Pick up edamame with chopsticks and make a circle with 5 edamame in the designated space. If you finish making five circles, keep making circles in the white space.

CHALLENGER NAME: ____________________________
STATE/CITY: ____________________________
CATEGORY
☐ KidsLearner  ☐ KidsExpert
☐ TeenLearner  ☐ TeenExpert
☐ AdultLearner  ☐ AdultExpert
SCORE

*Expert = Grew up using chopsticks  **Learner = Did not use chopsticks growing up

HOW MANY EDAMAME CAN YOU PICK UP in 1 MIN?

1. Place edamame below this line
2. Set for 1 min timer
3. Pick up & move edamame with chopsticks

Take a photo of this sheet after your challenge to share your score!

SHARE YOUR SCORE!
Share your photo/movie with #EdamameChamp #Score and tag us!

LEARN!
Visit our website to learn about soy and healthy eating through Japanese cuisine!

DONATE!
Text “EDAMAME” to 443-21 to support food education if you enjoyed!

Facebook: @tablefor2  Instagram/Twitter/TikTok: @tablefor2_usa
For more info www.wa-shokuiku.org/edamamechamp

TABLE FOR TWO