This guide showcases the colorful, beautiful variety of plants native to the Central Rappahannock area – Caroline, King George, Spotsylvania, and Stafford counties and the City of Fredericksburg. In North America, plant species are generally described as native if they occurred here prior to European settlement. This distinction is made because of the large-scale changes that have occurred since the arrival of the European settlers. These plants form the primary structure of the living landscape and provide food and shelter for native animal species, including migratory birds and pollinators. All plants highlighted in this guide, and listed in the index are native to the Central Rappahannock area according to the Digital Atlas of Virginia Flora.

Although this guide is not comprehensive, the native plants featured were selected because they are attractive, relatively easy for the home gardener to acquire, easy to maintain, and offer various benefits to wildlife and the environment.

This guide is provided by the Plant Central Rapp Natives Campaign to promote the use of regional natives in urban and suburban landscapes for their many social, cultural, and economic benefits, and to increase the availability of these native plants from plant providers throughout the region.

Campaign Partners:

Caroline County
Friends of the Rappahannock
George Washington Regional Commission
Hanover-Caroline Soil & Water Conservation District
Master Gardener Association of the Central Rappahannock Area
Master Naturalists, Central Rappahannock Chapter
Plants Map
The Rappahannock Valley Garden Club
Tri-County/City Soil & Water Conservation District
University of Mary Washington
USDA-Natural Resource Conservation Service
Virginia Coastal Zone Management Program/VA Dept of Environmental Quality
Virginia Cooperative Extension
Virginia Native Plant Society
Virginia Natural Heritage Program/VA Dept of Conservation & Recreation
Virginia Nursery & Landscape Association

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Central Rappahannock native plants provide visual beauty year round. Many native plants are referred to as 4-season plants because they have interesting characteristics in each season. Unique flowers, vibrant fall colors of leaves and stems, fruit shapes and colors, bark textures, are all attractive reasons to purchase native plants.

Local native plants support more wildlife species than non-native plants. Native plants host specific insects and are essential for pollinators. Local and migratory birds, mammals, and invertebrates, in addition to feeding on native plants, rely on these insects to survive. Native plants also provide shelter.

Native trees, shrubs, and vines that feed the insects, birds, and animals are essential for maintaining biodiversity. As natural habitats are lost to development, home gardeners and professional landscapers more than ever need to landscape with native plants to support the local ecosystem.

Central Rappahannock native plants show a sense of place. Black-eyed Susans, Trumpet Honeysuckle, Flowering Dogwood, and Tulip Poplar let you know you are in the Central Rappahannock Area. If we demand more local native plants, the supply will be greater and more plant species will become available for the home garden.

Planting Central Rappahannock native plants is essential for a healthy watershed. Local native plants provide oxygen and habitat for fresh and salt water ecosystems, or communities. Plant roots absorb nutrients and prevent sediment from entering our local waterways; reducing pollution and improving water quality. Native plants have adapted to our local soils so require less fertilizers than non-natives, which reduces the harmful release of chemicals into the watershed.

Local native plants are adapted to local temperature and rainfall fluctuations. Once established they require less watering, saving natural resources, time, and money.

Central Rappahannock native plants are beautiful, beneficial, and sustainable!

(Center and left) Goldfinch eating seeds from Black-eyed Susan, Rudbeckia hirta. Photos by Seig Kopinitz, John Clayton Chapter, VNPS.

Cover Photos: (left to right) Amelanchier canadensis - Canada Serviceberry, Juneberry by Phillip Merrit, John Clayton Chapter, VNPS; Hepatica americana - Round-lobed Hepatica, Liverleaf by Gary Fleming, DCR-NH; Hypericum prolificum - Shrubby St. Johnswort by Gary Fleming, DCR-NH; Eurybia divaricata - White Wood Aster by Sue Dingwell, VNPS.
Bringing Life to Your Garden

Native plants attract a variety of birds, butterflies, pollinators, and other wildlife by providing diverse habitats and food sources. Native plants feed the insects that are an especially important food for young songbirds. Native plants also feed pollinators. We may not notice the hummingbirds, bats, bees, beetles, butterflies, and flies that carry pollen from one plant to another as they collect nectar, yet without them, wildlife would have fewer nutritious berries and seeds and we would miss many fruits, vegetables, and nuts. By planting a diverse palette of native plants, we invite not only the plant-eating insects, but also their predators as well as pollinators, seed dispersers, and recyclers, which work together to make a garden function like a system. *Because our native plants and animals have evolved together, they support each other, and we enjoy the beauty and fruits of their labor.*

With a simple, but profound, observation that nothing was eating the Multiflora Rose he was clearing from his property, Dr. Douglas Tallamy launched a line of research that has become a cornerstone of the native plant movement. He has shown that not all plants are of equal value to wildlife and that native wildlife prefers native plants. For example, native oaks support 532 species of native caterpillars, while the non-native Butterfly Bush supports only one. Caterpillars are important because they are the primary food source for nestlings of 96 percent of all bird species. This insight led to a call embodied in the title of his book *Bringing Nature Home* to share our suburban landscape with wildlife by planting native plants.

One important aspect of landscaping for wildlife is a change in the status of turf grass. It is not that turf no longer has a place in your landscape, but it is high maintenance, high cost, and low wildlife value. Each square foot of turf should be examined and subjected to the question “Why?” “Is this an active play area?” Sometimes turf is the right cover, but that should be decided only after consideration of native plant alternatives like Pennsylvania Sedge, moss, or other materials such as mulch or stepping stones.

The use of native plants in landscaping should not and does not preclude designing a landscape that meets your needs. Landscaping for wildlife can be a mix of human and natural design concepts. The overall plan should satisfy your needs—a place for the kids and dog to play and a quiet place to sit and enjoy your yard—and should follow human design concepts. But, the execution of the plan should be informed by nature’s design concepts: using plants in layers; avoiding straight lines; and smoothing forest into field into wetland. Above all: use a diverse array of native plants!
**What Area Does This Guide Cover?**

Coastal Plain and Piedmont Physiographic Provinces

Virginia is divided into several physiographic provinces based on geologic history (see map of provinces below). Each province is unique in topography, soil pH, soil depth, elevation, availability of light, and hydrology. These characteristics all combine to influence the species of plants and animals found there.

Virginia's Coastal Plain is bordered by the Fall Line to the west and by the Atlantic Ocean, the Chesapeake Bay and its tributaries to the east. The Coastal Plain varies in topography from north to south. The Northern Coastal Plain consists of the three peninsulas (or “necks”) formed between the four major tributaries of the Chesapeake Bay; the Potomac, the Rappahannock, the York, and the James Rivers. In the north, the Northern Neck is somewhat hilly and well drained. Virginia’s Piedmont Plateau province is a gently rolling upland bounded on the east by the Fall line and the west by the Blue Ridge Mountains. To the east, the Piedmont continues to slope more gently toward the Fall Line.

The Fall Line marks the zone of transition from the hard, resistant bedrock underlying the Piedmont to the softer sediments underlying the Coastal Plain. Streams are able to cut more easily through the sands, gravels, and clays of the Coastal Plain, and rivers widen as the topography flattens. In the northern part of the state this boundary is sharply delineated by falls and rapids. From foothills to rapids, these varying site conditions support a mosaic of plant communities.

Featured Central Rappahannock Native Plants:

Perennials (forbs) ................................................................. 6
Small non-woody (herbaceous) flowering plants with showy flowers, generally pollinated by insects. Typically, these plants are labeled as “perennials” at your garden center. Includes good groundcover species, which are low-growing or trailing plants used to cover the ground, providing protection of the topsoil from erosion and drought.

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Reproduce using spores rather than flowers.

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Small woody plants, usually with multiple stems.

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Large woody plants, usually with a single stem/trunk.

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Species featured in the guide are highlighted in bold.

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Invasives of Particular Concern in Central Rappahannock....... 45

Look for this plant tag at local garden centers and nurseries. Or ask for the species in this guide by their scientific name.

Don’t see the plant you are looking for? Let the retailer know. Hand them a Plant Central Rapp Natives campaign “Please Carry Calling Card” (pictured below). If the retailer does not have cards available, it can be downloaded from www.plantcentralrappnatives.org.
Aquilegia canadensis • Wild or Eastern Red Columbine

A selection of the many beautiful, resilient, and beneficial plants native to Central Rappahannock are highlighted, beginning on page 6, including a photo and details on each plant’s characteristics and requirements. A more comprehensive index of plant species begins on page ???. Plants were included only if documented as native to the area by the Digital Atlas of the Virginia Flora.

Plants are highlighted in the guide and listed in the index alphabetically by scientific name.

Stunning flower. Attracts hummingbirds, bees, butterflies, and hawk moths. Larval host to Columbine Duskywing.

Although a short-lived perennial, Columbine readily self-sows. The backward-pointed tubes of the flower contain nectar that attracts insects and hummingbirds with long tongues especially adapted for reaching the sweet secretion.

Key to Light, Moisture and Wildlife Terms & Symbols

Light requirement:
- Full sun: 6 or more hrs sun
- Part sun/shade: 2 to 6 hrs sun
- Full shade: 2 hrs or less sun

Soil moisture:
- Dry: no signs of moisture
- Moist: looks & feels damp
- Wet: saturated

Wildlife supported by plant:
- Food source for birds (berries, nectar, or insects resident on plant)
- Nectar source for pollinators - butterflies, moths, bees, or other insects, as well as bats
- Larval host for butterflies or moths (larva are newly hatched forms of insects before they undergo metamorphosis)
Perennial plants (also known as forbs) live for two or more years and lack woody stems at or above the ground. Usually flowers produce seed each year, but some plants reproduce by means of bulbs, tubers, woody crowns, and rhizomes. Some perennials die back to ground level at the end of the growing season, remain dormant during the winter, and resume growth in the spring (herbaceous). Others remain semi-green or totally green in winter (evergreen). Perennials are common in a wide range of landscapes including sunny, shady, dry, wet, windy, salty, formal and natural. The position and composition of leaves, stems, roots, and other parts of perennial plants are specific to an individual plant’s needs in order to survive. They might have specialized stems or crowns that allow them to survive periods of dormancy over cold or dry seasons during the year. The many different colors of flowers, seeds or leaves of perennials are the showy, decorative parts of a landscape. They stand out when surrounded by complimentary or contrasting colors or surrounded by groundcovers in a landscape. Perennial plants are usually better competitors than annual plants, due to the development of larger root systems which can access water and nutrients deeper in the soil and cause them to emerge earlier in the spring.

**Arisaema triphyllum** • Common Jack-in-the-pulpit

- 1–3 ft.
- Large, cylindrical, hooded flower, green in color with brown stripes in April; in late summer, a cluster of bright red berries appears
- Part shade to full shade
- Moist to wet soils
- Naturally found in humus-rich woods, bottomland forests

*Jack-in-the-pulpit grows most vigorously in moist, shady, seasonally wet locations. The intriguing blossom of this woodland perennial occurs on a separate stalk at the same height as the leaves. This plant has calcium oxate crystals, harmful if ingested raw and irritating to the skin.*

**Aquilegia canadensis** • Wild or Eastern Red Columbine

- 1–3 ft.
- Nodding, red and yellow bell-like flower with upward spurred petals in April–May, occasionally June
- Part sun/shade
- Sandy, well-drained soils, medium loam, sandy loam
- Naturally found in dry rocky woodlands to moist, well-drained forests

*Although a short-lived perennial, Columbine readily self-sows. The backward-pointed tubes of the flower contain nectar that attracts insects and hummingbirds with long tongues especially adapted for reaching the sweet secretion.*
Asclepias incarnata • Swamp Milkweed

Showy flower clusters attract butterflies and hummingbirds. It is larval host and an important food source for the Monarch caterpillar (Danaus plexippus).

Swamp Milkweed cannot be transplanted because of its deep taproot. It is deer resistant. Will inevitably have aphids, but the insects are not a problem unless the plant looks sick; at that point an effective treatment is to spray the plant and aphids with soapy water.

Asclepias syriaca • Common Milkweed

Best plant to host Monarch butterflies (Danaus plexippus). It is a larval host, larval food source and nectar source.

Common Milkweed is fragrant. Because of its long taproot, it cannot be transplanted. A vigorous grower, this plant spreads aggressively.

Asclepias tuberosa • Butterfly Weed

Attracts butterflies, and is a larval host and nectar source for the Monarch Butterfly (Danaus plexippus). Drought tolerant.

Easily grown from seed, Butterfly Weed is somewhat slow to establish and may take 2-3 years to produce flowers. Mature plants may freely self-seed in the landscape if seed pods are not removed prior to splitting open. Does not transplant well due to its deep taproot and is probably best left undisturbed once established.

Baptisia tinctoria • Yellow Wild Indigo

A larval host for the rare Frosted Elfin (Callophrys irus) and Wild Indigo Duskywing (Erynnis baptisiae) butterflies.

The genus name of Yellow Wild Indigo, from the Greek baptizein (to dye), refers to the fact that some species are used as an inferior substitute for true indigo dye.
**PERENNIALS (FORBS)**

**Chelone glabra • White Turtlehead**

- 3–6 ft.
- White, pink (often lavendar-tinged) tubular flowers in July–September
- Sun to shade
- Rich, wet to moist soils
- Naturally found in brushy marshes, stream banks, wet ditches, low meadows, woodlands

The 2-lipped flowers of White Turtlehead resemble turtle heads, which gives it its distinctive common name. Its genus name is derived from the Greek chelone (tortoise). The related Chelone obliqua (often sold as C. lyonii) has pink inflorescences.

Nectar source for butterflies. Larval host of the Baltimore Butterfly (*Euphydryas phaeton*).

