WHY EARLY MATH?
Teaching your children early math helps them to learn to count, identify numbers, create patterns with objects, sort, add, and subtract. These important skills set children up for success in math in later grades. What’s more, research shows that early math skills also help children to learn to read. Additionally, counting will help children with home activities and later, will help them to get and keep a job.

WHY TALK?
Talking to your children builds their vocabulary and helps them to learn from the way you tackle problems. Sing, read, and tell stories to your children in the language spoken at home. Encouraging your children to talk to you about how they’re feeling helps them to build their emotional intelligence and gives you the information you need to support them through challenging times.

WHY PROBLEM SOLVE?
Encouraging your children to solve problems will help them to think critically and solve more complicated problems later in life. They can also solve real problems around the home, meaning they can both be helpful to caregivers and feel like a contributing member of the household.

WHY BE CURIOUS?
Asking your children questions and encouraging them to ask questions in return teaches them how to be curious, which is essential to life-long learning. Especially during difficult times, asking questions about how they’re feeling can lead to better mental health and address issues early on.

WHY TELL STORIES?
Both oral and written stories help build your children’s imaginations and expose them to other cultures, people, and parts of the world. Stories help children to learn to read, sequence events, and build comprehension. Reading and telling stories develops strong, supportive relationships between children and parents.

WHY CREATE THINGS?
Children develop creativity and imagination when encouraged to create. It can also serve as an outlet and opportunity for expression for children, particularly during challenging times. Children can build things that solve problems in the home, which develops problem-solving skills while also helping the caregiver.

ENCOURAGE YOUR CHILDREN TO DO ONE OF THESE TODAY!

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