Providing women in crisis or transition with a stable environment and the opportunity to explore options for their future.
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Dear Friends,

Since we opened our doors in 1981, our organization has continually grown to meet the needs of women and women-led families seeking support during crisis and instability. 2017 was a year of transformation. We explored the meaning of our mission and the impact of our programming on staff, volunteers, donors, the greater community, and most importantly, our program participants. That exploration resulted in a new organizational name under which our programs now operate: Haven Housing.

In 2017, Haven Housing began a shift to a trauma-informed care model. Trauma is defined as an experience that creates a sense of fear, helplessness, or horror. Trauma can interfere with an individual’s sense of self, self-regulation, and interpersonal relationships, and it may lead to PTSD, mental health issues, chronic diseases, substance abuse, and other issues. Recent research shows it can be difficult to effectively address the issues of poverty, homelessness and housing instability without addressing underlying trauma. Our trauma-informed care framework emphasizes:

- Physical and emotional safety
- Opportunities for regaining control and confidence;
- Enhancing strengths; and
- Opportunities to rebuild control.

It is our intent that keeping this framework at the core of our interactions with our program participants may enhance our ability to meet them where they are and give them the level of support they need and deserve.

As always, we encourage you to follow us @havenhousingmn on Facebook, Instagram and Twitter for updates on our programs and activities. We would also like to invite you to Bauhaus Brew Labs for Haven Housing Happy Hour on Tuesday, June 5th. You’ll find more information and a registration link on our website: havenhousing.org.

Thank you for the vital role you played in the success of Haven Housing in 2017. We look forward to your continued support and partnership.

With gratitude,

Julie Kelley, Executive Director
Emily Stearns, Board Co-Chair
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YOUR SUPPORT PROVIDED IN 2017

- **442 total served**
  - Permanent Supportive Housing at Next Step Housing for 35 women and 8 children in site-based and scattered site apartments in Hennepin County.
  - Transitional housing at Ascension Place for 81 women
  - Emergency Shelter at St. Anne’s Place for 125 families, including 193 children.

- **41,245 nights of housing and shelter**
- **112,420 healthy meals and snacks served**
26 parenting groups
18 nutrition classes
44 birthday parties
81 tutoring sessions
24 field trips for families
27 therapy dog visits
86 children’s music therapy classes

39 children’s arts & crafts groups
75 backpacks with school supplies
62 yoga classes
63 preschool or school enrollments
92 hours of individual medical consultations
108 mental health groups

98 chemical dependency groups
5,761 diapers
39 women’s health and wellness activities
150 women’s community building activities/field trips
19 MPS ECFE classes
10 financial literacy classes

271 total volunteers with 2,305 total volunteer hours in 2017

Value of $60,852 according to Independent Sector
Denise, a 21-year-old mother of twin baby boys, had been homeless for three years, had no rental history, poor credit, lived with a history of abuse and domestic violence, and struggled to maintain good mental health when she moved into our emergency family shelter.

While staying at St. Anne’s Place, Denise quickly connected with other residents. She attended every on-site yoga class and participated in field trips, parenting classes, mental health groups and financial classes. Her sons were enrolled in PICA Headstart and attended consistently while mom worked hard to find housing, applying for several apartments only to have them fall through at the last minute. However, Denise persisted even through the disappointment of seeing many residents, now friends, move on to stable housing.

After the twins’ 1st birthday and seven months at St. Anne’s Place, Denise received Section 8 funding and she and her babies have moved into their own apartment in a small Minnesota town. We are so proud of their determination and accomplishments.
“I am so appreciative of what (Ascension Place) gave me: A solid foundation. A safe place to re-enter society and my life. Healthy pride.” - Samantha

Samantha came to Ascension Place following 8 months in the Hennepin County Workhouse and was dealing with chemical dependency. Samantha says she didn’t know how to be a functioning member of society, let alone hold down a job or be a mom to her 9-year-old son.

After years of not working, Samantha started helping our Kitchen Manager with resident meals. There she gained job skills and accountability. Samantha found employment at a temp agency, and shifted her focus to reuniting with her son. She started having overnight visits - their first overnights together in years - in Ascension Place’s family room. Those visits helped rekindle the mother-child bond and furthered the reunification process.

Samantha secured a full-time job with benefits and a 401(k). She moved out of Ascension Place, and into an apartment with her mother and her son. She now sees her son every day.

“My favorite thing about my life now is that I’m so involved in my son’s life. I put him to bed, and have lunch with him at school. I am present physically, mentally and emotionally.”

Ascension Place

With nurses on staff, our residents are well cared for.
Mary began her journey with Haven Housing at Ascension Place. She spent time there focusing on stabilizing her mental health and building community. Mary set and achieved goals with the help of her case manager, made friends and regained her independence. Though she was ready to move onto a more permanent housing situation, she still needed support.

Mary transitioned into Next Step Housing where she lived in her own apartment in our scattered-site program. Within two years, she successfully completed a GED program and is now working toward a college degree. Most recently, Mary has moved into our site-based program within Next Step Housing. She is happy to be living in a safe, intentional community of peers while she continues regularly meeting with a case manager and making strides in her education.

Regular therapy dog visits are a resident favorite.
### Total Liabilities and Net Assets

#### Assets:
- **Current assets**: 2,245,843
- **Fixed assets**: 1,513,274
- **Total assets**: 3,759,117

#### Liabilities:
- **Current liabilities**: 146,444
- **Long term liabilities**: 308,000
- **Total liabilities**: 454,444

#### Net Assets:
- **Unrestricted**: 3,286,198
- **Temporarily restricted**: 18,475
- **Total net assets**: 3,304,673

#### Revenue and Expenses:

**Revenue:**
- **Total revenue**: 2,326,320

**Revenue by program:**
- **Ascension Place**: 771,176
- **St. Anne’s Place**: 922,523
- **Next Step Housing**: 508,647
- **Other**: 123,976

**Expenses by program:**
- **Ascension Place**: 669,502
- **St. Anne’s Place**: 796,368
- **Next Step Housing**: 513,991
- **Other**: 213,604

**Total Expenses**: 2,193,465

**Program Services**: 90.26%
**Management / Operations**: 3.39%
**Fundraising**: 6.35%
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