



From the Desk of our Executive Director Dr. Pebbles Turbeville

Molly Sweeney is the reason October began to be called Founder's month at HHRF. This is because Molly was born in October. Molly likes to be a behind the scenes catalyst for change and innovation, but HHRF feels it is important to publicly acknowledge her contribution to supporting EAS research.

I would like to take this opportunity to credit Molly for her visionary skills. She stated "We know EAS works, but how does it work?" Molly is an innovative thinker and when she gets an idea she then rallies other "thinkers" to come with a plan and a way to execute that plan. Many people have great ideas, but few have the follow through skills that Molly possesses. I am reminded of a blood hound on a trail and have had the opportunity to watch

her tenaciousness at work over the past few years. If Molly has an idea, has confirmation and support of the idea, she will make it happen. She felt it is important to educate EAS concerning the horse's well- being, so she gathered her friends and formed a task force to churn out HHRF Equine Wellbeing guidelines.... and she and her group had the foresight to write them from the horse's point of view. The HHRF board saw the importance of giving the horse a voice and established a standing committee for equine well-being.

I toast Molly for possessing so many positive characteristics but especially for her visionary skills. She has inspired me so much, that we are establishing a special visionary fund that will provide funding to offer an annual innovative grant. I look at it as investing in the visionaries and innovators in the EAS Industry. Molly has led the way and we can continue the search for "How it works" by joining the vision. See more information about how you can participate below.



Pictured Above: Molly Sweeney

Celebrating HHRF Visionary Leaders

This month HHRF is celebrating our visionary leaders. Not everyone has the gift to think about and plan for the future with imagination and wisdom, but we can all be a part of their visions and dreams!

Take part in "<u>investing in investigations</u>" and join other visionaries in supporting annual innovative grants. HHRF has the resources to offer an innovative grant in 2023. Looking forward, we want to continue to advocate for other innovators as we move Equine- assisted Services (EAS) forward in these developing times. You can make it happen by joining other innovators in pledging a minimum of \$10.00 a month to support the changing world. We only need 84 people pledging \$10 a month and we would have enough for another innovative grant! A little goes a long way with more people involved.

<u>Click here to join the visionary fund and "invest in investigating"</u>! All donations will be set aside to fund future innovative grant offerings and you will be recognized as a visionary who helped make it happen. What better way to celebrate Molly and all the original HHRF visionaries?!



Horses and Humans Research Foundation
Announces
Call for Proposals for an
Innovative Grant Up to \$10,000 Available
www.horsesandhumans.org for details



Call for Proposals for Innovative Grant- Up to \$10,000 Available

HHRF announces a request for proposals for an innovative grant. Up to \$10,000 is available to be awarded. We are looking for game-changing, innovative, and disruptive ideas that will lead to new equipment, processes, or services and could be a steppingstone for future research.

The goal of this grant is to connect practice with scientific knowledge by supporting innovative research with high-impact potential that might not be funded through traditional channels. Our intent is to stimulate exploration, encourage the testing of hypotheses, and generate preliminary data that will open new pathways for future research.

The HHRF board met in August and decided there is a need to offer additional grants for innovation. The board made an announcement of this plan at the 2022 conference in Ohio at Fieldstone Farm. HHRF wants projects that will build research or the profession of Equine-assisted Services (EAS). The board will be asking the top tier applicants to present a slide deck to them as part of the process.

Dr. Pebbles Turbeville, HHRF Executive Director, shared "We are really excited to offer this opportunity to future researchers who want to explore an exciting idea. We will be offering a larger grant that will be announced in January."

Deadline for submission proposals is January 30, 2023. Information for applicants, including the recently updated innovative application and review guidelines, previously funded projects, and more are available at horsesandhumans.org.

Free September Webinar



Join us for a Free Webinar on October 12, 2022 at 7:00pm (ET)

Benefits of EAS for Older Adults

HHRF will be hosting another free webinar on October 12th at 7pm Eastern Time. Join us for a discussion of the benefits of EAS for Older Adults! Pippa Hodge, BSc, HPCS and Jacqueline Ryan, BA, MD share their work incorporating PUEM (physiotherapy utilizing equine movement) with the older adult population. They have completed a pilot study to assess outcomes of their work and promote the use of EAS for this population. Learn about the emotional, physical, and overall wellness benefits these participants are experiencing through EAS!

Pippa Hodge BSc Rehab., HPCS. Pippa is a Physiotherapist who is on the faculty with American Hippotherapy Association (AHA) and is one of the founding members of AHA. She works at Valley Therapeutic Equestrian Association in Langley, BC, Canada where she has a Physiotherapy practice

using Hippotherapy. She is a Canadian Therapeutic Riding Association (CanTRA) Coach and a CanTRA Examiner.

Jacqueline Ryan BA, MD. Jacqueline is a medical doctor with a focus on preventative healthcare, community health and medical research. She is an active member at Valley Therapeutic Equestrian Association and loves the time with children and adults of varying abilities.

Wednesday, October 12, 2022 at 7:00pm (EST)
Click HERE to reserve your seat!



Update regarding 2022 Call for Proposals

The HHRF Board accepted the recommendation of the third- tier reviewers on the Scientific Advisory Council and will not fund a grant this year. Upon careful review, HHRF realizes that the rapid inflation has affected everything, including research costs. It costs much more today to conduct rigorous research than even a year ago. At this grant's level of funding, none of the proposals could meet the level of research required. The HHRF Board intends to maintain the degree of rigorousness required for HHRF funded research and will increase

the dollar amount of the grants starting this spring. Applicants are encouraged to apply for the larger grant in 2023.



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I want to invest in research today!







Through sustained investment in rigorous research, HHRF serves as a catalyst to advance global knowledge of horse-human interactions and their impact on the health and wellness of people and horses

Horses and Humans Research Foundation
PO Box 23367
Chagrin Falls, OH 44022
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