**Chrysopsis mariana • Maryland Golden Aster**

- 1–1.5 ft.
- Yellow flowers in August–October
- Sun
- Wet to moist soils
- Naturally found in pine woods, sandy areas, open forests, old fields, roadsides

Maryland Golden Aster provides a low, sturdy rosette effect until late summer when its flowering branches lift clusters of yellow, aster-like flowers 1 ft. off the ground. The foliage is woolly when young, becoming smoother with age.

Fruiting heads of this perennial are attractive.

**Claytonia virginica • Spring Beauty, Virginia Spring Beauty**

- 4–8 in.
- Pink or whitish flowers, striped with dark pink, in loose clusters in March–May
- Part sun/shade to shade
- Rich, moist soils; prefers high humus
- Naturally found in rich woods, thickets, old fields, well-drained floodplains

Spring Beauty is a perennial and ephemeral. It disappears from above ground in the summer shortly after the seed capsules have ripened. It grows from an underground tuber like a small potato, which has a sweet, chestnut-like flavor. Native Americans and colonists used them for food.

Attractive spring perennial that is spectacular in large patches.

**Clitoria Mariana • Maryland Butterfly Pea**

- 3–4 ft. twining vine
- Pink and blue, large, pea-like, usually solitary flowers in June–August
- Sun to part sun/shade
- Dry, sandy soil; tolerant of a range of soil types and chemistries
- Naturally found in dry, open forests, rocky and sandy woodlands, shale barrens, clearings, and roadsides

Maryland Butterfly Pea is often confused with Spurred Butterfly Pea (*Centrosema virginianum*), which has upside-down flowers, the banner pointing downward, while that of Clitoria stands erect.

Attracts birds.
**Conoclinium coelestinum** • Mistflower

- Attracts butterflies.
- 1–3.5 ft.
- Bright blue, violet flowers in July–November
- Sun to part sun/shade
- Moist, usually sandy acidic soil or clay
- Naturally found in clearings, and other disturbed, open or shaded sites

The fluffy-edged flowers of Mistflower are a magnet for late-season butterflies. Disk flowers are almost ¼ inch long, they form almost a flat top. This wildflower spreads easily. It is a colonizing groundcover.

**Coreopsis verticillata** • Whorled or Threadleaf Coreopsis

- Attracts birds and butterflies. Drought tolerant.
- 6 in.–3.5 ft.
- Yellow in May–August
- Sun to part sun/shade
- Dry, well-drained primarily acidic soils
- Naturally found in dry, open woods

This very popular garden plant since the 19th century has delicate, dark-green leaves divided into thread-like segments and showy, long-blooming flower heads with yellow centers. Provide a sunny, well-drained site and you’ll be rewarded with hardy, long-lived, long-blooming plants. This plant spreads by rhizomes.

**Coreopsis lanceolata** • Long-stock Coreopsis

- Attractive ground cover for harsh sunny conditions. Its seeds are a favorite food for goldfinches.
- Perennial
- 1–2.5 ft.
- Yellow flower in May–June
- Open woodlands; meadows; pastures
- Full sun, part shade, shade; prefers sun
- Dry, sandy, gravelly, well-drained, acid-based soils

Grows in small clumps but forms extensive colonies. It is the most common native coreopsis, easy to grow and drought tolerant. It prefers sun and should have frequent deadheading to keep it in bloom well into the summer.

**Eurybia divaricata** • White Wood Aster

- Attracts butterflies. Lovely in masses.
- 6 inches–3.5 feet
- August–October
- Full or dappled part shade
- Moist, loam, sandy, acidic soils; good drainage essential
- Naturally found in moist to dry woods

The delicate, airy clouds of White Wood Aster are a must-have for every fall garden. This lovely aster is among the first to bloom in late summer. Small, white, daisy-like flowers with yellow centers that fade to red are borne atop dark green to black stems. A vigorous grower it is a favorite for attracting wildlife.
**Eutrochium fistulosum**  ●  **Hollow Joe-Pye Weed**

An important source of nectar for pollinators. Attracts birds and numerous pollinators. Special value to native bees.

- 2–8 ft.
- Huge domed flower head, 6–14 in. across, with tiny pale, pinkish-lavender flowers in July–September
- Sun to part sun/shade
- Moist to wet, well-drained, humus-rich, sandy and clay soils
- Naturally found in floodplain forests, swamps, riverbanks, flood-scoured stream shores and bars, wet meadows, low pastures, and ditches

Joe Pye weed has outstanding ornamental attributes. It is a substantial plant that needs space, but when planted in groups or massed can provide spectacular flowering and architectural height.

**Geranium maculatum**  ●  **Wild Geranium, Spotted Geranium**

Attracts birds. Special value to bumble bees and other native bees.

- 8 in.–2 ft. 4 in.
- Lavender flowers are in loose clusters of 2–5 in April–June
- Full sun to part shade
- Moderate, highly acidic to calcium-rich soils; needs moisture if sited in full sun
- Naturally found in upland and floodplain forests

Wild Geranium’s lovely lavender blooms are a spring favorite! Unlike most other spring bloomers, this plant retains its attractive foliage all season long. Genus name comes from the Greek word geranos meaning crane in reference to the fruit that purportedly resembles the head and beak of a crane.

**Gaultheria procumbens**  ●  **Wintergreen, Teaberry**

Bright-red, showy berries may persist through winter, making this plant an excellent food source for wildlife and providing four-season interest.

- 6–12 in., semi-woody ground cover
- Pink to white nodding, bell-shaped flowers in June–August followed by aromatic red; dark green leaves turn reddish with the advent of cold weather
- Part shade to full shade;
- Dry to evenly moist, acidic, well-drained, organically rich soils
- Naturally found in acidic woodlands, pine woodlands, bogs

Wintergreen has creeping underground stems, thus forming small colonies of plants, making it a nice ground cover. Leaves and fruit have the aroma and taste of wintergreen. Quite tolerant of shade but grows and flowers best is sunny openings with light shade during midday.

**Helenium autumnale**  ●  **Common or Autumn Sneezeweed**

A beautiful attraction in your landscape with many elongated leaves and numerous flower heads, which attract butterflies and bees.

- 1.5–5 ft.
- Yellow daisy-like flowers with fan-shaped rays in July–November
- Sun
- Moist, clay soils
- Naturally found in open meadows, bogs, along streams and ponds; wet meadows

Sneezeweed does not cause sneezing. The common name is based upon the former use of its dried leaves in making snuff, inhaled to cause sneezing that would supposedly rid the body of evil spirits. The leaves, flowers, seeds are poisonous to humans and toxic if eaten in large quantities.
**Helianthus angustifolius** ● Narrow-leaved Sunflower

Conspicuous flowers on Narrow-leaved Sunflower attract birds and native bees.

- 3–8 feet
- Bright yellow flowers in August–October
- Sun to part sun/shade
- Moist to wet soils; clay, loam, sandy acid-based
- Naturally found in bogs, ditches, wet clearings

*Narrow-leaved Sunflower has the narrowest leaves. This perennial can be used for ornamental bogs and ponds.*

**Heuchera americana** ● American Alumroot

Attracts small bees.

- Leaves up to 6 inches; flowering stems 1–2 feet
- Leafless, hairy, sticky flower stalk rises 18–36 inches and surrounds its upper third with loosely grouped, minute, greenish, cup-shaped flowers in April–June
- Part shade to full shade
- Dry to moist soils
- Naturally found in rocky woodlands and outcrops of various geologic formations; tolerant of a range of rock types and chemistries

*This species has interesting foliage. It is a good rock garden plant and a good groundcover in shady gardens. It also grows well in pots. Deer resistant.*

**Hepatica americana** ● Round-lobed Hepatica, Liverleaf

A striking plant with beautiful, dainty flowers, *Hepatica* is one of the earliest spring wildflowers. Attracts bees.

- 4–6 in.
- Usually Lavender flowers in March–April; color can range from white to pink to pale blue to lavender
- Part shade to full shade
- Dry to moist, well-drained, humus rich soils; high drought tolerance
- Naturally found in upland forests, rocky woodlands, and well-drained floodplain forests

*The common name of liverleaf refers to the supposed liver-like leaf shape and perhaps also to the liver-like color of the overwintering brown leaves. The genus, *hepatica*, also called liverleaf, was once believed to have therapeutic value in the treatment of liver diseases.*

**Hibiscus moscheutos** ● Swamp or Eastern Rose-mallow

- 3–8 ft.
- Creamy-white flowers with a red center in July–October
- Sun to part sun/shade
- Wet or moist soils
- Naturally found in edges of salt marshes but is more common in upper-valley wetlands

*Clumps of Swamp Rose-mallow start to grow late in the season and flower over a long period in late summer. Rose mallow is easily grown from seed. Seeds are ready to collect when they are dark-brown.*
**Iris virginica • Virginia Blue Flag**

- 3–6 ft.
- White and blue flowers with 3 petal-like sepals in May
- Sun
- Moist, rich acid soils
- Naturally found in marshes, wet pinelands, swamps, and wet meadows

*This conspicuous, showy iris is highly deer resistant. It is an ideal plant for edges of ponds, lily pools, drainage ditches.*

Valued for its ornamental blooms and color. Attracts birds. Depends on hummingbirds, which feed on the nectar, for pollination.

**Liatris pilosa • Grass-leaf or Gayfeather Blazing Star**

- 1.5 ft.
- Lavender flowers in July–November
- Sun to part sun/shade
- Poor-average loam with sand gravel, clay, acid moderate soils
- Naturally found in dry woodlands, shale barrens, clearings, and roadsides

*Blazing Star belies the notion that straight native plants can’t compete with cultivars or non-natives for show. Great for use in bouquets and it makes a stunning accent in the garden.*

Important nectar plant for native bees, hummingbirds, and butterflies. It hosts four species of native caterpillars. Good for use in rain gardens.

**Kosteletzykya pentacarpos • Seashore or Salt Marsh Mallow**

- 3–6 ft.
- Light pink, occasionally white flowers in June–October
- Sun
- Moist soils, prefers sand, but will tolerate clay, somewhat salt tolerant; does better with high acidity
- Naturally found in brackish marshes, coastal plains, swamps

*The flowers of the Seashore Mallow close at night. This perennial takes 5 years to fully mature and lives for 5 years. It is easily propagated from seed.*

Great color in late summer through fall, this pretty two-inch flower attracts hummingbirds and butterflies.

**Liatris squarrosa • Scaly Blazing Star**

- 1-2 feet
- Tufted red-violet flower heads are openly spaced on a spike along the top of the stem in July–August
- Full sun
- Sandy to loamy soils
- Naturally found in dry woodlands, clearings, fields, meadows and roadsides

*The species name squarrosa means “curved tips” and refers to the ends of the spiked flower heads. This species is one of the many studied by the German botanist Carl Ludwig Willdenow, who laid the foundations for the scientific study of plant distribution.*

An excellent nectar source for hummingbirds, butterflies, native bees, and other pollinators. Flowers are a stunning garden accent.

Native Plants for Central Rappahannock
**Lilium superbum**  • Turk’s-cap Lily

- 4–8 ft.
- Red, orange, yellow in July–September
- Full sun
- Moist, loam, sand, acidic soils; good drainage essential
- Naturally found in meadows, swamps, wood’s edge

*The recurved sepals and petals of Turk’s-cap Lily, which presumably resemble a type of cap worn by early Turks, and the showy extruded stamens are distinctive features. Indians used the bulbs for soup.*

Largest and most spectacular of the native lilies of our region; up to 40 flowers have been recorded on a single plant.

**Mertensia virginica**  • Virginia Bluebell, Virginia Cowslip

- 8–28 inches
- Lavender-blue, bell-shaped in March–May
- Well-drained moist soils
- Part shade to full shade
- Naturally found in floodplains, slope forests

*This species is ephemeral, which means that its foliage dies back in summer. Interplant with other perennials. Reseeds freely. When it grows in masses, this species makes a spectacular show.*

Pollinated by long-tongued bees, but supports many other early pollinators.

**Lobelia cardinalis**  • Cardinal Flower

- 1–6 ft.
- Red flowers in July–October
- Sun to full shade
- Moist to wet, humus-rich, sandy & clay soils
- Naturally found in low areas, woodlands edge, stream banks, roadsides, meadows

*Cardinal Flower is a short-lived perennial that self sows. The common name of this flower alludes to the bright red robes worn by Roman Catholic cardinals. All parts of this plant are toxic. This species is not drought tolerant.*

Valued for its ornamental blooms and color. Attracts birds. For pollination, it depends on hummingbirds, which feed on its nectar.

**Opuntia humifusa**  • Eastern Prickly-pear

- 1-2.5 ft., evergreen with 1–3 levels of flattened pads, each up to 10 in. long, 7 in. across, and 1.5 in. thick
- Yellow buds, one or more, can form on top of pad and each produces a single satiny-yellow flower about 3–4 in. across followed by a pear-like fruit in late spring to mid-summer
- Sun
- Dry, sandy soil
- Naturally found in rock outcrops

The blooming period of Eastern Prickly-pear occurs from late spring to mid-summer and lasts about a month for a colony of plants, although each flower lasts only a single day. It is faster and easier to start new plants using pads rather than seeds.

**Perennials (Forbs)**

Native Plants for Central Rappahannock
**Phlox divaricata** • Wild Blue Phlox, Woodland Phlox

- 5–18 inches
- Fragrant, lavender or pink flowers in April–May
- Filtered sunlight to light shade
- Rich, sandy or rocky, well-drained soils
- Naturally found in floodplain forests to open woods

*Often fragrant. Not rabbit or deer resistant. Divaricata refers to its sprawling habit.*

Attracts hummingbirds, long tongue bees, and butterflies.

