk, E., Ong, Ong, A. D., Slatcher, R., Günaydın, G., & Almeida, D. M. (2016). *The role of partner responsiveness in psychological and physiological well-being. Findings from a 10-year longitudinal study*. Society for Personality and Social Psychology. San Diego: Jan. 30.
- Benson, L., Ram, N., Almeida, D., Zautra, A., Conroy, D., Pincus, & Ong, A. D. (2015). *Fusing biodiversity, emotion, and biomarkers into intensive longitudinal investigations of healthy aging*. GSA, Orlando: Nov. 20.

- Turiano, N. A., Bastarache, E. D., Graham, E. K., Mroczek, D. K., Gruenewald, T. & Ong, A. D. (2015). *The Big 5 personality traits and allostatic load in the Midlife in the US Study (MIDUS)*. American Psychosomatic Society. Savannah: March 18.
- Ong, A. D. (2014). *Bereavement and the health significance of positive emotions*. Positive Emotions Preconference, The Society for Affective Science, Washington DC: April 24.
- Ong, A. D. (2014). *Positive affect, health, and well-being*. Discussant. GSA, DC: Nov. 9.
- Ong, A. D. (2014). *Intergenerational ambivalence: New conceptual and measurement approaches*. Discussant. GSA, DC: Nov. 7.
- Ong, A. D., Fuller-Rowell, T., Zautra, A., & Almeida, D. (2013). *Who benefits from positive experiences? Exploring affect reactivity to daily stressors as a potential marker of vantage sensitivity*. Gerontological Society of America (GSA), New Orleans: Nov. 22.
- Ong, A. D., & Bonanno, G. (2013). *Effects of positive emotions on cortisol stress responses following spousal loss*. American Psychological Association (APA), Honolulu: Aug. 4.
- Ong, A. D., Rothstein, J., & Uchino, B. (2011). *Loneliness accentuates age differences in cardiovascular responses to social evaluative threat*. GSA, Boston: Nov. 21.
- Ong, A. D., Exner-Cortens, D., Riffin, C., Zautra, A., Steptoe, A., & Almeida, D. (2011). *Fragile positive emotions and sleep*. GSA, Boston: Nov. 19.
- Ong, A. D. (2010). *The relationship between positive and negative affect: From controversy to integration*. Chair. Association of Psychological Science: May 19.
- Ong, A. D. (2009). *The value of positive emotions in later life*. Margaret M. and Paul B. Baltes Early Career Award lecture presented at the GSA, Atlanta, GA: Nov. 21.
- Ong, A. D. (2008). *Stress, resilience, and the dynamics of emotional complexity*. Association for Psychological Sciences (APS), San Francisco, CA: May. 22.
- Ong, A. D. (2008). *Positive emotions and the resilience cascade*. GSA, Washington DC: Nov. 20.
- Ong, A. D. (2008). *The Notre Dame study of health and well-being*. Discussant. GSA: Nov. 20.
- Ong, A. D. (2008). *The complexity of emotions in later life*. GSA, Washington DC: Nov. 21.
- Ong, A. D. (2008). *Positive emotions as a basic building block of resilience in later adulthood*. GSA, Washington DC: Nov. 22.
- Ong, A. D., Fuller-Rowell, T., & Phinney, J. S. (2008). *Latent growth modeling of ethnic identity exploration and commitment in Latino college students*. SRA Meeting, Chicago: March 7.
- Ong, A. D., Bergeman, C. S., & Bisconti, T. L. (2006). *When losses lead to gains: Positive emotions and the recovery of resilience in later adulthood*. GSA, Dallas: Nov. 20.
- Ong, A. D., Chow, S., & Bergeman, C. S. (2006). *The dynamics of emotional complexity in later life*. GSA, Dallas: Nov. 21.
- Ong, A. D., & Chow, S. M., Fujita, F., & Bergeman, C. S. (2005). *Examining the dynamic linkages between positive and negative affect using a coupled oscillators model*. APS, LA: May 28.

