Dear Parents and Caregivers,

As Term 2 draws to an end (Friday 26th June), I wanted to take this opportunity to again thank all members of our school community for the way in which you have worked together for the benefit of our students during this challenging season that has been brought about by COVID-19. While it has not yet fully passed, it has been wonderful to have the students back at school for what ended up being most of the term, and while most of our usual Term 2 co-curricular activities were cancelled or postponed, it has meant more time for the students to spend on their learning in other areas.

While some Term 3 events have also now been cancelled, including Zone and State Athletics Carnivals, we are hoping that we will be able to resume other activities in Term 3, including holding a School Athletics Carnival or similar event, resuming Puckapunyals and having our annual Grandparents and Special Friends’ Day. Further details will be provided next term as restrictions are, hopefully, eased further. With regards to the easing of restrictions, I hope that having more freedom these holidays will create opportunities to enjoy memorable times.

There is a time for everything, and a season for every activity under the heavens:

Ecclesiastes 3:1

Surely Your goodness and love will follow me all the days of my life, and I will dwell in the house of the Lord forever.

Psalm 23: 6
As I will be on Leave today (Friday 19th June) and next Monday (22nd June), please direct all matters to Mrs Chapman (Junior School) and Mr Wharton (Middle School) and they will contact me if necessary. Finally, I am hoping to be able to announce to the school community on Friday 26th June (the last day of Term 2) that construction of Stage 2 of our Middle / Senior School Development will begin during the upcoming holidays. Everything is in place to be able to do so, should the Carinya Board decide at next Thursday’s (25th June) Board Meeting, to proceed.

Warm regards,

[Signature]

Chad Kentwell
If you’ve tried to walk through the Junior School playground recently, you would have noticed that skipping is the new ‘exciting thing’ for students to do. Some classes have been skipping in Physical Education (PE) as a response to COVID-19 restrictions on physical contact. There’s quite a bit of coordination that goes into manoeuvring the rope, and timing a jump to match the ground strike. An easy starter for children is to gently run and to move the rope under their running stride. From there it’s a hop, skip and a jump (pun intended) to skipping on the spot.

Classes have also been having a go at jumping in the long ropes and have rhymes like ‘Teddy Bear, Teddy Bear’ to help them keep the beat, and include extra actions. Double-Dutch skipping is the next level, with two long ropes being spun at the same time!

Needless to say, skipping is an excellent activity for children to learn as it builds both physical fitness and coordination skills. If your child is enjoying skipping at the moment, there is a small mountain of tricks that they can learn, all you need to do is Google ‘jump rope tricks’. They could also try adding skipping tricks to a song or setting challenges like ‘how long can they jump without catching the rope’. I’ve heard some students doing this with the alphabet! Like they say, ‘everything old is new again’.
The past couple of weeks have been a roller coaster ride for the Year 5 class, with lots of ups and downs that have brought out the students’ true resilience. We are determined and highly motivated to end this term on a positive note.

In English, the students had the opportunity to think creatively while producing poetry of a high standard. They thoroughly enjoyed a variety of poems each week, demonstrating the ability to identify various poetic features in any given poem. The students were introduced to an anthology of poetry written by Dorothea Mackellar. They then took on the challenge to create their own version of Australia as the “beloved country”.

In Science, students have been having fun studying the topics of Electricity and Magnetism. Setting up practical hands-on workstations around the Science Laboratory has been wonderful! The Year 5 class had to design and build their own individual electrical circuits as an assessment task, and I am proud to say that the end results were cleverly presented.

In Music, Miss Moss has been working diligently with the students to teach them how to play the piano. They have demonstrated improvement in both their theoretical knowledge and practical skills, and this was reflected in their individual performances. They also furthered their knowledge of musical concepts while studying the music of different cultures, such as Latin America and the lively rhythm of the Pacific Islands.