**Phlox paniculata** • Summer Phlox

- 3–6 ft.
- White to pink or lavender flowers in a 4–8 in. wide, pyramidal cluster in June–August
- Sun to part shade/sun
- Loam, tolerates clay soils
- Naturally found in rich, open woods; thickets; meadows; moist roadsides

*Fall Phlox needs at least 6 hours of sun in order to prevent powdery mildew.*

A showy clump-former.

**Pycnanthemum tenuifolium** • Narrow-leaf Mountain-mint

- 1–4 feet
- Whitish to lavender, with purple spots in June–September
- Sun to light shade
- Wet to dry soils
- Naturally found in meadows, fields, roadsides, riverside outcrops

*Silvery foliage and long blooming period. Rub leaves on skin to repel mosquitoes. Supports Conservation Biological Control, meaning it is a plant that attracts predatory or parasitoid insects that prey upon pest insects.*

Attracts bees, birds, butterflies. Special value to bumble bees, honey bees, and other native bees.

**Rudbeckia fulgida** • Early Coneflower

- 2–3 feet
- Daisy-like yellow-orange flowers (to 2.5” across) with yellow rays and brownish-purple center disks in July–October
- Full sun to part shade
- Dry to moist, well drained soils
- Naturally found in dry to moist woodlands, barrens, clearings, old fields, meadows, and roadsides

*A member of the daisy family, orange coneflower makes a good cut flower while deadheading can prolong bloom.*

This showy native attracts butterflies and birds.
**Rudbeckia hirta** • Black-eyed Susan

- **1–3.5 ft.**
- Bright-yellow flower with dark-brown center in June–October
- Sun, part shade, shade; may bloom longer with some afternoon shade
- Moist to dry, well-drained acidic soils; drought tolerant
- Naturally found in meadows, pastures, woodland edges

*Black-eyed Susan forms mature seed cones about three to four weeks after flowering. (Check by breaking a cone open and if the seeds are dark, they are mature.) This plant is easy to grow and tolerant of most soils. It reseeds and establishes clumps.*

Cheerful blossoms liven up bouquets. Birds, especially goldfinches and chickadees, enjoy the ripe seeds. Nectar attracts bees, butterflies.

**Saururus cernuus** • Lizard’s Tail, Water-dragon

- **1.5–4 ft.**
- White; May–Sep
- Part shade, shade
- Wet, moist, muddy soils (aquatic - up to 4 in. inundation)
- Naturally found in still water; wet lowlands; stream edges

*The common name and the genus name, from the Greek “sauros” (lizard) and “oura” (tail), depict the shape of the drooping flower cluster. Crushed foliage has a pleasant, sassafras aroma.*

Great spreading groundcover for moist soils, shallow water, and containers. Good for wetland gardens and habitat. Colonizes large areas. Attracts birds.

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**Solidago** • Goldenrods

Solidago is a genus of 90 to 110 species. The species listed below are native to the Central Rappahannock and will add eye-catching, splashes of yellow and gold to home gardens and other cultivated landscapes in the late summer—early fall. Goldenrods average one to four feet, but the taller species can reach eight feet. They grow in a broad range of soils, light, and moisture. They attract native bees, pollinators, butterflies. Goldenrods support the greatest number of caterpillars of any of the wildflowers - 112 caterpillars, an important staple in a bird’s diet!

Goldenrod is often mistakenly believed to cause hayfever; the real offender is ragweed, which blooms at the same time. The heavy pollen of goldenrods can only be transported by insects while the tiny molecules of ragweed pollen is transported by wind and aggravates allergies.

**Species that grow in a range of part shade/part sun:**

- **Solidago caesia** Blue-stemmed Goldenrod, Wreath Goldenrod
- **Solidago odora** Sweet Goldenrod
- **Solidago rugosa** Roughstemmed or Wrinkleleaf Goldenrod

**Species that prefer full sun:**

- **Solidago pinetorum** Pineywoods Goldenrod, Small’s Goldenrod
- **Solidago puberula** Downy Goldenrod
- **Solidago rugosa** Rough-stemmed Goldenrod, Wrinkle-leaf Goldenrod
- **Solidago sempervirens** Seaside Goldenrod
**Symphyotrichum novi-belgii** • New York Aster

- 1–4.5 ft.
- Purple, blue-violet; July–October
- Full sun
- Moist, loam soil
- Naturally found in meadows and fields

*This aster is sometimes called Michaelmas daisy because it blooms around September 29 which is St. Michael’s Day. Novi-belgii means New Belgium and is a throwback to the days when the state of New York was known as New Belgium.*

Showy ornamental flower that attracts butterflies. A larval host to the Pearl Crescent butterfly (*Phyciodes tharos*).

**Tiarella cordifolia** • Foamflower

- 6–12 in.
- Tiny, white flowers with very long stamens appear in airy racemes in April–June; leaves turn a nice reddish bronze in fall
- Part shade to full shade
- Organically rich, moisture-retentive soils
- Naturally found in cool, moist, deciduous woods; stream banks

Foamflower can be used as a groundcover as it spreads by underground rhizomes. Genus name comes from the Greek “tiara” meaning a small crown in reference to the form of the fruit.

**Tradescantia virginiana** • Virginia Spiderwort

- 1–3 feet
- Blue to purple, sometimes rose or white, three-petaled flowers accented by contrasting yellow stamens in April–July
- Part shade to full shade
- Medium moisture, well-drained soil
- Naturally found in well-drained floodplain forests, upland forests, and rocky woodlands around outcrops

*Individual flowers of the Spiderwort open up a few at a time, each for only one day, from terminal clusters containing numerous flower buds. When the stems of spiderworts are cut, a viscous stem secretion is released which becomes threadlike and silky upon hardening (like a spider’s web).*

Vibrant flowers attract bumblebees and other pollinators. Flowers bloom in succession through the season.

**Vernonia noveboracensis** • New York Ironweed

- 3–6 ft.
- Red-purple flowers in July–September
- Full sun to part shade
- Found in moist soils in the wild, but will flourish in regular or dry soil; tolerates clay and neutral to acidic conditions
- Naturally found in floodplain forests, riverbanks, meadows, roadsides

As a tall, narrow plant, New York ironweed is suited for the back of the border or tight spaces.

Flowers attract butterflies and seed heads attract birds. Special value to native bees.
Landscaping in Streetside Places

Streetside environments experience dry, harsh conditions and are exposed to pollutants, dust, spray, salt, and compacted soil. Soil pH can also be affected through leaching from concrete curbs and sidewalks. The best street trees also happen to be marsh species adapted to an environment with saturated soil and low oxygen. Plant perennials such as *Achillea millefolium* - Common Yarrow, grasses such as *Panicum virgatum* - Switchgrass, and trees such as *Amelanchier arborea* – Downy Serviceberry.


Landscaping with Raingardens

A rain garden is a landscape feature for managing stormwater or runoff. Think of a rain garden as a puddle with plants. It is a shallow depression (only 6-8" deep) that collects stormwater for a short period of time (less than 4 days so no mosquito breeding). Pollutants are filtered out of the water by the plants, soil, and soil microorganisms. The clean water then infiltrates downward to recharge the groundwater aquifer, evaporates or evapor-transpires through the plants back up into the atmosphere, or is absorbed and used by the plants. A rain garden can be placed at any point along the runoff pathway in the landscape and in sun or shade. When considering plants for a rain garden, remember that there are three planting zones—low (wettest), middle, and high (driest upper-edge area). Select plants based on the zone and on the size of the garden. Trees and larger shrubs may not be appropriate for smaller gardens.

Plant perennials such as *Symphyotrichum novi-belgi* - New York Aster, *Eutrochium fistulosum* - Joe-pye Weed, grasses such as *Panicum virgatum* - Switchgrass, and shrubs such as *Ilex verticillata* - Winterberry Holly.

There are thousands of species of ferns in the world. Ferns have many parts somewhat similar to flowering plants. The frond, which can vary greatly in size, is the part of the fern that we notice as the leaf. These fronds arise from rhizomes which are comparable to “stems” in flowering plants. Then below are the roots. Modern ferns have no flowers or seeds; this is what distinguishes them from other plants. They reproduce by means of miniature sacks or capsules containing dust-like spores. A fern may drop millions of spores but few find the appropriate conditions to grow into a fern. A fern can die back to the ground in fall and regrow in spring or be evergreen throughout the year. Ferns can grow in a variety of landscapes, climates, and growing conditions. For gardens with some or much shade, they can offer varied texture, shapes, and many shades of green and plant forms. They have also been used to remediate contaminated soils and have been the subject of research for their ability to filter some chemical pollutants from the air. They continue to play a role in mythology, medicine, and art.

Adiantum pedatum ● Northern Maidenhair Fern

- 1 to 2.5 ft.
- Reproduces by spores in June–August
- Stems are greenish-yellow to red
- Full shade to part sun
- Moist, humus-rich, well-drained soils; does not tolerate clay; not drought tolerant
- Naturally found in woodlands

Best used as a ground cover in the woodland or rock garden or as an edge or border in the shaded garden. A very popular native North American fern that spreads by shallow rhizomes. Propagate by dividing rhizomes in the spring. Bright light will reduce the size of the fronds. Doesn’t do very well in full sun.

Athyrium asplenioides ● Southern Lady Fern

- 2–3 ft.; slow-growing clumps; small colonies of plants are often produced from rhizomes
- Stems are greenish-yellow to red
- Part sun/shade to full shade
- Loam, rich, loose, well-drained, acid–moderate soils
- Naturally found in upland forests, well-drained floodplain forests, swamp forest hummocks

Southern Lady fern has beautiful upright feathery fronds which give the illusion of a dainty fern. It can be used as a groundcover plant on the northeast side of buildings. Protect it from wind.
**Onoclea sensibilis • Sensitive Fern**

- Deer and rabbit resistant. Attracts birds. Shelters salamanders and frogs.

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**Osmundastrum cinnamomeum • Cinnamon Fern**

- 2–6 ft.; frequently forms large clumps and spreads by rhizomes
- Thick, spore-bearing spikes, or fronds, that turn from green to chocolate brown appear April–May
- Full sun to full shade
- Muddy, sandy, clay or loam, acidic soils
- Naturally found in upland forests, swamps, wet flatwoods, bogs, fens, pocosins, floodplain forests, alluvial and tidal swamps

The fronds of Cinnamon Fern occur in groups, rising from a shallow, black rootstock. Fertile fronds appear first as silvery, furry fiddleheads and become stiff and erect creating a dramatic feature in the landscape with the infertile fronds bending backwards, encircling fertile fronds.

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**Osmunda spectabilis • Royal Fern**

- 2–5 ft.; forms a symmetric clump 18 in. wide
- Grows slowly from rhizome stem
- Part sun/shade, shade
- Wet, sandy, clay or loam, acidic soils, tolerates year-round, standing but not moving, shallow water
- Naturally found in freshwater wetlands, bogs, fens, floodplain forests, and along streambanks

Foliage can provide cover for wildlife when grown en mass. Hosts six species of native caterpillars, including the Osmunda Borer moth (*Papaipema speciosissima*).

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**Polystichum acrostichoides • Christmas Fern**

- Fronds 1–1.5 ft., taller when fertile; reproduces by spores
- Part shade to full shade
- Rich or poor soil; tolerates drought but prefers moist, not wet, soils; does not tolerate standing water
- Naturally found in woodlands, stream banks, and ravines

Called Christmas Fern because it is still green around Christmas time. Consider planting rhizome at an angle since crown rot is a problem in poorly drained soils. Consider massing on slopes, including dry rocky ones, to combat erosion.

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**Ferns**

Native Plants for Central Rappahannock
Vines are often rapidly growing climbing or twining plants that can offer many benefits to the homeowner. The plants can be trained over walls, pergolas, arches, fences, brick and stones. They can be used for screening and for energy conservation through passive solar heating and cooling in the landscape. Vines can grow by various means to attach themselves to supporting structures. Some like Clematis use petioles or twisted stems. Some like Virginia Creeper use both petioles and adhesive pads that attach themselves to the support. Still others like Maypop use tendrils to attach themselves. Vines give shelter to many birds and provide birds with protected areas in which to build their nests.

Clematis virginiana • Virgin’s Bower

- 12–15 ft.
- Clusters of creamy white flowers turning into showy sprays of silky seeds that glisten with backlighting in July–September
- Sun to full shade
- Moist to dry, rich soils
- Naturally found in woods, thickets, stream banks

Lacking tendrils, Virgin’s Bower, a deciduous vine, supports itself by means of twisted stems, or petioles, that wrap around other plants. These fast-growing stems can grow 20 feet in one year. They may be pruned at any time during the growing season.

Lonicera sempervirens • Trumpet or Coral Honeysuckle

- 3–20 ft.
- Red outer, sometimes yellow inner, tubular flowers with heaviest bloom in March–July followed by bright-red berries
- Full sun (best for blooming) to part sun/shade
- Adaptable to many soil conditions; tolerates poor drainage for short periods
- Naturally found in a wide range of natural habitats

Great for arbors, and valued for its evergreen habit. Deer resistant. The yellow blooming Lonicera sempervirens, John Clayton, was discovered in Gloucester County by Sylvia Sterling, a member of the John Clayton Chapter of the Virginia Native Plant Society.
**Parthenocissus quinquefolia** ● Virginia Creeper

- 3–40 ft.; structure it climbs is the limiting factor to its height
- Yellowish-green flowers in May–June, followed by berries that turn from red to mauve to black
- Sun to part shade
- Adaptable to different soils
- Naturally found in forested to open habitats, streams, riverbanks

*Virginia Creeper has brilliant fall color. It tolerates pollution and can be pruned to control its growth. A vigorous grower, it adheres to walls, arbors etc. via adhesive discs and may even be used as a ground cover for erosion control.*

Berries eaten by songbirds, but are toxic to humans. Foliage provides cover for birds. Hosts 32 species of native caterpillars, including Virginia Creeper Moth.