### ***Public lectures / Discussions***

Ong, A. D. (2022). *How to be deliriously miserable. Lessons from the science of well-being*. College of Human Ecology Alumni. Cornell University, April 8.

Ong, A. D. (2021). *What good are positive emotions? Investigating the seeds of human flourishing and resilience*. Cornell Prison Education Program, April 7.

Ong, A. D. (2020). *Social isolation, loneliness, and health in the time of COVID*. Cornell Institute for Health Futures, October 23.

Ong, A. D. (2019). *Living a fulfilled life*. Cornell Bethe House, April 10.

Ong, A. D. (2018). *Four puzzles of happiness*. Auburn Correctional Facility, February 13.

Ong, A. D. (2015). *Things that make us deliriously happy*. Cornell Minds Matter, March 18.

### ***Invited Colloquia***

Center for Lifespan Developmental Science. Friedrich-Schiller University, Jena, 2023

Sabanci University, Turkey. Department of Psychology, 2022

University of British Columbia, Department of Psychology, 2021

Northwestern University, Department of Medical Social Sciences, 2021

University of California, San Francisco, Aging Metabolism Emotions Center, 2021

Harvard University, Harvard T.H. Chan School of Public Health, 2020

University of California, Los Angeles, Department of Psychology, 2020

Northwestern University, Department of Human Development and Social Policy, 2019

University of Notre Dame, Department of Psychology, 2019

Bilkent University, Ankara, Turkey, Department of Psychology, 2018

Northwestern University, Department of Medical Social Sciences, 2018

Claremont McKenna College, Department of Psychology, 2018

Arizona State University, Department of Psychology, 2016

University of California, Irvine, Department of Psychology and Social Behavior, 2015

Penn State University, Department of Human Development and Family Studies, 2011

University of North Carolina, Chapel Hill, Department of Psychology, 2011

Weill Cornell Medical College, Division of Geriatric Psychiatry, 2009

RAND/Hartford Geriatric Interdisciplinary Research Center, 2008

State University of New York, Buffalo, Department of Counseling Psychology, 2008

North Dakota State University, Department of Psychology, 2006

University of Minnesota, Institute of Child Development, 2005

Purdue University, Department of Human Development and Family Studies, 2003

University of Kansas, Department of Psychology, 2002

University of Georgia, Department of Child and Family Development, 2002

North Carolina State University, Department of Psychology, 2002

Max Planck Institute for Human Development, 2002

University of Southern California, Department of Psychology, 2001

## PROFESSIONAL ORGANIZATIONS

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American Psychological Association (2007 - present)  
Association of Psychological Science (2009 - present)  
Society for Research on Adolescence (2010 - present)  
Gerontological Society of America (2006 - present)

## EDITORIAL SERVICE

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Associate Editor, *Applied Psychology: Health and Well-being* (2008 - 2014)  
Consulting Editor, *Health Psychology* (2023 - )  
Consulting Editor, *Affective Science* (2021 - )  
Consulting Editor, *Cultural Diversity and Ethnic Minority Psychology* (2015 - 2020)  
Consulting Editor, *Asian American Journal of Psychology* (2015 - )  
Consulting Editor, *Journal of Positive Psychology* (2007 - )  
Guest Editor, *Journal of Adolescence* (2006 - 2007)  
Guest Editor, *Emotion* (2016 - 2017)  
Guest Editor, *Developmental Review* (2020 - 2021)

## FEDERAL ADVISORY COMMITTEES & AD HOC GRANT REVIEWING

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Member, Our Epidemic of Loneliness and Social Isolation: The U.S. Surgeon General's Advisory on the Healing Effects of Social Connection and Community, Scientific Advisory Board, 2023  
Member, Advancing Psychological & Biobehavioral Approaches to Improve Emotional Well-Being, Scientific Advisory Board, NIH, 2021