Mrs Prinsloo and Miss Moss
YEAR 6

As Term 2 draws to a close, we wish everybody a safe, enjoyable break. It has been very gratifying to see our Year 6 students work so diligently through the disruptions earlier in the term and they can now look forward to a well-earned rest.

In English this week, we paused to review the many poems we’ve had the chance to read and study this term. A few students were quite surprised to realise how many poems we had covered, and how much we had learned about the use of specific language techniques. Not only has the collection been extensive in numbers, but it has also been broad in variety, with poems from the simplest to the very sophisticated. Interestingly, it has often been the ‘hardest’ poems students have enjoyed the most and I think this says something positive about their enthusiasm to learn. Students have also (mostly) had fun writing their own poems. This week they are writing a ‘euphemism poem’, practising their best responsibility-avoiding excuses. Perhaps you should ask to read your child’s effort - you might recognise a line or two...

Recently in Mathematics, Mrs Wirth has been covering concepts of area, shape and symmetry. It has been lovely to see the students applying their knowledge and skills in very practical, hands-on ways. Amongst other activities, they have been designing floor plans and creating symmetrical artworks. They’ll be finishing with Volume and Capacity and a little Probability before the end of the term.

In Science, the class is finishing its Digital Technology unit, Game Time. Many students were able to successfully create a working game using Scratch block coding for their final project. We also focused on aspects of planning and organisation using flow charts and storyboards. We paused briefly to consider advances in A.I. and are finishing off the term by having some fun with further work on Scratch.

Thanks to parents and siblings who were grilled recently by their child about intimate aspects of their fitness, diet and general health for PDHPE. I can assure you that your kids maintained your anonymity when submitting their survey sheets... so no judgement! As part of the project, they had to respond to your information by writing a short profile on each of their participants and give them some advice about where they could improve. If you were quizzed, you should definitely ask to see their advice to you. You might even find you can give some of the advice straight back!

Mr Chapman
As the days become cooler, the learning is certainly heating up in Year 7!

In Pastoral Care, students are collecting bottle caps as part of their thinking about sustainability for our current unit in English, and how we can be faithful stewards of God’s Creation. Thanks to our students and their families, we almost have a whole box full! The plan is to then create a sustainable artwork as a class using all of the lids.

In English, students have begun working on their essays on the set novel, Trash by Andy Mulligan. They were introduced to the analytical writing topic via a McDonald’s cheeseburger, so no doubt it will be memorable.

In History, students have been undertaking their studies of Ancient Egypt. They had an opportunity to recreate some recreational game activities played by Egyptian children.

In Music, Mrs Ferguson has been conducting quite the performance with students and their ‘Just Brass’ instruments.
As we draw near to the conclusion of this term, a lot has been happening in Year 8. We have been considering some of Jesus’ parables this term during Pastoral Care and they have provoked some interesting thoughts and discussion. We will finish with the Parable of the Lost Son next week - or are there two lost sons?

In their learning, students have ranged over content from working conditions in developing countries during Geography, including some fieldwork on items of clothing sold here in Australia, to investigating renewable and non-renewable resources and minerals in Science. They have considered some of the wider issues of globalisation and agriculture in Technology and had some hands-on experience in the kitchen using farm produce.

From Mathematics to Mandarin, they have explored ancient concepts of measurement and modern methods of calculating with fractions, decimals and percentages. They have enjoyed learning games and hobbies such as Ping Pong and a Chinese version of hacky sack, as well as trying Tai Chi. Miss Moss reports a lot of improvement in their listening and reading skills over the term.

In English, the class are putting together their final response to the film/novel study from this term on Karate Kid and The Outsiders.