**Passiflora incarnata** ● Maypop, Purple Passionvine

- 6–30 ft.
- Lavender, 3-inch, flowers in May–September
- Sun (best) to part shade
- Moist, rich clay and sandy non-saline soils
- Naturally found in roadsides, fields, forest borders

*The fruit of Maypop is a large greenish-yellow berry with edible pulp. This vine is excellent for use on arbors, fences, walls and columns. The name Maypop comes from the hollow, yellow fruits that pop loudly when crushed. Maypop spreads easily by root suckers that can be contained by removing suckers or mowing.*

Flowers attract native bees. Hosts 5 species of caterpillars including Gulf Fritillary (*Agraulis vanillae*) and Variegated Fritillary (*Euptoieta claudia*).
Grasses, sedges, and rushes are herbaceous plants; that is, they are non-woody plants. Their leaves and stems are generally narrow, but there is a wide variety in their height and spread. Grasses, sedges, and rushes are valuable for horticultural, conservation, and ecological purposes. In this varied plant group are found species that thrive in many different soils, moisture, and growing conditions. Humans, grazing animals, small mammals, birds, butterflies, and pollinators all find benefits in these plants, from aesthetic to life-sustaining. Useful for wildlife and horticultural purposes. *Elymus hystrix* – bottlebrush grass (pictured) tolerates dry to medium wet soils, part shade to full sun, and grows to an average height of 2–4 feet.

**Andropogon virginicus** • Broomsedge

- 1–3 ft.
- Yellow, reddish-brown; August–November
- Part shade
- Moist or dry, sandy soils
- Naturally found in dry fields; thin woods; upper shores of ponds

*Broomsedge’s seeds are striking in fall and winter when the fine hairs of the expanded racemes catch the sunlight. The attractive clump-forming, perennial grass turns a tawny brown in fall.*

Helps control erosion on disturbed lands and provides cover, nesting material, and seeds food for birds.

**Carex pensylvanica** • Pennsylvania Sedge

- 6–12 inches
- April–June
- Full sun to full shade
- Dry to moist soils
- Naturally found in rocky woods

*Plant enriches soil and makes a nice groundcover. Spreads by rhizomes. Many other sedges also make handsome, easy-care groundcovers.*

Attracts birds.
**Panicum virgatum • Switchgrass**

- Attracts birds and butterflies. Host plant for the Delaware Skipper (*Anartrytone logan*) and the Dotted Skipper (*Hespera attalus*). Can also provide garden accent.

**Schizachyrium scoparium • Little Bluestem**

- In winter, fuzzy white seeds of particular value to small birds. Provides nesting material. Of value to native bees. Host to six species of native caterpillars.

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*Grasses, Sedges and Rushes*

**Landscaping in Dry Shade**

Plants suited to grow in dry shade gardening conditions are listed here. Choose your plants for season of bloom, flowers or fruit, fall color, attracting pollinators, etc. so you have interest throughout the year. A dry, shady habitat such as a pine, or broadleaf oak and maple woods will generally have shallow soils and dense tree roots which can make establishing new plants challenging. Compost with chopped up leaves, pine needles, or other material will help dry shade gardens get through dry spells.

Plant perennials such as *Chrysogonum virginianum* - Green and Gold, shrubs such as *Viburnum dentatum* - Arrowwood and trees such as *Cercis canadensis* - Eastern Redbud.

A complete list of Central Rappahannock natives suitable for use in dry shade can be viewed on the Plant Central Rapp Natives campaign website at [www.PlantCentralRappNatives.org](http://www.PlantCentralRappNatives.org).
Shrubs often form the backbone of our landscapes. They are the transitional zone between lower growing perennials and ground cover and the taller tree canopy. They provide significant habitat for resident and migratory bird populations, especially along the edges of fragmented forests, and also in places that may not be appropriate for larger trees. As woody plants, shrubs can provide overwintering locations for insects, and shelter for birds. Evergreen shrubs in particular can function as living screens in a hedgerow or provide birds respite from harsh winter winds and low temperatures. Many shrubs also offer flowers for pollinators and berries for birds, mammals, and people. It is important to introduce biodiversity into your shrub selections to provide multi-season habitat, as well as multi-season visual interest. For example, some shrubs, like Spicebush (Lindera benzoin), may begin flowering very early in spring, providing early color in the landscape and a source of pollen for pollinators when they emerge on warmer days. Summer brings a plethora of blooms, but birds and mammals need the shade offered by shrubs to escape from the heat on warm, sunny days. Fall starts to bring berries and seeds, many of which persist into winter, like the beautiful native Winterberry (Ilex verticillata), which provides food for resident mammals and birds and fuel for migrating species.

**Aronia arbutifolia • Red Chokeberry**

- 6–10 ft., deciduous, multi-stemmed shrub grows in vase-shaped form
- Many clusters of small, white to light pink flowers in April followed by bright red berries that persist into December
- Average, medium moisture, well-drained soil; tolerant of clay soil
- Sun to part sun/shade
- Naturally found in wet and dry thickets; good for naturalized areas where it can sucker

Red Chokeberry is one of the best shrubs for brilliant fall color—intense, shiny, raspberry to crimson, with purplish highlights. Can also have some orange mixed in, especially in shady sites.

**Alnus serrulata • Smooth or Hazel Alder**

- 10–20 ft., multiple-trunked, deciduous shrub or small tree; foliage becomes yellow, tinged with red, in fall
- Flowers are purple catkins; males in drooping clusters, females in upright clusters (March–April); fruit resembles a small, woody cone and persists from August–February
- Sun to part sun/shade
- Wet or moist, fine sandy loams; clay and flood tolerant
- Naturally found in boggy ground near water; best for streambanks, pond margins

Use to improve wildlife habitat (space 5–10 ft. apart to allow for crown development and to optimize seed production). Birds feed on the seed.

**PHOTOGRAPHS**

Aronia arbutifolia: This shrub is known for its bright red berries that persist through much of the winter, providing food for resident mammals and birds and fuel for migrating species. It is an excellent选择 for native wild landscaping as it thrives in wet and dry thickets. Additionally, it is a nectar source for pollinators and is known to sucker, making it a great choice for streambanks and pond margins.

Alnus serrulata: This shrub offers a range of benefits, including providing habitat for birds and pollinators, serving as living screens in a hedgerow, and offering berries that persist through much of the winter. Its flexible stems and fibrous root system make it suitable for streambank stabilization.
**Aronia melanocarpa**  ●  Black Chokeberry

- 3–6 ft., spreading, multibranched shrub or sometimes small tree
- White 5-petaled flowers in 5–6 clusters in May; glossy dark green leaves (to 2–3" long) with finely toothed margins; black autumn berries (blueberry size) and purple/red fall color
- Full sun to part shade
- Wide range of soils - grows in both rocky habitats and wetlands; flood tolerant
- Naturally found in rocky open woodlands, barrens, bogs, and fens
- Attracts birds. Good four-season plant.

The common name of chokeberry refers to the tart and bitter taste of the fruits, which are technically edible but extremely astringent.

**Cephalanthus occidentalis**  ●  Buttonbush, Button Willow

- 5–12 ft., spreading, multibranched shrub or sometimes small tree
- Balls of long-lasting white or pale-pink flowers resembling pincushions in June–September, button-like balls of fruit; rounded masses of nutlets that persist through the winter
- Sun to part sun/shade
- Prefers wet soil, including flooding and standing fresh water
- Naturally found in wet open areas, low woods, swamps, river bottomland, and stream/pond margins
- Ducks and other water-birds and shorebirds consume the seeds, and its nectar attracts bees and butterflies.

Pruning Buttonbush is usually not necessary, but may be done in early spring to shape. If plants become unmanageable, they may be cut back near to the ground in early spring to revitalize.

**Clethra alnifolia**  ●  Coastal White-alder, Pepperbush

- Narrow, 3–8 ft., deciduous shrub, which often spreads into mounded clumps
- Spike-like, upright clusters of fragrant white flowers in July–August. The shrub's leaves turn yellow to golden brown in fall
- Sun, part sun/shade
- Average, medium to wet soils; tolerates clay and salt-spray tolerant
- Naturally found in swampy woodlands, wet marshes, stream banks, and seashores; often in sandy soils
- Coastal White-alder forms sizable patches. Promptly remove root suckers unless naturalized look is desired. Propagate by cuttings and prune if needed in late winter. Its dry fruiting capsules remain long after flowering and help identify this plant in winter.

Versatile, carefree shrub that is remarkably free of any disease, insect, or physiological problems. Flowers attract butterflies and bees.

**Cornus amomum**  ●  Silky Dogwood

- 6–12 ft., deciduous shrub
- Yellowish white flowers in May–June; blue, berry-like drupes in August
- Sun, part sun/shade; tolerates close to full shade
- Average, medium to wet, well-drained soils
- Naturally found in moist lowland areas, swamp borders, floodplains, shrub wetlands, and along streams and ponds
- Shrub bark of Silky Dogwood was used by Native Americans for tobacco.

Birds are attracted to the fruit.
**Euonymus americanus** • Strawberry-bush, Heart’s-a-bustin’

- 6–10 ft., narrow, deciduous, green-stemmed shrub, which often spreads into mounded clumps
- Small, white flowers in July–August develop into colorful, decorative seed pods
- Sun to full shade
- Moist to dry acidic soils
- Naturally found in forests and thickets

The leaves of Strawberry-bush turn dull yellow to orange in autumn. Dry fruiting capsules remain long after flowering and help identify this plant in winter. Deer love it.

Versatile, carefree shrub that is remarkably free of any disease, insect, or physiological problems.

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**Eubotrys racemosus** • Fetterbush, Swamp Dog-hobble

- Attracts butterflies.
- 3–6 ft., evergreen, colonizing shrub with gracefully arching, green and red stems from the base; leaves are pointed and very serrated
- Small, fragrant, white urn-shaped white flowers grow in 2–3 inch long racemes in March–May; followed by fruit capsule
- Part sun/shade
- Moist, acidic soils
- Naturally found in alluvial and tidal swamps; wet flatwoods, bogs, seepage swamps, depression ponds, and other acidic wetlands

In full sun, Fetterbush has purplish foliage in the fall. Protect it from winter wind. It is used for naturalizing, as a border with taller plants and for shady bank stabilization.

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**Hamamelis virginiana** • Witch Hazel

- Birds eat the fruits (small brown capsules). Has brilliant fall color and flowering.
- 10–15 ft. (sometimes up to 30 ft.), multi-trunked shrub with large, crooked, spreading branches forming an irregular, open crown
- Yellow, fragrant flowers with straplike, crumpled petals appear in the fall, persisting for some time after leaf drop in September–December; lettuce-green, deciduous leaves maintain a rich consistency into fall when they turn brilliant gold
- Sun to full shade
- Moist, sandy, clay, acidic and calcareous soils
- Naturally found in moist woods, thickets, bottomlands

Larval host of the Hydrangea sphinx moth (*Darapsa versicolor*). Can grow in areas of poor drainage, and is very effective in massed plantings.

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**Hydrangea arborescens** • Wild Hydrangea

- Larval host of the Hydrangea sphinx moth (*Darapsa versicolor*). Can grow in areas of poor drainage, and is very effective in massed plantings.
- 3–8 ft., mound-shaped, slender-branched, deciduous shrub
- Small, white flowers bloom in May–June in 4-inch spires that droop with the arching branches; flowers open from base to tip so that the plant appears to bloom for a long time; leaves turn red to purple in fall and persist well into the winter
- Full sun, part shade; blooms best, and has better fall color, if it receives full sun at least part of the day
- Moist, sandy, loam, clay, acid soils
- Naturally found in stream banks, bogs

Wild hydrangea suckers freely, creeping over large areas. Fast-growing and short-lived, it can be cut to the ground every winter.
**Hypericum prolificum** • Shrubby St. Johnswort

- 1–5 ft., compact, deciduous, rounded shrub; dark green, lance-shaped leaves are 2–3” long; cone-shaped seed capsules split in autumn to release black seeds
- 5-petaled, bright yellow flowers (to 1” diameter) with numerous, yellow stamens in June–August
- Full sun to part shade
- Tolerates wide variety of soils (clay, dry rocky, or sandy); prefers medium water but flood tolerant
- Naturally found in dry, open forests, rocky woodlands, barrens, clearings, riverside prairies, outcrops, rich floodplain forests, fens

*Plants of the genus Hypericum were apparently gathered and burned to ward off evil spirits on the eve of St. John’s Day.*

**Ilex verticillata** • Winterberry

- 3–12 ft., slow-growing, deciduous shrub with upright, rounded habit
- Greenish-white flowers in May–June; red berries (female) late summer to winter
- Sun to part sun/shade
- Average, acidic, dry, medium to wet soils; tolerates clay
- Naturally found in swamps, damp thickets, low woods and along ponds and streams

*The leaves of Winterberry are not shaped with sharp teeth like other hollies and are not evergreen. Like Ilex glabra, Ilex verticillata are either male or female—a trait typical of the holly family.*

**Ilex glabra** • Inkberry, Gallberry

- 5–8 ft., mound-shaped, colony-forming shrub; lance-shaped, glossy, leathery leaves vary in color from dark- to light-green both in summer and fall
- Greenish-white flowers May–June; if pollinated, female flowers give way to pea-sized, black, berry-like drupes which mature in early fall and persist throughout winter
- Sun to part sun/shade
- Wet to moist, sandy, acid soils; flood tolerant
- Naturally found in sandy woods and edges of swamps and bogs

*You must have both a male and female plant to have berries. The male must bloom at the same time.*

**Itea virginica** • Virginia Sweetspire

- 3–4 ft., mound-shaped, slender-branched, deciduous shrub; leaves turn red to purple in fall and persist well into the winter
- White flowers in May–June
- Sun to part sun/shade
- Average, medium to wet, soils
- Naturally found in pine barrens, swamps, streambanks, and other moist habitats

*Virginia Sweetspire is a versatile shrub for sunny to shady areas and tolerates a wide range of soil conditions. Can grow in swamps and other areas of poor drainage.*

Attracts birds as well as butterflies and other nectar-consuming insects. Showy in early winter when covered by bright red fruit.
**Kalmia latifolia • Mountain Laurel**

Stamens of its flowers have a springlike mechanism, which spreads pollen when tripped by a bee. Birds and small mammals eat fruit.