Member, Resiliency Strengthening Interventions for Vulnerable Populations, Technical Expert Panel, U.S. Department of Health and Human Services, 2020  
Ad Hoc Grant Reviewer, Risk, Prevention and Health Behavior Integrative Review Group, NIH, 2021  
Ad Hoc Grant Reviewer, Risk, Prevention and Health Behavior Integrative Review Group, NIH, 2020  
Ad Hoc Grant Reviewer, Risk Prevention and Social Development, NIH, 2019  
Ad hoc Grant Reviewer, Stress and Resilience: Health Disparities, National Institute on Aging, 2016  
Ad Hoc Grant Reviewer, Israel Binational Science Foundation, 2019  
Ad hoc Grant Reviewer, Stress and Resilience: Health Disparities, National Institute on Aging, 2016  
Member, Fundamental Mechanisms of Affective and Decisional Processes in Cancer Control, Special Emphasis Panel, National Cancer Institute, 2015  
Ad hoc Member, Biobehavioral Mechanisms of Emotion, Stress and Health (MESH) Study Section, National Institute of Health, 2014  
Ad Hoc Grant Reviewer, Israel Science Foundation, 2013  
Ad hoc Grant Reviewer, Secondary Data Analyses and Archiving of Social and Behavioral Datasets in Aging, National Institute on Aging, 2012  
Ad Hoc Grant Reviewer, Research Council of The Netherlands, 2012

## PROFESSIONAL WORKSHOPS

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Participant, *Improving Ecological Assessments of Stress*, Stress Measurement Network, NIA  
Co-organized, 4<sup>th</sup> Biennial Urie Bronfenbrenner Conference (Emotions, Aging, & Health), Cornell  
Participant, *Stress Measurement Network Meeting*, NIA  
Participant, *Emotion and Stress Workshop*, NCI  
Participant, *Translational Research Institute on Pain in Later Life*, Weill Cornell Medical College  
Participant, *IPSR-NIA Workshop on Aging*, University of California, Berkeley  
Participant, *Summer Biomarker Institute*, Northwestern University  
Participant, *Modeling Diary and Dyadic Data*, University of Massachusetts, Amherst  
Participant, *Summer Institute on Advanced Longitudinal Data Analysis*, Oregon State University,  
Participant, *Social Structures, Aging, and Self-Regulation in the Elderly*, Penn State University  
Participant, *Summer Research on Aging*, National Institute on Aging  
Participant, *Dynamic Systems Workshop, Notre Dame Series on Quantitative Methodology*  
Participant, *Aging Workshop, Notre Dame Series on Quantitative Methodology*  
Participant, *Longitudinal Data Analysis Workshop, UCLA Advanced Methods Institute*

## DEPARTMENT SERVICE

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Co-Chair, External Chair Search Committee, Department of Psychology (2024)  
Director, Alumni Engagement, Psychology (2022-present)  
Chair, Faculty Search Committee, Human Development (2017-2018) (2018-2019) (2020-2021)  
Open Faculty Search Committee, Human Development (2007 - 2008), (2010 - 2011)  
Graduate Admissions Committee, Human Development (2007 - 2008), (2009 - 2012), (2016 - 2019)  
Graduate Review Committee, Human Development (2009 - 2011), (2012 - 2014), (2016 - 2019)  
Executive Committee, Human Development (2011 - 2014), (2016 - 2019)  
Director of Undergraduate Honors Program, Human Development (2013 - present)  
Director of Graduate Studies, Human Development (2016 - 2019)