If you would like to take a look at some artwork from Middle School you can visit Mrs Cattana’s online gallery at this link: https://cattanat.myportfolio.com/

It has been an interesting term as we encountered a different learning experience with COVID-19, but very pleasing to see the Year 8 students focus on all the opportunities they have for learning, thinking and growing together here at Carinya, into thoughtful, compassionate global citizens.
2020
at a glance

CALENDAR
Term Two

JUNE
18th Junior School Parent Teacher Interviews
26th Term Two Concludes

CALENDAR
Term Three

JULY
13th - 17th Curriculum Week / Staff Development
20th Term 3 Commences
30th Middle School Parent / Teacher Interviews

AUGUST
6th Secondary Zone Athletics (cancelled)
7th Primary Zone Athletics (cancelled)
11th Year 9 2021 Information Night
14th CSSA Primary State Athletics (cancelled)
15th - 23rd Science Week
20th CSSA Secondary State Athletics (cancelled)

SEPTEMBER
6th Fathers’ Day
8th Year 7 2021 Information Night
22nd Year 7 Immunisations
25th Grandparents and Special Friends’ Day
   Term 3 Concludes

TERM DATES
2020

Term One 28th of January - 3rd of April
Term Two 27th of April - 26th of June
Term Three 20th of July - 25th of September
Term Four 12th of October - 8th of December

TERM DATES
2021

Term One 27th January - 26th March
Term Two 19th April - 18th June
Term Three 12th July - 17th September
Term Four 5th October - 7th December
My name is Melanie Cappellin and I am Carinya Christian School’s new Chaplain. I work in this capacity on Thursdays and Fridays and my role as the Chaplain is to focus on, encourage and promote wellbeing within our school community, including the children, staff and families within our school. If you require an ear to listen, referral to outside services, guidance or prayer, I welcome and encourage you to come and see me or even send me an email to make time to catch up for a casual, friendly, safe space to talk. My email address is: cappellinm@carinya.nsw.edu.au. I will be located in the Jarrah 1 Meeting Room in the Middle School on Thursdays and in the Learning Support Room on Fridays, which is located in the hall kitchen area. During the school’s recess and lunch breaks I am out and about in the playgrounds getting to know your children better and building safe relationships to enable them to feel happier, comfortable and safe at school. My future goal is to implement programs, organise community groups and support the children, staff and families within our school community.

ONLINE GAMING
Mel Cappellin | School Chaplain

Online games can be very enjoyable, educational and help with many skills such as problem solving, multi tasking and social skills. However, it is also important to be aware of the negative impacts of online gaming. We want to educate young people to manage and make good choices when it comes to playing online games. It helps if we as parents / caregivers also have some knowledge about the internet and online games.

One very common and frequent conversation that comes up is: I think my child spends too much time gaming and how do I know when it is too much? The games my child plays are not age appropriate!

The following information is from the eSafety Commissioner, which anyone can access. If you require more information, help and / or strategies in keeping your family safe with online interactions, visit: https://www.esafety.gov.au/

As a parent or caregiver, you are the best person to talk with your child about what games are okay for them to play. Some games contain strong, realistic, graphic violence. This violence may upset, harm or disturb young children because they are not developmentally ready to be exposed to it.
Having an interest in your child’s video gaming can help you decide if the games they are playing are suitable for them. Ask your child what games they are playing or watch them while they play. Even better, play a game with them. Ask them questions like, ‘What is the game about?’ and ‘Why would you like to play it?’ Understanding their motivations will help you identify alternatives to unsuitable games if necessary.

Before downloading or buying a game for your child, do some research to decide if it’s ok for your child. Visit https://www.classification.gov.au/ to check the game’s rating, read reviews and talk to other parents and caregivers.

The eSafety Commissioner suggests there is no known set number or set hours that are appropriate for online gaming. However, they do suggest that if you notice it starts to have a negative impact on your child or your family it may be time to put some measures in place to make positive changes. Some of the signs to look for are as follows:
*Less interested in social activities like meeting friends or playing sport;
*Not doing so well at school;
*Anger outbursts when asked to take a break from the game;
*Tiredness, sleep disturbances, headaches or eye strains.