**Morella cerifera • Wax Myrtle, Southern Bayberry**

Attracts birds and butterflies. Fallen leaves are larval host of the Red-Banded Hairstreak butterfly (*Calycopis cecrops*). Popular ornamental used for screens and hedges.

**Lindera benzoin • Northern Spicebush, Spicebush**

Larval host for the Eastern Tiger Swallowtail (*Papilio glaucus*) and Spicebush Swallowtail (*Papilio troilus*). Fruits are a special favorite of wood thrushes.

**Physocarpus opulifolius • Ninebark**

The ability to grow quickly in harsh conditions makes this shrub especially suitable for erosion control on banks. Disease-resistant and drought-tolerant.
**Rhododendron periclymenoides**  •  *Wild Azalea, Pinxter Azalea*

- 3–6 ft., shrub with picturesque, horizontal branching
- Funnel-shaped, pink or white flowers with protruding stamens occur in large fragrant clusters, appearing before or with the leaves in April–May
- Sun to part sun/shade
- Acidic, humusy, organically rich, medium moisture, well drained; tolerant of dry sites
- Naturally found in moist to dry woods, swamp margins, open areas

> *The flowers of Wild Azalea often appear before its leaves are fully expanded.*


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**Rhododendron viscosum**  •  *Swamp Azalea or Honeysuckle*

- 3–5 ft., loose, open, deciduous shrub growing to 12 ft. in width
- White flowers with a pleasantly sweet, spicy fragrance and a long, slender lavender-colored corolla tube appear after the leaves in May–July; fall foliage is orange to maroon
- Sun to part sun/shade
- Wet, acidic, humusy, well-drained loam; flood tolerant
- Naturally found in swampy lowland areas

> The fragrant flowers of Swamp Azela with their sticky corolla have given this shrub the name Swamp honeysuckle, although it is unrelated to honeysuckles. Viscosum means sticky in Latin.

Beautifully flowered ornamental.

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**Rhus aromatica**  •  *Fragrant Sumac*

- 2–4 ft.
- March–May; fruit; leaves turn attractive shades of orange, red and purple in autumn
- Full sun to part shade
- Tolerates a wide range of soils except those that are poorly drained
- Naturally found in dry, rocky forests, woodlands, barrens, and clearings

> Although smaller, the leaves of Fragrant Sumac resemble those of Poison Ivy (Rhus radicans), but this Sumac is totally non-poisonous plant. The bark of all sumacs has been used as an astringent, and leaves and bark can be used for tanning leather because of the high tannin content.

Fruit is an important winter food for birds and small mammals. Thickets of fragrant sumac provide cover for many species of birds and small mammals.

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**Rosa carolina**  •  *Carolina Rose, Pasture Rose*

- 3–6 ft., freely suckering shrub
- Pink flowers from thorny stems—fragrant, 2 inch wide, 5-petaled—occur singly or in small clusters in May–June; fruit, a hip, turns from dark green to bright red as it ripens
- Sun
- Average, medium to wet, well-drained, acidic soils; drought-tolerant
- Naturally found in glades, open woods, prairies, along roads and railroads, along streams, swamps, and low areas

> Although one of the most shade-tolerant roses, Carolina Rose grows best in open sunny locations. Naturally disease-resistant compared to other rose species.

Attracts birds. Special value to bumblebees and other native bees, who nest beneath or within this rose, or harvest its parts to construct their nests.

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_Irvine Wilson, DCR-NH_  
_Jan Newton, John Clayton Chapter, VNPS_  
_Gaylan Meyer, VNPS_
**Sambucus canadensis • Common Elderberry**

- 6–12 ft., loose and graceful, deciduous shrub with both woody and herbaceous branches
- White flowers in May–July in broad, flat, clusters up to 10 inches or more in diameter; berrylike fruit is dark purple when ripe in July–September
- Part sun/shade
- Tolerates a wide variety of wet to dry soils but prefers rich, moist, slightly acid soil
- Naturally found in bogs, ditches, fields

Prune heavily in winter to maintain thick form. Individual plants are very short-lived however, root masses produce new shoots. *The genus name comes from Greek sambuce, an ancient musical instrument.*

Birds attracted to the purple-black fruit and spread the seeds. Provides a nesting structure for bees. Provides effective erosion control on moist sites.

**Vaccinium corymbosum • Highbush Blueberry**

- 6–12 ft., deciduous shrub with numerous upright stems and twiggy branches forming a rounded, compact outline; reddish-green spring leaves turn blue-green in summer and red, yellow, orange, and purple in fall
- White or pink, bell-shaped flowers in drooping clusters in April–June are followed by edible, blue fruit
- Full sun, part shade, shade
- Wet to dry, acid, rocky soils to organic peats

Berries are relished by many birds and songbirds, including the Scarlet Tanager. Prune this shrub after it fruits.

**Viburnum dentatum • Arrow-wood**

- 6–10 ft., deciduous shrub, sometimes taller, with multiple, erect-arching stems in a loose, round habit
- White, flat-topped flower clusters in May–July are followed by dark blue berries; lustrous, dark-green foliage turns yellow to wine-red in fall
- Sun to shade
- Dry to wet, acid soils and sands; most soil-adaptable of the viburnums
- Naturally found in swamps, wet woods, bogs, floodplain forests, streambanks, low, wet acid-sand habitats

Native Americans used the straight stems of Arrow-wood for arrow shafts.

**Viburnum nudum • Possumhaw Viburnum**

- 5–15 ft., up to 24 ft, sturdy, shapely deciduous shrub, rounded in outline
- Many white flower clusters in April–May followed by yellow berries turning blue-black; attractive, dark-green foliage becomes reddish-purple in fall
- Sun to part sun/shade; for best flowers and fruit, be sure this shrub gets 4–5 hrs of sun/day
- Average, medium to wet, well-drained soil
- Naturally found in low woods, swamps and bogs

Fruit is eaten by songbirds. Possumhaw is flood, cold, insect and disease tolerant, and it transplants well.
Native plant gardens can also be grown in small spaces. As with any other situation, it requires that you match the amount and type of space with your needs and the plant’s needs, such as sun, shade, moisture, roots, wind, pets, views, and access for maintenance. On apartment balconies a diverse mix of potted forbs, vines, grasses, and ferns can provide pollinator habitat. Mixing spring, summer, and fall-blooming plants in a planter or group of planters can provide beauty and color throughout the growing season.

Natives for full sun
- patios, decks, planters, containers, baskets and vertical gardens include, perennials such as Coreopsis verticillata - Threadleaf Coreopsis and Pycnanthemum tenuifolium – Narrow-leaved Mountain Mint; vines such as Lonicera sempervirens – Coral Honeysuckle and Passiflora lutea – Yellow Passionflower; shrubs such as Itea Virginica – Sweetspire and Clethra alnifolia – Pepperbush.

Natives for full shade
- alleys, patios, containers, and balconies include, perennials such as Aquilegia canadensis – Canadian Wild Columbine, Claytonia virginica – Virginia Spring Beauty and Dicentra eximia - Wild Bleeding Heart; ferns such as Adiantum pedatum – Northern Maidenhair and Athyrium asplenoides – Southern Lady Fern; shrubs such as Hydrangea arboescens – Wild Hydrangea.

A complete list of Central Rappahannock natives suitable for use in small spaces can be viewed on the Plant Central Rapp Natives campaign website at www.PlantCentralRappNatives.org.

When Planting Shrubs...

Large shrubs can be planted under canopy trees and understory trees, but should be planted at least five to seven feet away from trees or other large shrubs.

Small shrubs can be planted under canopy trees and understory trees, but should be planted at least three to five feet away from trees, large shrubs, or other small shrubs.

**Viburnum prunifolium** – Black Haw

- 12–15 ft., upright, multi-stemmed, deciduous shrub, or small, single trunk tree
- Many white flower clusters in April–May followed by yellow berries turning blue-black. Attractive, dark-green foliage becomes reddish-purple in fall
- Sun to part sun/shade
- Average, dry to medium, well-drained soil; drought and clay tolerant
- Naturally found in moist woods, thickets, and on streambanks

*The Latin prunifolium refers to the leaves’ plum-color in fall. For best flowers and fruit, give black haw at least one-half day of sunlight.*

Fruit is eaten by songbirds. This shrub is of special value to native bees and is durable and pest free.
Trees provide shade and shelter for animals and humans, timber for construction, fuel for cooking and heating, and fruit and seeds for food. Because of their longevity and usefulness, trees have always been revered in various cultures. Trees are an important part of the ecosystem, providing essential habitats for pollinators, mammals, birds and butterflies; including larval host plant habitat. Leaves, flowers and fruits, nuts or acorns are a seasonally available food source for wildlife. Trees provide critical shade, and in the undergrowth, leaf litter, fallen branches and/or decaying wood provide other habitats while enriching the soil with nutrients. Trees stabilize the soil, preventing rapid run-off of rain water. In ecosystems such as swamps, trees play a role in developing their habitat, since the roots of the trees reduce the speed of flow of tidal currents and trap water-borne sediment, creating suitable conditions for other ecosystem conditions to develop. The shade of trees has a role in climate control because the shade that they provide to homes in summer reduces the cost of air conditioning. In winter trees help screen the wind and cold.

**Acer rubrum • Red Maple**

- 40–100 ft., narrow or rounded, compact crown with 30–75 ft. spread; red, orange, yellow leaves in autumn
- Small red flowers in March–April, red-brown or yellow winged fruit (seeds) in April–June
- Moist to wet clay, loamy or sandy soils, prefers acid soil; can tolerate dry soils
- Naturally found in rocky hillsides, wetlands, floodplains and upland forests

Red Maple has become a dominant understory tree. Leaves and bark are poisonous to cattle. Pilgrims made cinnamon and brown dyes as well as ink from the bark.

**Asimina triloba • Pawpaw, Common Pawpaw**

- 10–40 ft. tree or multistemmed shrub
- Purple, six-petaled flowers singly in leaf axils in April–May before leaf emergence; large, cylindric, dark-green or yellow fruit follows; yellow fall foliage
- Sun to shade
- Rich, moist, slightly acid soils
- Naturally found in ditches, ravines, depressions, flood plains, bottomland

Pawpaw is an aromatic tree with no serious disease or insect problems. First recorded by the DeSoto expedition in the lower Mississippi Valley in 1541. The name Pawpaw is from the Arawakan name of Papaya, an unrelated tropical American fruit. It takes two or more Pawpaws to cross-pollinate and form fruit.

Relished by small mammals and birds. A larval host for Zebra Swallowtail Butterfly (*Eurytides marcellus*) and Pawpaw Sphinx Moth (*Dolba hyloeus*).
**Betula nigra** • River Birch

Nutlets attract songbirds, game birds, and it is a host plant for 400 species of butterflies, including the Morning Cloak Butterfly (*Nymphalis antiopa*).

River Birch may grow with multiple trunks, adding interest in the garden. It is fast growing and long-lived, and is useful for erosion control.

**Cercis canadensis** • Eastern Redbud

Attracts native bees, and tolerates deer browsing.

**Amelanchier canadensis** • Canada Serviceberry, Juneberry and **Amelanchier arborea** • Downy Serviceberry

Serviceberry is good for multi-season interest and smaller gardens. At least 40 bird species eat the fruit of *Amelanchier* species, including Cardinals, Cedar Waxwing, and Towhees. It is beneficial to native bees.

**Amelanchier canadensis** • Canada Serviceberry, Juneberry and **Amelanchier arborea** • Downy Serviceberry

Nutlets attract songbirds, game birds, and it is a host plant for 400 species of butterflies, including the Morning Cloak Butterfly (*Nymphalis antiopa*).
**Chionanthus virginicus** ● White Fringetree, Fringe Tree

- 15–30 ft., with short trunk, narrow, oblong crown; dark-green, glossy foliage; pale-gray trunk with bands of white
- Drooping clusters of delicate, fragrant, white blossoms from 6 inch stalks in May–June; dark-blue, grape-like clusters of fruits; male tree has showier flowers and female trees need males to form the fruit
- Sun to part sun/shade
- Loose, moist, sandy soils
- Naturally found in forest, wetlands

Fringetree is one of the last trees to bear new leaves in spring. It is a slow grower. The genus name Chionanthus, meaning snow and flower, describes the blossoms.

Hosts 8 species of native caterpillars and attracts bees, native bees, bumblebees and butterflies. Tolerates pollution.

**Cornus florida** ● Flowering Dogwood

- 15–20 ft., single or multiple trunk with a 15–30 ft. spreading crown
- Long lasting, aromatic, white or pink flowers in March–May before leaves come out; followed by brilliant red fruit
- Sun to shade
- Rich, well-drained, acid soil
- Naturally found in moist to dry upland forests, borders, clearings, old fields, and well-drained floodplains

Attracts pollinators and songbirds. Larval host to 115 native caterpillar species, such as Spring Azure (Celastrina ladon) and Summer Azure (Celastrina neglecta).

