The 4T Study
Teamwork, Technology, Targets and Tight Control

CGM
Early access to continuous glucose monitor

Remote Monitoring
Regular CGM data review from a diabetes educator

Hemoglobin A1c (HbA1c)
Collected every 3 months at home or in clinic

Patient Reported Outcome Surveys (PROs)
Surveys to help us understand your experience as a patient with T1D

Pre-Pump Classes
Early education on available insulin delivery technology

Activity Tracking and Exercise Education
Wearable activity trackers and extra education sessions about diabetes and exercise

Questions? stanford4tstudy@stanford.edu