

YOUR EVERYDAY GESTURES CAN HELP A CHILD HEAL.

Research continues to show that witnessing or experiencing traumatic events in childhood can impact the physical development of a child's brain. You can help reverse the effects. In fact, as a caring adult, you could be the most important factor in helping children heal. Here's what you can do:



CELEBRATE

Use "put-ups," not "put-downs."



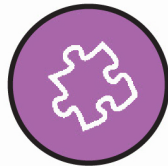
COMFORT

Stay calm and patient.



LISTEN

Show an interest in their passions.



COLLABORATE

Ask for their opinions.



INSPIRE

Expose them to new ideas.

Childhood trauma
Changing minds.



www.WashtenawSuccessBy6.org

Find more information and helpful tips at ChangingMindsNOW.org