**Cornus amomum** ● Silky Dogwood

- 6-10 ft., small tree or multi-stemmed deciduous shrub with an upright, rounded form; roots form where stems are in contact with the ground allowing thickets to form
- Yellowish-white flowers in May–June followed by blue to bluish–white fruit in August–September
- Part shade to full shade
- Moist, clay, loam and sandy soils
- Naturally found in floodplain forests, alluvial and tidal swamps, rocky/sandy river shores, stream banks, and wet meadows

Silky Dogwood is commonly called Swamp Dogwood due to its preferred habitat and kinnikinnik in reference to a prior use of shrub bark by Native Americans as tobacco.

**Diospyros virginiana** ● Common Persimmon

- 15–100 feet, with a spreading, 25–35 foot, crown and pendulous branches; large, oval, mature leaves usually become yellow-green in fall
- Bell-shaped yellow flowers in April–June; large, sweet, orange fruit in autumn
- Part sun/shade
- Adaptable to varying pH; moist, rich, soils
- Naturally found in swamp and upland forests, depression ponds, dune woodlands and scrub, rocky woodlands

The word Persimmon is of Algonquian origin. Diospyros means “fruit of the god Zeus.” Two trees are necessary for the production of fruit. Fruit is not edible until exposed to frost or consistent low temperatures.

Larval host to the Luna Moth (Actias luna). Use for erosion control. Usually free of disease or insect problems.

Larval host to the Luna Moth (Actias luna). Use for erosion control. Usually free of disease or insect problems.

Native Plants for Central Rappahannock
**Juniperus virginiana** • Eastern Redcedar

- 30–40 ft. (can reach 90 ft) evergreen, aromatic tree with trunk often angled and buttressed at base; pyramidal when young, mature form is quite variable; fragrant, scale-like foliage can be coarse or fine-cut, and varies in color from gray-, blue-, to dark-green; all colors tend to brown in winter
- Pale blue fruits occur on female plants
- Sun to shade
- Moist, well-drained to dry soils
- Naturally found in tidal shorelines, forests, old fields, rocky woodlands

> Resistant to extremes of drought, heat, and cold. The heartwood was once almost exclusively the source of wood for pencils.

Juicy berries consumed by wildlife, including the Cedar waxwing (*Bombycilla cedrorum*), named for this tree.

**Ilex opaca** • American Holly, Christmas Holly

- 25 ft. to as tall as 60 ft. evergreen with stout, stiff branches that form a pyramidal shape and bear dark-green, non-glossy, spine-tipped leaves
- Bright red berries occur on female plants
- Part shade
- Moist, well-drained, sandy, acidic soils

New growth on American Holly pushes off the old leaves in spring. A shorter, multi-trunked form may grow in low-light situations. A popular Christmas decoration, the wood also is especially suited for inlays in cabinetwork, handles, carvings, and rulers, and can be dyed various shades, even black.

Many kinds of songbirds eat the bitter berries of this slow-growing but long-lived tree.

**Fagus grandifolia** • American Beech

- 50–80 ft. (less frequently to 120 ft.) large, deciduous tree with a dense, upright-oval to rounded-spreading crown
- Yellowish-green flowers bloom in April–May followed by edible beech nuts in September–October
- Full sun to part shade
- Deep, rich, moist but well-drained soils
- Naturally found in upland forests, floodplain terraces and bluffs

> Beech nuts are produced in great abundance every two or three years. Due to its thin bark and shallow root system, American beech is very susceptible to damage from forest fires, but due to fire exclusion, it is abundant in the understory of dry-mesic and dry oak forests.

Pollinated flowers form an edible nut (“beech nut”, “beech mast”) which is eaten by many mammals and birds.

**Liriodendron tulipifera** • Tuliptree, Tulip Poplar

- 70–150 ft., straight trunk with narrow crown that broadens as it ages, 30–50 ft.; distinctive, waxy, star-shaped foliage that turns bright gold in fall; cone-shaped seedheads remain after leaves have fallen
- Large showy, yellow-orange, flowers resembling tulips or lilies in April–June; flowers are up 50 ft. or higher. Sun, part
- Sun to part sun/shade
- Moist, well-drained loam or sandy soils
- Naturally found in low, rich woods; stream banks, bottomland and upland forests

Insect and disease free. Flowers attract hummingbirds and larval host to the Eastern Tiger Swallowtail (*Papilio glaucus*). One of the most beautiful hardwood forest trees.

Pioneers hollowed out a single log of the Tuliptree to make a long, lightweight canoe. Member of the magnolia family.
America’s National Tree: The Majestic Oak

Prized for their shade and beauty, oaks have been a landscaping favorite for centuries. The oak was selected in a nation-wide Arbor Day Foundation vote as America’s National Tree, and a bill passed by Congress in 2004, and signed by President George Bush made it official. Most oaks fall into two taxonomic groups: the white oak group and the red oak group. Although all oaks will do well in rich, well-drained soil, swamp white oaks will tolerate moist soils, while scarlet oaks and white oaks will tolerate thin, dry soils. Oaks grow to be large trees with spreading limbs when grown in full sun. A mature White Oak can spread wider than it is tall. The value of oaks for supporting wildlife cannot be overstated. In addition to all they supply for mammals and birds, no other plant genus supports more species of moths and butterflies, than the mighty White Oak - 517 species! - which means it provides more types of bird food. Restoring oaks to suburbia would go a long way to improving wildlife habitat and biodiversity.

Quercus alba ● White Oak

- 72–100 ft. with 50–80 ft., rounded crown; trunk irregularly divided into spreading, often horizontal, stout branches; round-lobed leaves turn burgundy in fall, and dried leaves remain into winter
- Brown catkins appear just before or with the appearance of new leaves from March–April; acorns mature in autumn
- Sun
- Moist to dry soils
- Naturally found in upland forests and woodlands, well-drained bottomlands, wet flatwoods, natural ponds and swamps

White Oak is slow-growing and lives up to 600 years. Colonists used it to build ships.

Quercus falcata ● Southern Red Oak, Spanish Oak

- 60–80 ft., straight-trunked and, in time, develops long, spreading branches, giving the top an even, well-formed appearance; spreads 40–50 ft.; smooth gray bark becomes dark and furrowed, eventually black
- Yellow flowers appear in April–May; papery leaves turn reddish-brown in fall; acorns appear biennially
- Part shade
- Variable, dry, sandy, loamy or clay acid-based soils

Southern Red Oak grows relatively quickly, for an oak, and it is long-lived.

Quercus palustris ● Pin oak

- 50–70 ft. large, deciduous tree with a broad, pyramidal crown
- Insignificant yellowish-green flowers in separate male and female catkins appear in March–April with acorns following in October-November (of the 2nd year)
- Full sun
- Moist to wet, acidic loamy soils. Tolerates poorly drained soils and some flooding
- Naturally found in floodplain forests, alluvial swamps, upland depression swamps, wet flatwoods, depression swamps and ponds, mesic upland forests

Pin oak is one of the most popular commercial oaks of eastern North America, having been widely planted as both a street and a landscape tree. Leaves turn a deep red in the fall.

Pin oak acorns are an important food for wildlife including white-tailed deer, squirrels, wild turkeys, woodpeckers, blue jays, and waterfowl. Acorns are an especially important food source for wood ducks and mallards during fall migration.

Southern Red Oak is often called Spanish Oak, possibly because it commonly occurs in areas of the early Spanish colonies, yet it is unlike any oaks native to Spain.
Native Plants for Rappahannock

**Magnolia virginiana** ● Sweetbay Magnolia

- 12–30 ft. (occasionally grows to 50 ft.) evergreen tree, spreading 10–35 ft., with multiple, slender, upright trunks bearing horizontal branches; aromatic, spicy foliage
- Solitary, velvety-white, fragrant flowers in May–July that close at night; followed by dark red fruits exposing bright-red seeds in Setember–October
- Part shade
- Moist, rich, well-drained, acidic soils
- Naturally found in swamps, bogs, pocosins, wet flatwoods

Sweetbay Magnolia was introduced into European gardens as early as 1688. Called “Beavertree” by colonists who caught beavers in traps baited with the fleshy roots.

**Oxydendrum arboreum** ● Sourwood, Sorrel Tree

- 30–70 ft. with conical or rounded 10–25 ft. crown of spreading branches; leaves turn brilliant, deep red in autumn
- White, Lily-of-the-Valley-like flower clusters in July; pale yellow seeds persist in the fall
- Sun to Part sun/shade
- Well drained, acid soil
- Naturally found in well-drained to dry acidic woodlands, cliffs, clearings and ravines

Open-grown Sourwood is pyramidal and branched to the ground. The name of sourwood refers to the taste of the leaves, but the honey made from its flowers is prized. It is sensitive to root disturbance so it is not a good tree for urban sites.

**Nyssa sylvatica** ● Blackgum, Black Tupelo

- 40–60 ft. variable-shaped, deciduous tree with horizontally spreading branches; dense, conical or sometimes flat-topped, 20–30 ft., crown; smooth, waxy, dark-green summer foliage changes to yellow, orange, scarlet and purple in fall
- Greenish-white flowers in April followed by small, purplish-blue, berry-like fruit in September–October
- Sun to full shade
- Adaptable to various, well drained, acid, even gravelly, soils
- Naturally found in forests, woodlands, swamps, floodplain forests, ponds

Nectar used by bees to make tupelo honey. Handsome ornamental and shade tree. Juicy fruit is consumed by many birds and mammals. Host to 25 species of native caterpillars.

**Pinus taeda** ● Loblolly Pine

- 60–110 ft.; loses its lower branches with age, leaving an open, rounded crown; dark green needles are 6–10 in. long; bark is gray and scaly
- Part sun/shade
- Adaptable, but prefers moist, sandy soils
- Naturally found in sandy or gravelly savannas and hilly woodlands

Loblolly Pine is native in 15 southeastern states. Among the fastest-growing southern pines, Loblolly will respond well to extra moisture and richer soils. A pioneer species along river bottoms.

Attractive, aromatic, showy ornamental. Seeds are a good source of food for birds in fall. It is the larval host of the Sweetbay Silkmoth (*Callosamia securifera*).

Beneficial to honey bees. Generally disease-free.
**Platanus occidentalis ● American Sycamore**

- 75–100 ft. tree
- Yellow-green flower in April–June
- Full sun to part shade
- Moist, sandy loams or silty clay soils
- Naturally found along river bottoms and lake shores

*This massive tree has large attractive leaves and interesting fruit clusters that remain on the tree into winter. The long, stout trunk has beautiful exfoliating bark. The remarkable white, green and cream bark flakks off in patches and exposes the inner bark, making this a beautiful tree throughout the year.*

Attracts birds and is resistant to deer.

**Sassafras albidum ● Sassafras**

- 20–40 ft. tree with horizontal branching in cloud-like tiers; mahogany-brown bark deeply ridged and furrowed; leaves are bright-green, and mitten-shaped, oval, or three-lobed
- Bunches of yellow-green flower balls in March–May scattered profusely over female tree, more sparsely on male, followed by dark-blue fruits on scarlet stalks on female in late summer
- Sun to part sun/shade
- Moist, well-drained, rich, sandy, acidic soils
- Naturally found in dry to moist forests, woodlands

*Flowers attract native bees, pollinators. Fruit attracts songbirds. Hosts 36 species of native caterpillars, including Spicebush Swallowtail (Papilio Troilus) and Promethea Silkmoth (Callosamia promethea).*

Although Sassafras grows most quickly in fertile soil, it is an appropriate tree to introduce into disturbed sites.

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**Native tree Genera (families) found in the Central Rappahannock support hundreds of species of moth and butterfly in the Mid-Atlantic!**

<table>
<thead>
<tr>
<th>Common Name</th>
<th>Plant Genus</th>
<th># of species supported</th>
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<tr>
<td>Oak</td>
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<tr>
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<td>Chestnut</td>
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*The trees species in these families that are native to the Central Rappahannock region in Virginia are highlighted in this guide and listed in the guide’s index. Plant these species and provide needed habitat!* Learn more about this study by Doug Tallamy, renowned Entomologist and author at [www.bringingnaturehome.net/what-to-plant.html](http://www.bringingnaturehome.net/what-to-plant.html).

**Planning to hire a landscaper?**

The Chesapeake Bay Landscape Professional (CBLP) Certification is a new, voluntary credential system for professionals who design, install, and maintain sustainable landscapes.