## COLLEGE & UNIVERSITY SERVICE

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Bronfenbrenner Life Course Center Steering Committee (2007 - 2009)  
Cornell Institute for Translational Research on Aging Colloquium Committee (2007 - 2009)  
Department Faculty Representative, Human Ecology Dean Search (2008 - 2009)  
Faculty Representative, Advisory Council to the Dean, College of Human Ecology (2011-2014)  
Interim Director, Cornell Human Ecology Gerontology Minor Program (2015)  
Committee on Academic Status, College of Human Ecology (2013 - 2016)  
Academic Integrity Hearing Board, College of Human Ecology (2013 - )  
Member, Cornell Endorsement Committee for Rhodes, Marshall, & Keasbey Scholarship (2015 - )  
Member, Cornell Roybal Center Advisory Board (2015 - )  
Member, Advisor Board, Cornell Community-Engaged Learning (2020 - )  
Member, Faculty Grievance Committee (2022 - )  
Cornell Faculty Fellow, Bethe House (2006 - 2007)  
Cornell Faculty Fellow, Gothics House (2007 - 2009)  
Cornell Faculty Fellow, Donlon House (2010 - 2013)



## TEACHING

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Positive Psychology: Inside (Prison) and Out (undergraduate level)  
 Science of Well-Being (undergraduate level)  
 Midlife Development (upper-level undergraduate)  
 Stress, Emotions, & Health (advanced undergraduate)  
 Senior Honor Thesis (senior-year undergraduate seminar)  
 Psychology of Emotion (graduate and undergraduate levels)  
 Foundations in Developmental Science (advanced graduate level)  
 Hierarchical Linear Modeling (advanced graduate level)

## MENTORING

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(†) signifies supervised, (\*) signifies co-supervised

<i>Current Postdoctoral Associates Supervised</i>	<i>Degree</i>	<i>Date Received</i>
†Kenneth Wilcox	Ph.D.	2022
†Dakota Cintron	Ph.D.	2020

<i>Current Graduate Students Supervised</i>	<i>Degree</i>	<i>Date Expected</i>
†Selin Goktas	Ph.D.	2024
†Xi Cheng	M.A.	2024

<i>Graduate Students Supervised / Current Position</i>	<i>Degree</i>	<i>Date Received</i>
†Betul Urganci	Ph.D.	2022
†Thomas Fuller-Rowell, Ph.D. Associate Professor, Auburn University	Ph.D.	2009
*Sarah Hertzog, Ph.D. Research Associate, John Templeton Foundation	Ph.D.	2010
*Emre Selçuk, Ph.D. Associate Professor, Middle East Technical University	Ph.D.	2012
*Zhana Vrangalova, Ph.D. Adjunct Professor, New York University	Ph.D.	2013
*Deinera Exner-Cortens, Ph.D. Postdoctoral fellow, Centre for Prevention Science in London	Ph.D.	2013
*Catherine Riffin, Ph.D. Postdoctoral fellow, Yale University	Ph.D.	2015
*Joshua Rutt, Ph.D. Postdoctoral fellow, University of Zürich	Ph.D.	2015

<i>Undergraduate &amp; Masters Current Position</i>	<i>Degree</i>	<i>Date Received</i>
Wendy Viola Doctoral student, Portland State University	B.A.	2009
Christian Cerrada Doctoral student, University of Southern California	B.A.	2010
Erica Schonman National Human Genome Research Institute	B.A.	2010
Rebecca Lee U.S. Department of Health & Human Services	B.A.	2010
Kate Bubrick Doctoral student, Brown University	B.A.	2010
Liza Rubenstein Doctoral student, Temple University	B.A.	2010
Jessica Bemis Research Associate, National Institute of Mental Health	B.A.	2010
Jeremy Rothstein Doctoral student, Yale University	B.A.	2010
Kristen Sellers University of North Carolina School of Medicine	B.A.	2011
Lauren Cecilio U.S. Census Bureau	B.A.	2011
Eugeni Lehembre-Shia Columbia Medical School	B.A.	2012
Emily Bastarache Doctoral student, Northwestern University	B.A.	2014
Sara Kim Doctoral student, University of Notre Dame	B.A.	2016
Saarang Deshpande Case Western Reserve University School of Medicine	B.A.	2017
Taylor Standiford University of Michigan, Ann Arbor School of Medicine	B.A.	2017
Samuel Gardner Doctoral student, Syracuse University	M.A.	2018
Emily Miller Doctoral student, University of Wisconsin-Madison	M.A.	2019