The eSafety Commissioner also offers information on how to achieve a healthy balance between online and offline activities, as well as advice on instigating the changes in your household. Some suggestions are:
*Where possible, avoid limiting online time as a punishment as this approach may inflate its importance to the child;
*Include positive things outside the online world in your conversations, such as what they love in life, careers they are interested in and new hobbies;
*Keep an eye on the games, apps and devices your child uses. Chat with your child regularly and help them stay aware of how much time they are spending on different online and offline activities;
*Involve your child in creating a family plan for leisure and entertainment time that balances time spent sitting in front of screens – including time online and watching TV – and a variety of offline activities;
*Work out a plan together. Young people are more likely to respond to rules they have contributed to and see as being fair and consistent. As well as agreed age-based time limits, the plan could include rules about what websites can be visited and online games can be played. It could also include control of access to the internet or devices, perhaps with daily passwords revealed once family time, homework and chores are complete.

I hope this has been helpful and if you have any ideas or discussion points you would like me to address in future chat articles, please contact me on cappellinm@carinya.nsw.edu.au
SCHOOL PHOTOS

School Photos were taken on the 15th and 17th of June by Montage Fotos. They will be ready in six to eight weeks (before the end of July).

MUSIC

Mrs Sandra Clark from the Gunnedah Conservatorium is once again available for individual piano, classical guitar and voice lessons during school hours in 2020. If you would like Mrs Clark to teach your child, registration is through the Gunnedah Conservatorium.

Gunnedah Conservatorium
PO Box 121
Gunnedah NSW 2380
Ph: (02) 6742 3998
Email: enquiries@gunnedahconservatorium.co

UNIFORM SHOP

Uniform Shop operating hours for Term 2:
Monday | 2pm - 4pm | The Auditorium

For uniform orders and inquiries please contact:
Mrs Katie Cook | Uniform Shop Manager
Ph: 6762 0970  Email: cookk@carinya.nsw.edu.au

Uniform Shop operating hours for holidays:

Gunnedah
Monday, July 13th | 10am - 3pm
The Auditorium

Tamworth
Tuesday 14 July | 10:00am - 4:00pm
Uniform Shop
Thursday 16 July | 10:00am - 3:00pm
Uniform Shop
GUNDHI After School Club is still operating (see below for more details)

**ACTIVITIES**
Supervised games and activities will be provided for children in addition to opportunities for children to complete homework, independent study or quiet reading.

Movies and console games will not be offered as an activity in GUNDHI.

**PICK UP**
Children can be picked up any time between 3:30 and 5:15pm.
For GUNDHI to operate effectively it is essential that parents pick up their children prior to 5:15pm.
GUNDHI bookings may be withdrawn if children are not picked up prior to this time. A sign out procedure will be in place upon pick up.

**OTHER SPORTS TRAINING OR CLUB ACTIVITIES AT CARINYA**
Upon finishing other activities, students must return to GUNDHI for sign out and pick up.

**BOOKINGS**
Bookings are to be made at the start of each term on a per term basis for as many afternoons required each week. For instance, a family may choose to book two children into GUNDHI for Mondays and Wednesdays each week of the term.

Bookings are to be made via the Tamworth Accounts Office in person or by phone and payment in full must be received at the time of booking.

Places are limited and positions will be given on a “first in” basis. Bookings are not assumed to continue from term to term so parents are advised to book for each term of the year as required.

**NO INCIDENTAL BOOKINGS, VARIATIONS* OR REFUNDS**
*additional days may be added if available, however, reductions in the number of days per week are not able to be made.

We hope that GUNDHI provides parents with continuity of care for their children. Please contact the school if you require any further information.

**CONTACT US**
Phone 6742 2766
SMS 0419 795 613
Email gunnedah@carinya.nsw.edu.au
Website www.carinya.nsw.edu.au

Stay Connected

follow Carinya Christian School Gunnedah on Facebook to stay up to date with all that’s happening.

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