Find out more about this new certification program, and view a business directory of certified professionals at [https://cblpro.org/](https://cblpro.org/).
Additional Resources

About Native Plants

Online:
Plant Central Rapp Natives campaign - www.plantcentralrappnatives.org
Flora of Virginia Project – www.floraofvirginia.org
Virginia Native Plant Society – www.vnps.org/
Lady Bird Johnson Wildflower Center of the University of Texas at Austin – www.wildflower.org/
Native Plant Center: Chesapeake Bay Watershed Native Plants for Wildlife and Habitat Conservation (U.S. Fish and Wildlife Service) – http://nativeplantcenter.net/
USDA Plants Database – http://plants.usda.gov/

Print:
The American Woodland Garden, Rick Darke, 2002
Ferns and Mosses of Virginia’s Coastal Plain, Helen Hamilton, 2016
Wildflowers and Grasses of Virginia’s Coastal Plain, Helen Hamilton and Gustavus Hall, 2013

About Landscaping with Natives

Online:

Print:
Planting in a Post-Wild World: Designing Plant Communities for Resilient Landscapes, Thomas Rainer & Claudia West
Pollinators of Native Plants, Heather Holm, Pollination Press LLC, 2014
The Xerces Society Guide to Attracting Native Pollinators, Eric Mader, et al., 2011
The Living Landscape: Designing for Beauty and Biodiversity in the Home Garden, Rick Darke and Doug Tallamy, 2014
## Index of Central Rappahannock Native Plants

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<tr>
<td>Asclepias tuberosa</td>
<td>Butterfly Weed</td>
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<tr>
<td>Baptisia australis</td>
<td>Blue Wild Indigo</td>
</tr>
<tr>
<td>Baptisia tinctoria</td>
<td>Yellow Wild-indigo</td>
</tr>
<tr>
<td>Bidens cernua</td>
<td>Nodding Beggar-ticks</td>
</tr>
<tr>
<td>Boltonia asteroides</td>
<td>Aster-like Boltonia</td>
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<tr>
<td>Caltha palustris</td>
<td>Marsh Marigold</td>
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<tr>
<td>Chamaecrista fasciculata</td>
<td>Partridge Pea</td>
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<tr>
<td>Chelone glabra</td>
<td>White Turtlehead</td>
</tr>
<tr>
<td>Chrysogonum virginianum</td>
<td>Green and Gold</td>
</tr>
<tr>
<td>Chrysopsis mariana</td>
<td>Maryland Golden Aster</td>
</tr>
<tr>
<td>Claytonia virginica</td>
<td>Virginia Spring Beauty</td>
</tr>
<tr>
<td>Clitoria mariana</td>
<td>Maryland Butterfly Pea</td>
</tr>
<tr>
<td>Conoclinium coelestinum</td>
<td>Blue Mistflower</td>
</tr>
<tr>
<td>Coreopsis lanceolata</td>
<td>Longstalk Coreopsis</td>
</tr>
<tr>
<td>Coreopsis tripteris</td>
<td>Tall Coreopsis</td>
</tr>
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<td>Coreopsis verticillata</td>
<td>Threadleaf Coreopsis</td>
</tr>
<tr>
<td>Desmodium paniculatum</td>
<td>Narrow-leaved Tick Trefoil</td>
</tr>
<tr>
<td>Dicentra cucullaria</td>
<td>Dutchman’s Breeches</td>
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<td>Dicentra eximia</td>
<td>Wild Bleeding Heart</td>
</tr>
<tr>
<td>Doellingeria umbellata</td>
<td>Flat-top White Aster</td>
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<tr>
<td>Equisetum hyemale</td>
<td>Horsetail</td>
</tr>
<tr>
<td>Eupatorium perfoliatum</td>
<td>Common Boneset</td>
</tr>
<tr>
<td>Eurybia divaricata</td>
<td>White Wood Aster</td>
</tr>
<tr>
<td>Eutrochium fistulosum</td>
<td>Joe-pye Weed</td>
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<tr>
<td>Gaultheria procumbens</td>
<td>Wintergreen, Teaberry</td>
</tr>
<tr>
<td>Geranium maculatum</td>
<td>Wild Geranium</td>
</tr>
<tr>
<td>Gillenia trifoliata</td>
<td>Bowman’s Root</td>
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### Forbs (continued)

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<thead>
<tr>
<th>Plant Name</th>
<th>Common Name</th>
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<tbody>
<tr>
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<td>Sneezeweed</td>
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<tr>
<td>Helianthus decapetalus</td>
<td>Narrow-leaf Sunflower</td>
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<tr>
<td>Helianthus divaricatus</td>
<td>Ten-petaled Sunflower</td>
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<tr>
<td>Heliospis helianthoides</td>
<td>Woodland Sunflower</td>
</tr>
<tr>
<td>Hepatica americana</td>
<td>Oxeye Sunflower</td>
</tr>
<tr>
<td>Heuchera americana</td>
<td>Round-lobed Hepatica</td>
</tr>
<tr>
<td>Hibiscus moscheutos</td>
<td>American Alumroot</td>
</tr>
<tr>
<td>Iris cristata</td>
<td>Eastern rosemallow</td>
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<tr>
<td>Iris virginica</td>
<td>Dwarf Crested Iris</td>
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<td>Kosteletzkya pentacarpos</td>
<td>Slender Blueflag</td>
</tr>
<tr>
<td>Lecythus capitata</td>
<td>Virginia Blueflag</td>
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<td>Liatris pilosa</td>
<td>Seashore Mallow</td>
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<tr>
<td>Liatris squarrosa</td>
<td>Round-head Bush Clover</td>
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<tr>
<td>Lilium canadense</td>
<td>Grass-leaf Blazing Star</td>
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<tr>
<td>Lilium superbum</td>
<td>Plains Blazing Star</td>
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<tr>
<td>Lobelia cardinalis</td>
<td>Canada Lily</td>
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<td>Lobelia siphilitica</td>
<td>Turk’s Cap Lily</td>
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<tr>
<td>Lupinus perennis</td>
<td>Cardinal Flower</td>
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<tr>
<td>Maianthemum racemosum</td>
<td>Great Blue Lobelia</td>
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<tr>
<td>Mertensia virginica</td>
<td>Lupine</td>
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<td>Micranthes virginiensis</td>
<td>False Solomon’s Seal</td>
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<td>Mimulus ringens</td>
<td>Virginia Bluebells</td>
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<tr>
<td>Monarda didyma</td>
<td>Early Saxifrage</td>
</tr>
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<td>Monarda fistulosa</td>
<td>Monkeyflower</td>
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<tr>
<td>Monarda punctata</td>
<td>Beebalm</td>
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<tr>
<td>Nymphaea odorata</td>
<td>Wild Bergamot</td>
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<tr>
<td>Oenothera fruticosa</td>
<td>Horse-mint</td>
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<tr>
<td>Opuntia humifusa</td>
<td>American Water Lily</td>
</tr>
<tr>
<td>Packera aurea</td>
<td>Sundrops</td>
</tr>
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<td>Peltandra virginica</td>
<td>Eastern Prickly-pea</td>
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<td>Penstemon canescens</td>
<td>Golden Ragwort</td>
</tr>
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<td>Penstemon digitalis</td>
<td>Arrow Arum</td>
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<tr>
<td>Penstemon laevigatus</td>
<td>Gray Beardtongue</td>
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<tr>
<td>Phlox carolina</td>
<td>Foxglove Beardtongue</td>
</tr>
<tr>
<td>Phlox divaricata</td>
<td>Smooth Beardtongue</td>
</tr>
<tr>
<td>Phlox paniculata</td>
<td>Thick-leaved Phlox</td>
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<tr>
<td>Phlox stolonifera</td>
<td>Woodland Phlox</td>
</tr>
<tr>
<td>Phlox subulata</td>
<td>Summer Phlox</td>
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</tbody>
</table>

*The plants in bold are featured in this guide.*
## Index of Central Rappahannock Native Plants

### Forbs (continued)

<table>
<thead>
<tr>
<th>Plant Name</th>
<th>Common Name</th>
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<tbody>
<tr>
<td>Phlox subulata</td>
<td>Moss Phlox</td>
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<td>Physostegia virginiana</td>
<td>Obedient Plant</td>
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<tr>
<td>Podophyllum peltatum</td>
<td>Mayapple</td>
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<td>Polemonium reptans</td>
<td>Jacob’s Ladder</td>
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<tr>
<td>Polygonatum biformum</td>
<td>Solomon’s Seal</td>
</tr>
<tr>
<td>Pontederia cordata</td>
<td>Pickerel Weed</td>
</tr>
<tr>
<td>Pycnanthemum incanum</td>
<td>Hoary Mountain Mint</td>
</tr>
<tr>
<td>Pycnanthemum tenuifolium</td>
<td>Narrow-leaved Mountain Mint</td>
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<tr>
<td>Rhexia virginica</td>
<td>Virginia Meadow-beauty</td>
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<tr>
<td>Rudbeckia fulgida</td>
<td>Early Coneflower</td>
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<tr>
<td>Rudbeckia hirta</td>
<td>Black-eyed Susan</td>
</tr>
<tr>
<td>Rudbeckia laciniata</td>
<td>Cut-leaved Coneflower</td>
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<tr>
<td>Rudbeckia triloba</td>
<td>Three-lobed Coneflower</td>
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<tr>
<td>Sagittaria latifolia</td>
<td>Broadleaf Arrowhead</td>
</tr>
<tr>
<td>Salvia lyrata</td>
<td>Lyre-leaf Sage</td>
</tr>
<tr>
<td>Sanguinaria canadensis</td>
<td>Bloodroot</td>
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<td>Saururus cernuus</td>
<td>Lizard’s Tail</td>
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<tr>
<td>Sedum ternatum</td>
<td>Wild Stonecrop</td>
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<td>Senna marilandica</td>
<td>Maryland Wild Senna</td>
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<td>Silene virginica</td>
<td>Fire Pink</td>
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<td>Silphium perfoliatum</td>
<td>Cup Plant</td>
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<td>Solidago caesia</td>
<td>Bluestem Goldenrod</td>
</tr>
<tr>
<td>Solidago odora</td>
<td>Sweet Goldenrod</td>
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<tr>
<td>Solidago pinetorum</td>
<td>Pineywoods Goldenrod</td>
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<tr>
<td>Solidago puberula</td>
<td>Downy Goldenrod</td>
</tr>
<tr>
<td>Solidago rugosa</td>
<td>Rough-stemmed Goldenrod</td>
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<tr>
<td>Solidago sempervirens</td>
<td>Seaside Goldenrod</td>
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<tr>
<td>Symphyotrichum concolor</td>
<td>Eastern Silvery Aster</td>
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<tr>
<td>Symphyotrichum cordifolium</td>
<td>Heart-leaved Aster</td>
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<td>Symphyotrichum novi-belgii</td>
<td>New York Aster</td>
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<tr>
<td>Symphyotrichum pilosum</td>
<td>Frost Aster</td>
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<tr>
<td>Thalictrum dioicum</td>
<td>Early Meadowrue</td>
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<td>Thalictrum thalictroides</td>
<td>Rue Anemone</td>
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<tr>
<td>Tiarella cordifolia</td>
<td>Foamflower</td>
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<tr>
<td>Tradescantia virginiana</td>
<td>Virginia Spiderwort</td>
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<tr>
<td>Trillium grandiflorum</td>
<td>White Trillium</td>
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<tr>
<td>Verbena hastata</td>
<td>Blue Vervain</td>
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<tr>
<td>Vernonia noveboracensis</td>
<td>New York Ironweed</td>
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<td>Viola cucullata</td>
<td>Marsh Blue Violet</td>
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<td>Viola pedata</td>
<td>Bird’s Foot Violet</td>
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<td>Viola pubescens</td>
<td>Yellow Violet</td>
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<tr>
<td>Yucca filamentosa</td>
<td>Common Yucca</td>
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### Ferns

<table>
<thead>
<tr>
<th>Plant Name</th>
<th>Common Name</th>
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<tbody>
<tr>
<td>Adiantum pedatum</td>
<td>Maidenhair Fern</td>
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<tr>
<td>Asplenium platyneuron</td>
<td>Ebony Spleenwort</td>
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<tr>
<td>Athyrium asplenioides</td>
<td>Southern Ladyfern</td>
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<tr>
<td>Botrypus virginianus</td>
<td>Rattlesnake Fern</td>
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<tr>
<td>Dennstaedtia punctilobula</td>
<td>Hay-scented Fern</td>
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<tr>
<td>Dryopteris intermedia</td>
<td>Evergreen wood-fern</td>
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<tr>
<td>Dryopteris marginalis</td>
<td>Marginal Shield-fern</td>
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<tr>
<td>Onoclea sensibilis</td>
<td>Sensitive Fern</td>
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<tr>
<td>Osmunda spectabilis</td>
<td>Royal Fern</td>
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<td>Osmundastrum cinnamomeum</td>
<td>Cinnamon Fern</td>
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<tr>
<td>Polystichum acrostichoides</td>
<td>Christmas Fern</td>
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<tr>
<td>Thelypteris palustris</td>
<td>Marsh Fern</td>
</tr>
<tr>
<td>Woodwardia virginica</td>
<td>Virginia Chain Fern</td>
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### Vines

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<thead>
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<th>Plant Name</th>
<th>Common Name</th>
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<tr>
<td>Bignonia capreolata</td>
<td>Crossvine</td>
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<tr>
<td>Campsis radicans</td>
<td>Trumpet Creeper</td>
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<tr>
<td>Celastrus scandens</td>
<td>Climbing Bittersweet</td>
</tr>
<tr>
<td>Clematis virginiana</td>
<td>Virgin’s Bower</td>
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<tr>
<td>Decumaria barbara</td>
<td>Climbing Hydrangea</td>
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<tr>
<td>Gelsemium sempervirens</td>
<td>Carolina Jasmine</td>
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<tr>
<td>Lonicera sempervirens</td>
<td>Trumpet Honeysuckle</td>
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<tr>
<td>Parthenocissus quinquefolia</td>
<td>Virginia Creeper</td>
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<tr>
<td>Passiflora incarnata</td>
<td>Purple Passionflower</td>
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<tr>
<td>Wisteria frutescens</td>
<td>Atlantic Wisteria</td>
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### Grasses/Sedges/Rushes