<b><i>Undergraduate Students Supervised with Honors</i></b>	<b><i>Degree</i></b>	<b><i>Date Received</i></b>
Charlotte Aronin <i>HD Outstanding Senior</i>	B.A.	2009
Emily Bastarache <i>CHE Summer Stipend, Urie Bronfenbrenner Award Henry Ricciuti Award</i>	B.A.	2014
Rachel Bloom <i>HD Outstanding Senior</i>	B.A.	2009
Jessica Bemis <i>HD Outstanding Senior</i>	B.A.	2009
Lindsey Fox <i>HD Outstanding Senior</i>	B.A.	2008
Lindsay McAleer <i>SUNY Chancellor Award</i>	B.A.	2008
Anna Ng <i>HD Outstanding Senior</i>	B.A.	2008
Jeremy Rothstein <i>HD Outstanding Senior</i>	B.A.	2010
Margarita Rozenshteyn <i>Urie Bronfenbrenner Award</i>	B.A.	2012
Liza Rubenstein <i>HD Outstanding Senior</i>	B.A.	2011
Taylor Standiford <i>CHE Summer Stipend Henry Ricciuti Award HE College Valedictorian</i>	B.A.	2016
Anne Whitehouse <i>Merrill Presidential Scholar HE College Valedictorian</i>	B.A.	2009
Angie Yucht <i>HD Outstanding Senior</i>	B.A.	2011
Cory Shaffer <i>HD Outstanding Senior</i>	B.A.	2010

## AD HOC JOURNAL REVIEWER

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*Affective Science*  
*American Psychologist*  
*Annals of Behavioral Medicine*  
*Asian American Journal of Psychology*  
*Assessment*  
*Biological Psychiatry*  
*British Journal of Medicine*  
*Child Development*  
*Clinical Psychological Science*  
*Cognition & Emotion*  
*Cultural Diversity & Ethnic Minority Psychology*  
*Current Directions in Psychological Science*  
*Developmental Psychology*  
*Developmental Review*  
*Emotion*  
*Frontiers in Psychology: Emotion Science*  
*Frontiers in Psychology: Personality & Social Psychology*  
*Gerontology*  
*Health Psychology*  
*Health Psychology Review*  
*International Journal of Geriatric Psychiatry*  
*JAMA: Internal Medicine*  
*Journal of the American Medical Directors Association*  
*Journal of Adolescence*  
*Journal of Adolescent Research*  
*Journal of Affective Disorders*  
*Journal of Applied Psychology: Health & Well-Being*  
*Journal of Child Psychology & Psychiatry*  
*Journal of Gerontology: Psychological Sciences*  
*Journal of Happiness Studies*  
*Journal of Personality*  
*Journal of Personality & Social Psychology*  
*Journal of Personality Assessment*  
*Journal of Positive Psychology*  
*Journal of Psychosomatic Research*  
*Journal of Social & Clinical Psychology*  
*Journal of Traumatic Stress*  
*Journal of Youth Adolescence*  
*Nature Human Behavior*  
*Neuroscience and Biobehavioral Reviews*

*PAIN*  
*Pain Medicine*  
*Personality & Social Psychology Bulletin*  
*Personality and Social Psychology Review*  
*Perspectives in Psychological Science*  
*PLOS ONE*  
*PNAS*  
*Psychological Assessment*  
*Psychological Bulletin*  
*Psychological Review*  
*Psychological Methods*  
*Psychology and Aging*  
*Psychology of Addictive Behaviors*  
*Psychoneuroendocrinology*  
*Psychosomatic Medicine*  
*Review of General Psychology*  
*Self & Identity*  
*Social & Personality Psychology*  
*Social Cognition*  
*Social Psychological & Personality*  
*Social Science & Medicine*