<table>
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<th>Plant Name</th>
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<tr>
<td>Agrostis perennans</td>
<td>Autumn Bentgrass</td>
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<td>Andropogon gerardii</td>
<td>Big Bluestem</td>
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<tr>
<td>Andropogon glomeratus</td>
<td>Bushy Bluestem</td>
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<tr>
<td>Andropogon virginicus</td>
<td>Broomsedge</td>
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<tr>
<td>Arundinaria tecta</td>
<td>Switch Cane</td>
</tr>
<tr>
<td>Carex crinita</td>
<td>Long Hair Sedge</td>
</tr>
<tr>
<td>Carex lurida</td>
<td>Sallow Sedge</td>
</tr>
<tr>
<td>Carex pensylvanica</td>
<td>Pennsylvania Sedge</td>
</tr>
</tbody>
</table>

The plants in bold are featured in this guide.
## Index of Central Rappahannock Native Plants

### Grasses/Sedges/Rushes
- Carex plantaginea
- Carex stricta
- Chasmanthium latifolium
- Danthonia sericea
- Danthonia spicata
- Dichanthelium clandestinum
- Dichanthelium commutatum
- Dulichium arundinaceum
- Elymus hystrix
- Elymus virginicus
- Erianthus giganteus
- Juncus canadensis
- Juncus effusus
- Leersia oryzoides
- Panicum amarum
- Panicum virgatum
- Schizachyrium scoparium
- Scirpus cyperinus
- Sorghastrum nutans
- Sparganium americanum
- Tridens flavus
- Tripsacum dactyloides
- Typha latifolia
- Zizania aquatica

### Shrubs
- Alnus serrulata
- Aronia arbutifolia
- Aronia melanocarpa
- Baccharis halimifolia
- Callicarpa americana
- Castanea pumila
- Ceanothus americanus
- Cephalanthus occidentalis
- Clethra alnifolia
- Cornus amomum
- Crataegus crus-galli
- Eubotrys racemosa
- Euonymus americanus
- Gaultheria procumbens
- Gaylussacia baccata
- Gaylussacia frondosa
- Hamamelis virginiana
- Hydrangea arborescens
- Hypericum prolificum
- Ilex decidua
- Ilex glabra
- Ilex verticillata
- Ilex vomitoria
- Itea virginica
- Iva frutescens
- Kalrnia latifolia
- Leucothoe axillaris
- Lindera benzoin
- Lyonia lucida
- Morella caroliniensis
- Morella cerifera
- Morella pensylvanica
- Physocarpus opulifolius
- Rhododendron atlanticum
- Rhododendron catawbiense
- Rhododendron maximum
- Rhododendron periclymenoides
- Rhododendron viscosum
- Rhus aromatica
- Rhus copallinum
- Rosa carolana
- Rubus allegheniensis
- Salix humilis
- Salix sericea
- Sambucus canadensis
- Staphylea trifolia
- Stewartia malacodendron
- Vaccinium corymbosum
- Vaccinium stamineum
- Viburnum dentatum
- Viburnum nudum
- Viburnum prunifolium

*The plants in bold are featured in this guide.*

Native Plants for Central Rappahannock
Trees
Acer negundo
Acer rubrum
Acer saccharum
Aesculus flava
Amelanchier arborea
Amelanchier canadensis
Aralia spinosa
Asimina triloba
Betula lenta
Betula nigra
Carpinus caroliniana
Carya cordiformis
Carya glabra
Carya ovata
Carya tomentosa
Cercis canadensis
Chamaecyparis thyoides
Chionanthus virginicus
Cornus alternifolia
Cornus amomum
Cornus florida
Crataegus viridis
Diospyros virginiana
Fagus grandifolia
Ilex opaca
Juglans nigra
Juniperus virginiana
Liquidambar styraciflua
Liriodendron tulipifera
Magnolia virginiana
Morus rubra
Nyssa aquatica
Nyssa sylvatica
Ostrya virginiana
Oxydendrum arboreum
Persea palustris
Pinus echinata
Pinus rigida
Pinus serotina
Ash-leaf Maple
Red Maple
Sugar Maple
Yellow Buckeye
Downy Serviceberry
Canada Serviceberry
Devil's Walkingstick
Paw Paw
Sweet Birch
River Birch
American Hornbeam
Bitternut Hickory
Pignut Hickory
Shagbark Hickory
Mockernut Hickory
Eastern Redbud
Atlantic White Cedar
Fringetree
Alternate-leaf Dogwood
Silky Dogwood
Flowering Dogwood
Green Hawthorn
Persimmon
American Beech
American Holly
Black Walnut
Eastern Red Cedar
Sweetgum
Tulip Poplar
Sweetbay Magnolia
Red Mulberry
Water Tupelo
Black Gum
Eastern Hop-hornbeam
Sourwood
Redbay
Shortleaf Pine
Pitch Pine
Pond Pine
Pinus strobus
Pinus taeda
Pinus virginiana
Platanus occidentalis
Prunus americana
Prunus pensylvanica
Prunus serotina
Quercus alba
Quercus bicolor
Quercus coccinea
Quercus falcata
Quercus ilicifolia
Quercus laurifolia
Quercus michauxii
Quercus montana
Quercus muehlenbergii
Quercus nigra
Quercus palustris
Quercus phellos
Quercus rubra
Quercus stellata
Quercus velutina
Quercus virginiana
Rhus glabra
Rhus typhina
Robinia pseudoacacia
Salix nigra
Sassafras albidum
Taxodium distichum
Tilia americana
Tsuga canadensis
Viburnum rufidulum
White Pine
Loblolly Pine
Virginia Pine
Sycamore
American Wild Plum
Pin Cherry, Fire Cherry
Wild Black Cherry
White Oak
Swamp White Oak
Scarlet Oak
Southern Red Oak
Bear Oak
Swamp Laurel Oak
Swamp Chestnut Oak
Chestnut Oak
Chinkapin Oak
Water Oak
Pin Oak
Willow Oak
Northern Red Oak
Post Oak
Black Oak
Live Oak
Smooth Sumac
Staghorn Sumac
Black Locust
Black Willow
Sassafras
Bald Cypress
American Basswood
Eastern Hemlock
Rusty Blackhaw

The plants in bold are featured in this guide.
Places to See Native Plants

Want a closer look at the natives featured in this guide?
Visit demonstration gardens, parks, wildlife preserves, nurseries and garden centers for inspiration and to see how natives could look in your garden.

Caroline
Central Virginia Preserve & Meadowview Biological Research Station
www.pitcherplant.org/The-Central-Virginia-Preserve/index.html
www.plantsmap.com/organizations/meadowview-biological-research-station

Fredericksburg
Cossey Park Arboretum
1601 Kenmore Ave (at the corner of Little Page Street and Grove Ave)
A neighborhood park featuring a garden used for educational sessions by Virginia Cooperative Extension. Maintained by volunteer Master Gardeners.

Central Rappahannock native plants you will see (highlighted in this guide):
Cercis canadensis, Eastern Redbud
Chionanthus virginicus, White Fringetree
Itea virginica, Virginia Sweetspire
Quercus falcata, Southern Red Oak
Viburnum nudum, Possumhaw Viburnum
Viburnum prunifolium, Black Haw

For more information about this site and the plants present visit - www.plantsmap.com/organizations/cossey-botanical-park-arboretum.

King George
Caledon State Park
11617 Caledon Road, King George, VA 22485
www.virginia.org/Listings/OutdoorsAndSports/CaledonStatePark/

Spotsylvania
Salamander Loop Trail by Spotsylvania Greenways Initiative
8110 River Stone Drive, Fredericksburg VA 22407
(Off Jefferson Davis Hwy in the River Run Business Center. Look for the Ni River Trail sign on the right as you turn into the business center.)

Go on a free guided 1.5 hr tour of the Salamander Loop conducted by Master Naturalists on the second Sunday of each month at 9:00 am.

Central Rappahannock native plants you will see (highlighted in this guide):
Asimina triloba, Pawpaw

Betula nigra, River Birch
Cornus florida, Flowering Dogwood
Diospyros virginiana, Common Persimmon
Ilex opaca, American Holly
Liriodendron tulipifera, Tulip Popular
Quercus alba, White Oak
Quercus falcata, Southern Red Oak
Sassafras albidum, Sassafras

For more information about this site and the plants present visit www.plantsmap.com/organizations/spotsylvania-greenways-initiative.

Lake Anna State Park
6800 Lawyers Rd., Spotsylvania, VA 22551
For general information about the park - www.dcr.virginia.gov/state-parks/lake-anna#general_information

Central Rappahannock native plants you will see (highlighted in this guide):
Cercis canadensis, Eastern Redbud
Itea virginica, Virginia Sweetspire
Mertensia virginica, Virginia Bluebell, Virginia Cowslip
Rhododendron periclymenoides, Wild Azalea, Pinkster Azalea
Vaccinium corymbosum, Highbush Blueberry

Information about this site and the plants present - www.plantsmap.com/organizations/lake-anna-state-park

Stafford
Crow’s Nest Natural Area Preserve
Brooke Rd, Stafford, VA 22555
www.dcr.virginia.gov/natural-heritage/natural-area-preserves/crowsnest

The above list is not comprehensive. The plants may not be labeled, so bring your guide to help you with identification of the species highlighted in the guide.

If you have the opportunity, let the owners and managers know that you are are a Central Rappahannock "native plant finder," thank them for planting and maintaining natives, and encourage them to continue!

Virginia Natural Area Preserves - www.dcr.virginia.gov/natural-heritage/natural-area-preserves/ (Description of Virginia’s NAPs and accessibility.)
Virginia State Parks - www.dcr.virginia.gov/state-parks/
Invasive plants are introduced species that cause health, economic or ecological damage in their new range. Fifty-seven percent of plant species listed as threatened or endangered by the U.S. Fish and Wildlife Service are directly threatened by invasive species. More than 30,000 species of plants have been introduced to the United States since the time of Columbus. Of these, fewer than 3,000 have naturalized and become established in the U.S. landscape outside cultivation. About 1,000 naturalized plant species have become invasive pests that interfere with agriculture, forestry, transportation and utility infrastructure, lawn and garden maintenance, and natural ecosystem processes.

Of the 3,200 plant species in Virginia, more than 600, or 18 percent, have been introduced since the founding of Jamestown. The Virginia Department of Conservation and Recreation currently lists 90 species as invasive, including the non-native plants of Conservation and Recreation currently lists 90 species as invasive. More than 30,000 species of plants have become invasive pests that interfere with agriculture, forestry, transportation and utility infrastructure, lawn and garden maintenance, and natural ecosystem processes.

Invasive Non-Natives of Particular Concern

**Albizia julibrissin**, Mimosa, Silk Tree
**Amelanchier arborea and canadensis**, Serviceberry
**Cercis canadensis**, Eastern Redbud
**Chionanthus virginicus**, White Fringetree
**Cornus amomum**, Silky Dogwood
**Lindera benzoin**, Northern Spicebush
**Betula nigra**, River Birch
**Ampelopsis brevipedunculata**, Porcelain-Berry
**Clematis virginiana**, Virgin’s bower
**Lonicera sempervirens**, Trumpet or Coral Honeysuckle
**Eleagnus umbellata**, Autumn Olive
**Baccharis halimifolia**, Groundsel
**Cephalanthus occidentalis**, Buttonbush
**Clethra alnifolia**, Sweet Pepperbush
**Ilex glabra**, Inkberry Holly
**Itea virginica**, Virginia Sweetspire
**Sambucus Canadensis**, Elderberry
**Viburnum nudum and Viburnum prunifolium**
**Hedera helix**, English Ivy
**Asarum canadense**, Wild Ginger
**Mitchella repens**, Partridge-Berry
**Parthenocissus quinquefolia**, Virginia creeper
**Ligustrum sinense**, Chinese Privet
**Aronia arbutifolia**, Red Chokeberry
**Ilex glabra**, Gallberry, Inkberry
**Lindera benzoin**, Northern Spicebush
**Morella cerifera**, Southern Bayberry, Wax Myrtle
**Viburnum prunifolium**, Black Haw
**Lonicera japonica**, Japanese honeysuckle
**Campsis radicans**, Trumpet creeper
**Lonicera sempervirens**, Trumpet or Coral Honeysuckle
**Parthenocissus quinquefolia**, Virginia creeper
**Passiflora incarnata**, Purple Passionflower, Maypop
**Miscanthus sinensis**, Miscanthus, Chinese Silvergrass
**Panica virgatum**, Switchgrass
**Microstegium vimineum**, Japanese Stiltgrass
**Leerzia oryzoides**, Rice cutgrass
**Schizachyrium scoparium**, Little bluestem
**Pyrus calleryana**, Bradford or Callery Pear
**Amelanchier spp., serviceberries**
**Asimina triloba**, Pawpaw, Common Pawpaw
**Cercis canadensis**, Redbud
**Cornus florida**, Dogwood
**Diospyros virginiana**, Common Persimmon
**Reynoutria japonica**, Japanese knotweed
**Clethra alnifolia**, Sweet Pepperbush
**Itea virginica**, Virginia Sweetspire
**Ilex verticillata**, Winterberry Holly
**Rosa multiflora**, Multiflora Rose
**Rosa Carolina**, Carolina Rose, Pasture Rose
**Rosa palustris**, Swamp Rose
**Phyllostachys aurea**, Golden, Fishpole or Walking Stick
**Bamboo**
**Juniperus virginiana**, Eastern Redcedar
**Euonymous alatus**, Burning Bush
**Itea virginica**, Virginia Sweetspire
**Vaccinium spp.**, Blueberries
**Viburnum spp.**
**Euonymus fortunei**, Winter creeper

Learn More About Invasive Plants and How You Can Help

Department of Conservation and Recreation, Division of Natural Heritage: [www.dcr.virginia.gov/natural-heritage/invspinfo](http://www.dcr.virginia.gov/natural-heritage/invspinfo)


Center for Invasive Species and Ecosystem Health: [www.invasive.org/species/weeds.cfm](http://www.invasive.org/species/weeds.cfm)

